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Sunday Standa

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Niggria: Alarming backlog of workers' salaries

There is clear evidence that several state Governments in Nigeria are now struggling to meet up with monthly payment of workers' salaries which in the midst of the present economic realities is adding an excruciating pain to families who rely solely on their bread winners to put bread on the table. KENNETH DARENG examines the situation and its impact on civil servants.

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Police launch manhunt for 'serial killer' >Page 2





Lalong flags-off 1bn WB AGILE grants to 300 schools

Covid - 19 CASE UPDATE; 250 NEW CASES CONFIRMED; 4.00 p.m. August 19, 2022; TOTAL CONFIRMED: 250,347 . DISCHARGED: 223,48\ . DEATHS: 3,092; NCDCToll-free Number: 080097000010

Sunday **Standard**

Editorial

Police must stop incessant brutality

THE Nigeria Police Force (NPF) is an important organ of the security networking in the country saddled with the onerous task of maintaining internal security. It then means that the force should be courteous, civil and friendly at all times since its jurisdiction of operation has to do with the citizens of the country. Little wonder, a popular saying goes thus: Police is your friend!"

RECENTLY, the news media, particularly the social media variant, were agog with the story of a Nigeria police personnel brutalizing openly, a Nigerian citizen, for no crime done. This perfidy of brutalization of Nigerian citizens by the Nigerian police, whose taxes of the citizens are used to maintain and pay (police) has become legendary.

EVEN with outcry from the citizens, the police personnel seem emboldened with this aforementioned instance. The police personnel was said to have boasted that "nothing dey happen." Allegedly adding that after all he will give return." This is not only shameful, but a scandal of monumental proportion. After being caught in this heinous act, you are talking of returns. Returns to who?

WE believe that, so many things have gone wrong with the Nigeria Police Force NPF) over the years. The recruitment process into the force of recent has been without proper security thereby allowing crooks and criminals to get access into the system. Again, apart from the recruitment process being faulty, it has also been monetized. How can you collect money from a recruit and once he/she gets successful, you want such a personnel to be loyal and patriotic without resorting to all means possible for him/her to recoup the recruitment money?

MERIT as a prime criterion for joining the Force has since taken a flight. Today, the field is wide for misfit and charlatans whose mental status is questionable. If not, why should police personnel embark on this brazen bizarre act of brutalizing the Nigerian citizens? We are therefore of the opinion that, there should be a comprehensive mental and drug tests for people who want to join the force and even periodic tests for those who are already in the system.

IT is equally on record too that politicians of all colours have sadly hijacked the police institution. Notoriously known for this are a large number of members of the National Assembly. At every recruitment, they have their allotted number of recruits given. Playing politics with such a sensitive exercise will not augur well for the security of the nation and the safety of its people and their property. But it must be said here that, it is not only members of the National Assembly that are guilty of this misdemeanor. Other elites, the high and mighty, are equally involved.

WE believe that decentralization of the Police Force will go a long way in curbing the excesses presently being exhibited by the Nigerian police. For instance, with community policing, it is expected that those to be recruited must be known by most, if not all members of that community. That done, monitoring of such a personnel will equally be easier and the recruit will avoid all acts of misbehavior.

AGAIN, we strongly discourage payment before recruitment into the Nigeria Police Force (NPF).It is obvious that anybody that pays before getting the job, that persons loyalty and patriotism cannot be guaranteed and it is an ill wind that blows no one any good! Therefore, recruitments not only into the Police Force but elsewhere should be seen to have followed due process with merit as a sine quo none.

WE are aware that the brutal police personnel has been dismissed from the Force. As commendable as it may be, they should be arraigned, prosecuted and if found quilty, commiserate punishment should be metedton him to serve as deterrent for his likes. The victim too, should be adequately compensated.

NEWS

Lalong flags-off 1bn WB AGILE grants to 300 schools

By PALANG KASMI

Bako Lalong has flagged education career" off the Adolescent Girls Transfer (CCT) to 300 schools to the governor said. facilitate the education of girls from poor backgrounds.

girls in the state.

programme which is a partnership expansion. between the World Bank, Federal for fees, cultural hindrances to Plateau and Nigeria proud. education, or non-availability of communities.

improvement grants.

He said his administration has spared", he warned. made frantic efforts in providing safe and accessible learning spaces, molestations of any kind.

Bank in collaboration with the state and senior secondary schools to and complete their studies" enjoy special scholarship The commissioner appealed to the

conducive learning environment for lateau Governor Simon the girls in the pursuance of their

"My administration is committed to Initiative for Learning and the project inaugurated in April 2022 State Project Coordinator Mr. Saje Empowerment (AGILE) as well in the state because it protects girls Joseph Adeh said over N828 million as the Conditional Cash and children on securing education",

While commending the World Bank for extending this timely funding over N183 million will be accessed This is part of efforts of his partnership to Plateau State, Lalong by 18,036 students in 618 schools administration to improve access to said the entire project, when fully education among rural and indigent completed, will change the face of Conditional Cash Transfer. education in Plateau State and give While distributing the grants on the girl-child a brighter future, while the benefitting Local Governments Friday, August 19 2022 at New the state will eventually benefit from and schools is carried out with a Government House, Little Rayfield, a total sum of \$3,972,000 dollars in strong focus on areas with low Jos, Governor Lalong said the scholarship and infrastructural

Tasking the implementing partners Government and Plateau State was to desist from corrupt practices that term education agenda to curtail initiated to encourage and restore will jeopardise the success of the high rate of our of school girls, hope to girls that have dropped out project, Lalong urged the early marriage, adolescent of school as a result of lack of funds beneficiaries to strive to make pregnancy and other challenges to

"I wish to warn all those that will schools in their immediate benefit from the programme and those who shall be responsible for girl child education, and the project He disclosed that Plateau is implementation that we shall not among the 7 pioneer states for the tolerate any act of corruption, project and assured that his Rescue manipulation and abuse in this Administration places high value in journey. I will personally carry out the girl-child education, hence, the my surveillance on the commitment on seeing to the implementation through anonymous successful launching of the channels that will report directly to conditional cash transfer and school me about the progress of the project. Anyone found in breach will not be

Plateau State Commissioner for Secondary Education, Mrs. Elizabeth fostering an enabling environment Wapmuk, disclosed that the first for girls, and in the recent past, tranche of the disbursement covers 9 signed into law bills passed by the selected Local Governments with Plateau State House of Assembly to funds to be disbursed for School protect girls, children, womanhood Improvement Grant, and Conditional and the vulnerable in general from Cash Transfer to adolescent girls of between 10 and 20 years in both Lalong explained that, "The World junior and secondary schools.

She said "under the Schools and federal government Improvement Grant, various public intervention facilitated this secondary schools across the State counterpart arrangement which will get between 3 to 6 million naira involves large expansion in to carry out critical interventions that infrastructure which is intended to address the challenges of the girl support adolescent girls in junior child in order to enable them stay

programmes, adding that, "the beneficiaries to use this opportunity the money through internet programme is also meant to provide to make their families proud, register

Plateau State in the map of successful States in the utilization of the intervention, and also put Nigeria in the map of very serious and committed nations so that others can enjoy similar gesture in the future.

Giving the project overview, will be given to 309 Junior and Senior Secondary Schools for the Schools Improvement Grants while across the entire State for the

He explained that the selection of Secondary transition rates for girls from the poorest households.

"The project is part of FG's long school education and the aim is to improve rate of completion of secondary school and encourage area is across the 17 Local government areas", said the Coordinator.

Consultant of the Agile Project, Engr Aliyu Hamman in his remarks said his team has gone round the 3 senatorial zones of the state on assessment tour.

He said the state will benefit immensely from the project and commended the government for being proactive and the next benefiting state after Katsina to kick-off the project.

Responding on behalf of the benefitting schools, All Nigeria Confederation Of Principals of Secondary Schools (ANCOPSS) Chairman Plateau State, Mr. James Dimlong, said the step taken by Governor Lalong to pursue this funding will revolutionise education in the state by addressing many pressing challenges that have to do with infrastructure and capacity building.

Also, a Good will message from Zenith Bank representative assured of proper distribution of

Nigeria revokes 52 radio, TV stations licenses

broadcast licenses of 52 television and radio stations. It also ordered the affected station to "shut down their operations" within the next 2 4hours.

The Nigeria Broadcasting Commission (NBC) in a statement NBC wrote in the Friday statement. said the licenses were revoked because the stations failed to renew their licenses as required by law.

The commission said it had, in MITV.

he Nigerian government has May 2022, given the affected announced the revocation of the stations "two weeks to renew their licenses and pay their debts or consider their licenses revoked···"

Three months after the publication, some licensees are yet to pay their outstanding debts,'

stations. They include Silverbird TV,

It listed some of the affected Rhythm FM, AIT/RayPower FM, and

While many of the affected stations are privately owned, there were also some public stations such as Kogi State Broadcasting Corporation and Kwara State Broadcasting Corporation.

NBC, which regulates the broadcast industry, has been criticised in the past for arbitrarily imposing fines on TV and radio stations over controversial

Police launch manhunt for

The police in Ogun State have in Ogun State.

Ms Odeh was murdered 10 days everything possible to apprehend activities of a yet to be identified after she won a beauty pageant "serial killer" disquised as a contest in the school. the hoodlum, it is necessary to alert the public to be on their guard commercial motorcyclist.

The command in a statement on Friday warned residents against boarding commercial motorcycles at night, especially at or to an isolated area.

Abimbola Oyeyemi, the police spokesperson in the state, advised residents, in a statement on Friday, to henceforth demand the phone number of okada riders before boarding their motorcycles.

The warning comes days after the murder of Happiness Odeh, a student of the Moshood Abiola

She was killed by suspected kidnappers while on her way to Ipara, in the Ode Remo area of the state.

She was said to have boarded a commercial motorcycle at night before her disappearance.

"The modus operandi of the serial killer is to pretend as a commercial motorcyclist popularly known as them in the night. They should also okada' and pick his targeted victim as passenger, " Mr Oyeyemi said in ascertain its authenticity. the statement.

Such victim who are mainly women will be taken to an isolated area, Polytechnic (MAPOLY), Abeokuta, raped and brutally murdered in cold

serial killer

and be wary of any okada man with whom they want to embark on a journey, most especially in the night.

For safety reasons, the command hereby advise that passengers should endeavour to demand for the phone number of okada rider who wants to carry make a call to such number to

"This will give security agencies a lead in their investigation in the event of any untowards development."



"Depending on which side of the divide you may be placed, an answer to his style of governance may be acerbic and caustic; however for many others, they may be circumspect as to where we are coming from with a view to correct and move ahead with our development."

Lalong: The humble 'Cowboy' from Ajikamai

RUTH be told, I cannot lay claims to knowing the Plateau State Governor, Barr Simon Bako Lalong to the point of holding fort for him, however, if there is nothing that may attract you to him; I am nonetheless challenged by his humility. It is the price he has paid from being a local Ajikamai boy to the exalted position he now occupies. Only God can be responsible for such a transformation.

For those who do not know, Governor Simon Bako Lalong came to our aid when I served as state chairman, Nigeria Union of Journalists. My colleagues had given us the nod to establish an Endowment Fund for the purpose of helping journalists who had challenges, without resorting in most cases to government, corporate and individuals for assistance.

Pronto, when he was informed that we needed his assistance to get a link to then Rivers State Governor, Rotimi Amaechi, who has had a personal relationship with him, he agreed without hesitation. That opened for the Council, the doors by him: Not only did the Rivers State governor agree, he represented him on the launch date and donated a whopping sum of N7m to the Fund. He didn't charge nor ask us for a penny; as he had to travel to Port Harcourt several times for the task and other personal engagements.

I thought you needed to know the details, so that what you are reading will not be misconstrued as patronizing. If you thought so, I have a hundred reasons why he deserves to be supported. But these four may suffice: He is governor of my state and he had come to my aid in the past, when at that time he was out of power as Speaker and needed to also 'struggle' to take care of himself and family.

School schedules had made us cross paths in Keffi and Zaria; but more importantly, the Bible admonishes that I pray for those in authority, whether we support them or not. And his case cannot therefore be exceptional.

In the last couple of years, Governor Lalong has come under intense attack on the social media and other platforms. As usual, he has maintained his cool without 'hitting' back at the band of his attackers; knowing him as many do, his humility would not let him.

But occasionally, we have had a few explanations from his media managers; and I know that such may not be satisfactory to the army of young men and women demanding more of such about his performance. That may shut their

They think and believe more needs to be done. But I am at a lost when we got to this station of the kind of attacks leaders go through. The question to ask is: Who has bewitched us as to descend to this despicable level of hating one another for a cause that we can't even explain? The hatred is spread as if our future depended on the dose that are sent into the hearts of community members; whose



Lalong

gullibility is exploited to maximum divisive tendencies. advantage, but to our chagrin and disadvantage.

well as holding our leaders understanding for the future. accountable to their actions, no doubt.

at ourselves with respect.

Let me enter a caveat here: I hope this makes sense at the end of your Director General, Directorate for coming from with a view to correct reading. This is not a publicity stunt Research and Documentation, and move ahead with our for the government; I believe the Government House has an development. are indeed capable and able to come personality of the governor. A few observed, it will be difficult for the to his defence of the many areas a months ago after reading a post youths to be dissuaded from number of people are asking titled: 'The Lalong Enigma' by Nde criticizing; as they know they have a auestions about.

Communication, Dan Manjang over criticism. a year ago. I made efforts to, but

discussion have different opinions criticisms are expected, but when about service". about what took place. I have they are from imaginations, they
The tilt towards the hatred for one reason to believe that issues of create more problems than their another rather than the pursuit of governance, particularly here in solutions. Plateau take dimensions when they
In that post, he had described the not for the want of better things; come up for discussion, obviously governor thus: 'Lalong the cowboy, they are consistently recruited and for reasons that may take riding high on the Horseback'. What found willing tools in the hands of

mongering' and 'political Criticism of any nature if well disagreement' are alarming, just so instinctively protecting and aiming conceived is to the advantage of the that 'the worse of the Plateau man' state and or any society. While any is clearly displayed and could even that is ill-conceived drive motives make us vulnerable to various even if he may not have succeeded that are insipient with destruction in pursuits which may not favour our in all endeavours as the governor. tow. Make no mistake; there is a togetherness. Our concern is to kill place of criticism in government, as the drift and recalibrate people to catapult him to where he

time, we have witnessed vicious of God to raise men from grass to We have had governments in the hatred, vitriolic castigation of his grace. It is understood, much was state that were bashed from all person and office; and indeed of his expected of him when he rode to fronts, Lalong's from all intent and tribe. Those who know, governance Government House. The question to purposes have largely been on the Plateau has remained largely embroidered with grains of ethnic a thankless job, no thanks to a band used to be since 2015? hatred. I do not belong to his ethnic of young men and women acting on aspersions on those in authority.

media managers of the Governor ingenious way of describing the Jonathan Ishaku, a man who has responsibility to hold leaders to the You recall the interview involving remained a model in journalism; I best of standards, even if they have JayFM and a commissioner in the arrived at the conclusion that the to bring the heavens down. The state. For me, I did not listen to the drift has got to be refined by manner may be harsh and or nice, it altercations between the Reporter schooling this band of young men is the responsibility of the leader to of JayFM and the state and women to have an introspection read through and discover if he Commissioner for Information and of their attitude to governance and needs help from the myriads of "the

discovered it had been yanked off the governor and his administration should do. Whether it is said with from the station's platform. How are so nuanced in the social media sugar topping or served with ingenuous that could be! Such space, so much so that one may bitterness. We pamper politicians always happens, if a station believes imagine that everyone in this too much and that's why we get that it may work against their government has had nothing to what we get: Underperformance, business and or had injured the offer. That is a rather sour entitlement, arrogance. Little conclusion from a band that feeds wonder (some of) our leaders will Those who followed the interview on costly assumptions. Note that never understand that leadership is

a number of people to catapult him to where he is today; that is enough reason to believe in the efficacy of the powers of God to raise men from grass to grace. It is understood, much was expected of him when he rode to Government House.

The question to ask

is: Have we

remained where we

used to be since

2015?

God may have used

"

whose humility knows no bounds, is The manner of the 'ethnic increasingly rising as a cowboy would use the back of a horse steadily from relative obscurity to where he has found himself today;

God may have used a number of is today; that is enough reason to In the course of all these, over believe in the efficacy of the powers ask is: Have we remained where we

Depending on which side of the group; however, the thread of the various fronts of frustrations and divide you may be placed, an venom suggests that we have inhibitions they believe government answer to his style of governance reached a station that we must look has placed on their path to cast may be acerbic and caustic; however for many others, they may Prof John Wokton Wade, the be circumspect as to where we are

> From what we may have noise of malice or avarice or politics

other engagements opened to us is nomenclatures that are laced with that means is that the governor, 'aggrieved and failed politicians'.

The fact that they are sacrificing their future to be engaged for motives other than challenging endeavours and initiatives which the state should address could be areas that need attention to give them a desired end.

It is in this regard that the government is challenged to encourage the youth (not) to dissipate their energies but put them to productive usage. Truly, I am aware of challenging entrepreneurial initiatives by the (then led) Haggai Gutap-run Plateau Micro, Small and Medium Enterprise Development Agency (PLASMEDA) that has made younger persons acquire skills that will help them stay off the streets by creating over 50,000 jobs. If the state concentrated on implementing SDGs, and I know Plateau has leapfrogged several states in that regard. There cannot be hindrance to the expression of their potentials, if we consider that the following agencies: Plateau State Primary Healthcare Development Agency, Plateau Rural and Urban Water Agency and the Plateau Information and Communication Technology Development Agency (PICTDA) are up and doing to change lives and communities.

To address these challenges, we must know that if the state administration focuses its attention; as it has done, towards attaining SDGs that are spread across education, health, human capital development, job creation and infrastructure development, but particularly peace and justice for an inclusive society, we can change the direction for the state and assuage feelings that may sound genuine but badly couched.

But the issue is: "We cannot all be praise singers, we cannot all be critics. We cannot all be quiet. The course of society is advanced when there is a fair mix of all three categories. Young people should not be told to lower their expectations, or how to express their disappointments. There are (constructive) criticisms that are aimed at achieving some positive changes, adding value or pointing to a direction. On the other hand, there are criticisms that are aimless, self serving, misleading and, sometimes, vengeful. Examining the motive of the criticisms often gives a clue about the purpose. These days of politics sometimes pure undiluted hatred is the basis of criticism; whether such hate emanates from politics or ethnicity I consider it destructive.

At this point, I dare to say that the ideals of "not too young to run" for the benefit of all and sundry must be embellished with sustainable mentorship in civic education and leadership.

NOTE: This material was published over a year and a half ago again; however, given recent events involving the Plateau State Governor Simon Bako Lalong, the Editor is republishing it. Next week's shall concentrate on the recent outburst of the governor on the Tinubu/Shettima ticket's DG role.



Taming th

global problem which seems to people as it assumes a monstrous selling our own shoes, clothes even nature. It is cancerous in nature and loves to recruit more people on a daily basis. Yes, like Satan's mission, it goes around like a hungry lion looking for who to devour. And like wild fire, it is very destructive. Leaving only waste, pain and death in its wake.

Some people became hooked by the monster due to youthful exuberance, peer pressure and or quest for experiment. But for Daniel, a young promising undergraduate, he was lured into it and unfortunately, it has cost him his education and responsible friends. On top of it, he has been blacklisted as an ex-convict due to the influence of the monster.

So many vices are perpetrated under the influence of this monster. When it takes over somebody, it takes control. No wonder some of the recruits said they need the monster to boost their confidence, make them brave and courageous. And in that condition, they feel they can do anything good or bad. They can murder, steal, kill, rape, beat to death, maim and commit recently to get her things, and was unprintable crimes, when the monster possesses them.

Narrating their ordeal with their younger brother who is a recruit, Halima, a friend said he has taken the nature of the monster himself. "He is now a nocturnal person who keeps very late night and wakes up very late-(from 10:00am). Halima says he roams around the house with red shot eyes and easily snaps at his younger ones. For that reason, they are all in dread of him."

Halima said her brother eats like he is eating for himself and the monster that controls him. And no matter the hour he comes back every day, he heads straight to the kitchen where he eats anything he can lay his hands on.

"Because of him, we can't keep our soups in the kitchen but in our parents' room", Halima lamented. "We have learnt the hard way that at times like that, it is the monster in control and he can do and undo; which includes making eba and eating straight from our pot of stew", explained Halima.

One of the attributes of the monster that manifests in the recruits is that it turns a good boy/girl bad. This nature does not only manifest itself when they situation? are possessed by the monster. It showcases itself when they need the monster but lack the money to get it. A around you. Whether we like it or not, friend whose brother has been a recruit we are all victims. One person's actions for the past 10 years said "We can't or inactions affect us all. keep anything valuable in the open. My brother who is an ardent lover of this monster, would take anything he can lay his hands on and sell it at a give-away price to enable him to have access to the monster."

Recounting how much the family has suffered in the hands of their brother, my friend said, "he has sold our phones, new sets of food flasks, wall next generation.

HERE is a lingering problem, a clock, flower vases that is apart from his own belongings. His room is now be claiming more and more bare. Unfortunately, he has started weave-on caps," my friend lamented.

> Their case is so bad that the doors to their rooms- girl's rooms and parents' rooms now have sophisticated locks as if they are living with criminals. Even with that she said, "one can't go to the toilet or bathroom and leave one's door open, it may be one's undoing. Even something like bedsheet could be taken and sold cheaply to give my brother access to that monster.'

> Most of the monster's recruit turn to stealing to patronise it because there is no responsible parent that will continue giving his child money when they know the child will use it for something destructive.

> Another family is today licking its wounds because their child who is the monster's recruit has smeared the family name with shame. Their relative who got married about a year ago had left most of the gifts she got in one of their rooms because they couldn't take everything with them to Lagos where her husband resides. She came back shocked at what she saw. Nobody needed to be told what happened to her things. He was caught only twice. The family never knew he continued stealing his cousin's gifts. More than half of the gifts were gone. The sad thing was that the thief was unrepentant.

> My problem is, we all know the root cause of this problem. It is weed, cannabis, (Coke) cocaine. Some of these drugs are sold on street corners and the community knows those involved. But we don't take it serious until our children- our very own become victims and we start suffering from things mentioned above.

> We often forget that if we don't do something, we will suffer the consequences all the same. Our streets will be unsafe, thieves, rapists, armed robbers, will abound and operate without remorse under the influence of

> You may be among the categories of parents whose children are addicts and yet live in self-denial, refusing to take them to rehabilitation centres. Their problem is: 'What will people say?' What about what is the best in this

You could be an onlooker who seems nonchalant with what is happening

The ball is in our courts parents to draw our children close and lead them on godly paths. Spend quality time with them and pray together.

Government on its part should be proactive and give the society legislatures that will serve as deterrent against sell and intake of illicit drugs. Please we must act fast to salvage the

NEWS

VVF Foundation to conduct free surgery in Sokoto

ISTULA Foundation Nigeria (ffn), an NGO, in collaboration with UN Population Fund (UNFPA) with support from global affairs Canada (GAC) have commenced free repair surgery on 50 VESICOVAGINAL Fistula (VVF) patients in Sokoto.

VVF is an abnormal opening between the bladder and the vagina that results in continuous and unremitting urinary incontinence.

The condition is among the most distressing complications of gynecologic and obstetric procedures. The common causes of VVF are obstructed labour, early marriage, poverty, and women's limited control over the use of family resources.

The condition can cause a lot of discomfort, and if left untreated, it may cause serious bacterial infection, which may result in sepsis, a dangerous condition that can lead to low blood pressure, organ damage or even death.

However, the condition can be reversed and repaired through surgery. The FFN Director, Mr Musa Isa said in Sokoto on Wednesday that the repair surgery, scheduled for between August 15 and 19, would be carried out by a team of specialized doctors.

He added that the team, including auxiliary workers have so far performed surgery on 13 patients and hoped to do more as 50 patients are being taraeted.

He explained that 73 patients had already been screened, saying that the exercise is ongoing at the Maryam Abacha Women and Children Hospital in Sokoto, a VVF treatment centre and urged fistula patients from any part of the country to access the centre for treatment.

Isa, who said that a patient from Niger Republic and three from Lagos State were among the patients to undergo the ongoing free surgery,



explained that VVF is treatable, and that women

living with the condition should not be scared or ashamed, as it can be reversed.

He thanked the government and people of Canada for making it possible to have VVF treatment in the country through the Global Affairs Canada, the Department of the Government of Canada that manages Canada's diplomatic and consular relations and humanitarian assistance.

He also thanked UNFPA Nigeria for the support, as well as the Sokoto and Federal government for their respective support toward ensuring the success of the patients who registered and are awaiting surgery (names withheld as they are below 18 years) some are 15 years old one is 15 year old and another, who is 13 years, expressed joy for the opportunity and thanked the sponsors of the free surgery.

The 15-year-old from Wababe community in Dange Shuni Local Government Area said that she contracted VVF ery at home as she was married off at the age of 13.

during her first delivery at home as she was married off at the age of 13.

She said she is the only wife to her husband, Hamisu because he is a voung man and a farmer, while her father is also a farmer and her mother is a housewife without any business.

Also waiting for the surgery, the second 15-year-old said that she contracted VVF as a result of an accident when a wood used to tie small animals for domestic livestock got hooked in her vagina when she was nine years old and could not access proper treatment.

The 13-year-old said she got VVF during childbirth after a local barber carried out the traditional cutting of unwanted flesh from her vagina called Yankan Gurya.She added that it was after the cutting that she continued to leak urine without control and without medication until some relatives forced the father to bring her to the Maryam Abacha Hospital, Sokoto, for the free repair surgery.

Auto crash kills 3 in Kogi

HE Federal Road Safety Corps (FRSC) Sector Command in Kogi State on Wednesday confirmed the vehicle rammed into a stationary bus.

Our correspondent reports that the crash occurred at Ogudar village along Okene -Auchi Road at 10.00 a.m. Corps Commander Stephen Dawulung, Kogi Sector of FRSC, said that the corpses of the three occupants of the bus had been deposited at the Morgue of Okengwen General Hospital, Okene Local Government Area.

The FRSC commander described the incident as "very sad" and "unfortunate considering the way and manner the crash occurred.

"The Nissan Sunny Sedan Bus was parked behind a truck at a military checkpoint when another truck lost control and rammed into the bus squeezing it in between.

"Investigation showed that the brake of the truck failed, resulting in it smashing the bus from the rear leading to From AMEDU JOSEPH, Lokoja

the death of three people; all death of three persons after an males, while two others, were rescued unhurt.

"The truck was believed to be mechanically deficient leading to its loss of control and the crash," he explained.

Dawulung said his officers and men had been able to clear the traffic obstruction for i Road.

free flow of traffic along the

Okene - Auchi Road.

He said there was the need for motorists to ensure routine checks and maintenance of vehicles to avoid unfortunate incidents along the highways.

He also charged motorists to always observe stipulated speed limits and other rules and regulations as they drive.

'This, we believe, will not only reduce the rate of crashes but also the severity of injuries, he said.



Mavo drags APC, Maje, With the internal crisis eating deeper **INEC** to court

BY EZEKIEL DONTINNA

 $\mathsf{E} \ \mathsf{M} \ \mathsf{B} \ \mathsf{E} \ \mathsf{R}$ representing a s Constituency in the Plateau State House of Assembly and aspirant in the just concluded House of Representatives primaries, Hon. Yahaya Adamu Mavo, has dragged his party the All Progressives

Congress (APC), Deputy Speaker, Rt. Hon. Idris Ahmed Wase and Independent Electoral Commission (INEC) to the Federal High Court in Jos for his exclusion and lack of due process in the conduct of the congress held.

Counsel to the aspirant, Barr. Vincent Orifummishe, said the matter came up for mention and all parties have been duly served with the processes where Counsel to 1st, 2nd and 3rd defendants admitted receiveing the service of motion on notice from him.

According to him, "the whole issue was concerning the primary election conducted in Wase Federal Constituency and my client was completely sidelined from the conduct and not allowed by APC to participate in the exercise so he was aggrieved by the action of the party.

"As counsel to the plaintiff, we have the right to respond to them on points of law through our why the matter sought an defendant, Barr Sunday S. the long run".



adjournment and we can't Obende, explained that oppose the application.

exercise went did not follow due process of conducting the appearances of the party primary elections in time including counter

congress purported to have challenging the been conducted didn't take competency of the place because my client claimant. was not served with pre notice for the conduct of the election which is not so, we because the suit is challenge that the challenging the election of purported primary election my client, Rt. Hon. Idris is a nullity so we want the Ahmed Wase so we have court to dismiss the filed against the merits of election and conduct fresh elections into the seat of are entitled to do so. Wase Federal Constituency Representatives".

counter affidavit. That is allegations, Counsel to 2nd the court will determine in

they moved their The way and manner the application for extension of time which was filed and affidavit and their "The aggrieved APC preliminary objections

> He, however, said, "We oppose the application the application which we

The presentation which Responding to the clearly not correct which

into the Peoples Democratic Party (PDP), pitching some governors of the party against the leadership and the Presidential Candidate, Atiku Abubakar, some other parties seem to have begun moves to harvest from the internal political impasse.

In the last one week, many chieftains of the ruling All Progressives Congress (APC), including Governors Dave Umahi of Ebonyi; Babajide Sanwo-Olu of Lagos State and Femi Gbajabiamila, Speaker, House of Representatives, had visited Port Harcourt to commission some projects completed by the Governor Nyesom Wike administration.

The latest visit by Peter Obi, presidential candidate of the Labour Party (LP), has set off conversation on the social media, with the permutation by Nigerians that Wike may be "porting" to Obi's party with his team of aggrieved PDP chieftains.

Among those being suspected to have something up their sleeves in that regard are Governors Seyi Makinde, Samuel Ortom, Okezie Ikpeazu and Ifeanyi Ugwuanyi of Oyo, Benue, Abia and Enugu respectively.

The basis for the

Political realignment likely as Obi meets Wike, others

permutation is predicated more than once. on the disposition of the affore-mentioned politicians and others towards the party since the emergence of Governor Ifeanyi Okowa of Delta State as the PDP vice presidential candidate, a selection, the process of which did not go down well with many party faithful, which also has deepened the internal rancour in the umbrella organisation.

Since he declared his intention to run for the presidency, Peter Obi has become a serious brand in the country, particularly on River State, and Ibrahim the social media, which is Dankwambo, a former of believed would shape the 2023 general election.

candidate has continued to known to the press, tour round the country fuelling insinuation that it making consultations. He must be something in has met with some connection with 2023 and important personalities a possible alliance.

He had visited Governor Wike two months ago. He also had a meeting with Olusegun Mimiko, a former governor of Ondo State, recently.

It was also the consultation that took him to Port Harcourt for the Monday night meeting.

Among those he met with at the residence of the Rivers State governor in Port Harcourt were Wike, Mimiko, Ikpeazu, Ortom, Donald Duke, a former governor of Cross Gombe State.

The details of the The Labour Party meeting were not made



he has given in processes is 'All we get is criticism, negative publicity

ABDULLAHI Adamu, the National Chairman of the All Progressives Congress

Bulkachuwa to IPAC: Abide by codes of conduct

HE Council of Wise of the Savannah Centre for Diplomacy and Democracy, an NGO, has urged the Inter-Party Advisory Council (IPAC), to abide by its codes during the forthcoming 2023 General Elections.

Chairperson of the council, retired Justice Zainab Bulkachuwa, made the appeal when she led her colleagues on an advocacy visit/engagement with the leadership of IPAC, in Abuja.

Bulkachuwa also enjoined the leadership of IPAC to ensure that political parties discharge their responsibilities to their members in the country without recourse to violence.

council appeal to the leadership of IPAC to always abide by its Code of Conduct and declared objectives.

"They should be encouraged to be guided by democratic principles such as: inclusive participation, equity and fairness in all their activities.

" We wish to advise that the leaderships should also take steps to compel their members and officials to fully comply with the electoral

"They should also follow guidelines issued by the electoral umpire (INEC), in order to develop a culture of integrity and trust.

"It's also the responsibility of the Advisory Council to ensure that the political campaigns by political parties are devoid of rancor, hate speech, inflammatory and unquided utterances capable of instigating violence," she said.

The former President of the Court of Appeal stated that Nigeria deserves peaceful, transparent 2023 elections, adding that for Nigeria to develop, there must be stable good governance which could best be put in place through free and transparent

The council believes that the ability of Nigerians to once more prove the prophets of doom and our detractors wrong largely depends on the conduct of the parties during the forthcoming 2023 elections:

They owe it a duty to the Nigerian people to improve upon and consolidate the democratic successes so far achieved in Nigeria," she said.

Bulkachuwa assured that the council would continue to remind stakeholders to always listen to their own wise counsel before they act.

According to her, the council played a very important role in ensuring a free, fair and violence-free election in 2015 through its numerous

engagements with many stakeholders.

Earlier, the Executive Director, Savannah Centre, Amb. Sani Bala, explained that the council of wise which comprise of credible and reputable Nigerians is a platform for early detection and deliberations of major issues around the general elections.

Responding, the IPAC National Chairman, Mr Yabagi Sani, commended the efforts of the council towards ensuring violence-free, fair and credible 2023 General Elections.

According to him, IPAC stands on nothing short of peaceful, transparent and credible elections come 2023.

He said; " our meeting with the council was very informative and highly educative in the sense that we learn a lot.

It has further confirmed the need for Nigeria to have credible and transparent elections.

" We will take the message of the council of wise to other political parties and we will deepen interaction and interface with the council in order to benefits from the fountain of knowledge.

(APC), has said that all that the party gets from most Nigerians is criticism and negative publicity while the good works done by the party's government go unnoticed.

Adamu made his feelings known when he received the APC professional forum led by Isa Yuguda, former governor of Bauchi State who paid him an advocacy visit at the party's national secretariat in Abuja on recently.

He said all the good things that have happened in the APC-led administration have not received the kind of publicity it deserves and urged the group to take up the task of projecting the party.

The former Nasarawa State governor said: "See the social programmes that this government is having for teachers, for farmers, for market women; the school feeding programme. These are critical programmes that have not been undertaken by the PDP for the 16 years they were in government.

"We are doing it but nobody praises government for it. All that we get is criticism. If we get ourselves involved in positive reporting of what is happening, the electorate will know the difference. They will know what is the truth.

"One thing we want you to pay attention to, to see how you can be of help, is the activity of the party at the grassroots. It is very critical. It is driven by those who are uneducated thus, the leadership at that level is very vulnerable.



Adamu



Yabagi

POLITIES

Mahmood calls for promotion of issue-based campaigns

HAIRMAN of the Independent National Electoral Commission (INEC), Prof. Mahmood Yakubu, has expressed the commission's willingness to cooperate with media organisations to promote issue-based campaigns in the

The INEC chairman observed that issue-based politics is central to electoral democracy, and noted that the more media organisations engage parties and their candidates on issuebased politics, the better our electoral democracy.

The chairman made the observation when he received a delegation from the Media Trust Group, led by the Chairman of the Daily Trust Advisory Board on 2023 General Election, Prof. Jibrin Ibrahim, at the INEC headquarters, in Abuja, Mahmood recently

season elections and during the general election."

cause of our democracy. The and party to support". more organisations engage the democracy."

The chairman appreciated Daily Trust for its objective and electoral process generally.

He welcomed their submission of name of involvement in election debate A d e m o l a $\,$ J a c k s o n and urged them to extend their Nurudeen Adeleke as the advocacy and engagement to governorship candidate of cover areas usually not covered the People's Democratic by the mainstream media.

He assured that the 2022 election. in progress and will continue to the suit on the grounds operate an open-door policy that the plaintiff lacked with the media in terms of locus standi to institute content and information the case.

Prof. Yakubu maintained that Plaintiff in the suit, INEC is duty bound as a public Awoyemi Oluwatayo service institution to do so, and Lukman, had dragged the would respond to specific Independent National request by Media organisations Electoral Commission in the interest of the electoral (INEC), PDP and Adeleke process and the country.

purpose of their visit, the the submission of leader of the delegation, Prof. Adeleke's name to INEC Jibrin Ibrahim, said they were on grounds of alleged at the commission's unlawful action. headquarters to brief the The grouse of the management of INEC on their plaintiff was that Adeleke's plans for the 2023 general name was hurriedly election.

associated media platforms between March 14 to 18 were very committed to the promotion of issue-based as contained in the INEC politics in the country.

"We believe that this 2023 Adeleke's name having election is the opportunity to not been submitted within raise the question of issue the period fixed by INEC. based politics to its highest the plaintiff asked the point in our history. We are court to declare the aware that the Commission its submission, illegal, self is very much part of that unlawful, null and void and culture of the promotion of the be set aside. issue-based politics", Prof He claimed that INEC



The leader of the Trust

Prof. Jibrin explained further Yakubu observed that "the delegation added that "given that INEC will be one of the and media outlets have been our commitment as a media pillars around which the series doing their best organising debates before major offinterventions that relate to the electoral process. He making the campaigns a requested members of the central fulcrum around which Commission to be part of some of the major media issues will emerge on which of the programmes to provide organisations in the country is voters will take their clarification where necessary also joining to advance the decisions on which candidate for INEC to provide content and

A HEAD OF THE LEGISTRES, Ahmed Bola Tinubu, the presidential candidate of the All Progressives Congress (APC), recently Penthouse residence of the Osoba and Gbenga Daniel. met with former President former president located Olusegun Obasanjo in within the Olusegun Abeokuta.

company of Femi at about 1 pm, Tinubu went Gbajabiamila, Speaker, straight to a closed-door Federal House of meeting with Obasanjo, later at the Moshood Abiola Representatives; Nuhu including Governor Dapo Ribadu, pioneer chairman, Abiodun of Ogun State, Economic and Financial Crimes Commission (EFCC); Bisi Akande, exinterim APC chairman, among others, held a closed-door meeting with the former president in Abeokuta.

The closed-door meeting is not unconnected with Tinubu's presidential ambition as the two-term governor of Lagos State is said to have begun political consultations as part of a move to seek people's endorsement, especially ex- presidents and statesmen like Obasanjo, ahead of the presidential

HEAD of the 2023 Tinubu consults Obasanjo ahead 2023

While arriving at the former governors, Segun Obasanjo Presidential Tinubu, who arrived in Library (OOPL) in Abeokuta

The APC presidential standard bearer, whose arrival was greeted with fanfare by his supporters and party spoke with APC leaders and supporters International Stadium in Abeokuta.



Obasanjo

more organisations engage the better the electoral Court strikes out suit seeking Adeleke's disqualification

seeking nullification of Party (PDP) in the July 26,

before the court seeking Earlier, while explaining the order to void and set aside

Plection.

He said Daily Trust and its March 11, 2022 as against guidelines.

professional coverage of INEC Federal High Court, Abuja, done outside the guidelines is ground that the said having been fixed outside filed, and that the instant and its activities, as well as the has, struck out a suit against the provisions of the Awoyemi Oluwatayo the 14 days stipulated by suit was filed after 28 Electoral Act 2022.

Lukman lacked locus standi section 285 of the 1999 days. However, in his judgment, to have instituted the case.

JUSTICE Objora must be bound by its official Justice Objora Egwuatu The Judge held also that Constitution that all pre-Egwuatu of the guidelines and that anything struck out the suit on the the suit was statute barred election suits must be

APC-SMT drums support for DG-Tinubu/Shettima Campaign

BY EZEKIEL DONTINNA the Tinubu/Shettima Strategic Monitoring Team, deserted and be left

he All Progressive commission is a willing partner The Judge struck down Monitoring Team (APC-SMT), and also strengthen Nigeria Union of Journalists the quest for leadership has thrown their weight national cohesion. behind the choice of Governor Simon Bako Lalong Coordinator of APC as the Director General of

This was revealed by the capital.



Tinubu

support and decision of the leap in the future? APC and the flag bearer of the party, H.E. Asiwaju Bola DG did not come to us as a Tinubu in appointing the surprise because he has Governor, Rt. Hon. Simon never lost an election and Bako Lalong to serve as the has led several successful Director General of his elections around the campaign saying, "his nation. It will undoubtedly selection provides the be on record that he has other leg of the tripod on achieved a great feat by which the much-yearned fighting doggedly for the inclusion, fairness and entrenchment of fairness

Director General is not just Country", the Coordinator a mere appointment in the said. Campaign Council, rather, it is in the heartbeat of the congratulated Governor whole transition process Simon Bako Lalong on his and negotiations that the appointment as the foundation of a new Director General of the government is set after Tinubu/Shettima winning an election.

his decision to accept the unalloyed support for his position of a DG Campaign? resolve to sail the No! Not at all! Because it campaign ship and ensure does not make sense for that he delivers on this

Campaign Team as a round Golepji Wambutda, in a without a mark and effort peck in a round hole as it press briefing at the State to correct the anomaly. Congress Strategic would foster equity, justice Headquarters of the Also, is the leadership or in Jos, the Plateau State going to end in 2023? What about getting The team saluted the involved to make a huge

The appointment of the equity are needed to stand. that has ensured the APC "For most of us, a Presidential ticket moved idential Campaign to the Southern part of the

He, therefore, Campaign Organisation "Should he be vilified for and reiterated the team's the whole field to be national assignment.

SUNDAY POLITICS

Politics: Strengthening frameworks for improved women participation

After the just-concluded party primaries, many stakeholders are at loss as to why the participation of women in politics this time around has been abysmally low. The stakeholders, especially women activists, have decried the decline in women's political fortune and their political entrepreneurship in this dispensation, writes GRACE YUSUF.

HEY have attributed this development to the patriarchal nature in the country's environment, while others have pointed to the culture that does not encourage women to go into politics. However, the most important factor, they aver is the mercantile politics that is practiced in Nigeria.

The mercantile and monetisation of politics, makes the political terrain not to be favourable to women, who obviously most cannot afford such political enterprise.

Statistics by the Gender Strategy Advancement International, (GSAI), on the low political participation of women in Nigeria showed that their participation falls below the world and African continental standards.

According to the report, the national average of women's political participation in Nigeria remains at 6.7 percent in elective and appointive positions which is far below the global average of 22.5 percent and Africa regional average of 23.4 percent and the West African Sub Regional average of 15 percent, according to the report.

Prof. Joy Ezeilo, the Founder of Women of Aid Collective (WACOL), and an activist with over 20 years experience, frowned at the dismal participation of women in politics in this dispensation, saying they have continued to be disenfranchised. She said it was unfortunate that the efforts to get affirmative action entrenched in the nation's constitution or to get gender equal opportunities bill passed have not yielded expected results. The moves were meant to enhance women's chances at running and winning election, she says and the country has never seen this type of retrogression in women's political fortune and a decline in their political entrepreneurship.

"In Nigeria, to get gender equal opportunities bill passed that would have enhanced woman's chances at running and winning election, failed. And then, now the results from the primaries have shown poor performance for women and we are really worried. I have done this work for two decades and I am saying when are we going to get it right?

"We have done it in other countries and we have seen how they succeeded. In Rwanda, I was part of the movement for affirmative action and getting it into their constitution and more women are participating in politic in that country. The rejection of the five Gender Bills presented to the National Assembly early this year, which resulted in weeks of massive protests by women activists has also contributed to the low participation of women.

The demonstration described as the "mother of all protests" was aimed at calling on the federal lawmakers to reconsider all the gender bills that were rejected during the Constitution amendment earlier in the year. The National Assembly in early March voted against bills providing for 35 percent affirmative action for women in political parties' administration, they also voted against the bill to create special seats for women in the national and state assemblies.

Another activist, Ms Ene Obi, the Country Director of ActionAid, also lamented the low participation of women in politics in this dispensation as compared to 2011 and 2015. "I think there are several factors responsible for low participation of women, there are very few women right now in politics, because of the patriarchal nature we have in our environment. And because of our culture and also not receiving the encouragement from the political class from the government of Nigeria," Obi said.

She said governments lacked the political commitment to implement the 35 per affirmative action for female participation in governance, both appointive and elective, even though the National Gender Policy has stipulated it. According to her, with the present 6.7 per cent of women representation, whether it is an appointive position or elective position, the impact of women cannot be felt. This, she said stemmed from lack of recognition of women in the political parties.

"Do the major parties recognise women participation? Let's come down to the current one where we have 109 senators and we have only eight women and we



have 306 house of representatives and we have only about 13 women.' So what we should be saying now is that we are at a point where things need to be done and that is why the gender bills was sent to the National Assembly, because we try to review and reflect on what is done in the other parts of the world," she said.

Obi says the 35 percent affirmative action women are seeking for now is that political parties need to make it as a rule to insert in their own constitution 35 per cent of women representation in both appointments and elective positions.

She cites Rwanda, which is in Africa, as a country which deliberately encourages women's participation and the percentage of their women in governance "is very impressive." Making reference to the Federal Character Commission, she says it came into being because of diversity in the country's representation, and advises that the concept should be reflected to correct the imbalance in the quality of the population in the national life that will lead to quality decisions.

"When decisions are taken in the board room; who are those present in these boardrooms? And the reason why we are taking it seriously now is because women are dying in the maternity wards, dying in road accidents, and through terrorist attacks, they are dying, their husbands and children are also dying. But women are not there to make decisions that will help them survive the vagaries of the system

Obi praised the role played by the late wife of the military president, Mrs Maryam Babangida, after the Beijing Conference of 1995, when through the Ministry of Women Affairs created the National Women Commission.

"You remember that under her husband then, she was very active and very concerned about the women of Nigeria and so because of her, women that were not ordinarily coming out had to be coming out.

"She will ask for the wives of the local government chairmen to come out, likewise, when she goes to the states, she will want the wives of the state governors to come out and that was the time that many women in the north were not coming out.

"And that made it look like a fiesta but then it actually brought women out and when you come out and learn about new things, you would not go back and do the same. Women started becoming politically active then," she said.

The ActionAid boss is of the opinion that men are just being insensitive to the choices to be made for quality living, quality population and quality decisions by not including women in the scheme of things.

She says the call for the creation of an extra seat in every senatorial zone, to bring them on board for quality discussion was not taken.

"This extra seat in the house of representatives for example accounts for only one percent of the budget and you can easily accommodate it because the Nigerian parliament is one of the highest paid in the world in a place where is the poverty capital in the world," Obi said.

According to a GSAI report, Nigeria ranks 181 of 193 countries on the Gender Equality Index, for countries with low women representation in governance. The ranking took into consideration reasons such as poor resource allocation in the economic and social sectors, frequent conflicts, forced displacements and inadequate inclusion of women and girls' perspectives in policy-making decisions.

"Despite all efforts to promote the contribution of women in the domain of politics and decision making, women have continued to record low representation at all tiers and levels of governance although they constitute almost half of the electorate.

"Findings reveal that males constituted 94.2 percent of the members of the National Assembly in the periods from 1999 to 2015 (on average), while female participation remained low at 5.8 per cent (National Bureau of Statistics, 2019)," the report said.

The Executive Director, GSAI, Ms Adaora Onyinchere, wonders why the Federal Government has not considered certain policies on gender inclusion.

Onyinchere spoke at a two-day capacity building workshop with the theme: "Capacity Building Workshop for Reporters and Editors on Media Independence to Promote Women's Economic Inclusion and Gender Accountability in Governance", in Abuja.

"Statistics of women from 1999 to date both in governance, in politics and the way government has tailored their implementation of gender budget has totally been null and void, for a population with over 49.2 percent.

In the same vein, Hajiya Lami Adamu Lau, the National President of the National Council of Women Societies (NCWS) calls on political parties to restructure their policies to reflect gender balance.

Lau says that is why the council has been embarking on advocacy drives to all political parties seeking ways of working together with them to strengthen the country's democracy to ensure that women are actively involved parties politics.

"A truly egalitarian nation is possible when we embrace our differences and give every Nigerian a sense of belonging, irrespective of gender and other mundane considerations," she said.

Lau decries that Nigerian women have continued to register poor representation in politics and leadership in spite of the huge numerical strength and various national, international legal instruments on gender inclusion and mainstreaming.

According to her, "in the history of

Nigeria's democratic rule, women have not attained up to 11 percent representation in both elective and appointive positions thus denying the huge population of capable and credible women with robust credentials and sound moral values the opportunity to contribute meaningfully to the economic development of our dear nation. Political parties play very key roles in leadership selection in any democratic system", she said.

Lau also condemns the National Assembly's recent rejection of five gender bills, saying women have continued to experience subtle discrimination bias and stereotyping within the party leadership structures. None of the major parties live up to the recommendation of the 2008 Electoral Reform Committee of 20 per cent of women in governing boards of political parties," she said.

Another activist, Ms Ene Ede, the Executive Director, Equity Advocates says apart from corruption and corrupt practices which are the bane of political parties, there has been no will for women to push hard in making demands on leaders on their exclusion and marginalisation.

Ede says if legal actions are taken against violations of compliance to affirmative action principles of minimum of 35 per cent reserved positions on both elective and appointive are for women, then the attention of the government will be drawn to their issues.

She added that, if media as watch dog keeps track of published documents, then the issue of women participation in governance and politics, will be effectively pushed to the front burner," she said.

According to Ede, women and other people of conscience must stop this democratic retrogression. See the composition of Presidential campaign organisations of the two main political parties – APC and PDP is very retrogressive by standard and intention. The two parties are ready for war and distraction," she said.

Specifically, the U.S.-based National Democratic Institute has expressed concern over the exclusion of women as running mates in the presidential primaries for the 2023 elections. It, therefore, emphasises the need for the media to beam attention on the marginalisation of women in the last presidential primaries by political parties.

These recommendations were among the highlights of a communiqué issued at the end of a two-day media training in Calabar for 25 journalists on gender reporting. The event was organised by Women In Politics Forum (WiPF) for selected journalists, and the communiqué was signed by the President of WiPF, Febre Téendu.

Ifendu said that the media needed to be intentional in projecting women in politics through the publication of stories that

would focus on issues rather than irrelevant personal matters.

"The media should beam attention on the marginalisation of the last presidential primaries in this regard. Journalists should generate story ideas and write stories on women in politics and amplify women's success stories either in politics or other spheres of life. The media should ensure that more women are featured regularly on guest programmes."

Also on the way forward, Ezeilo expresses belief that women can raise the quality of leadership, adding that for 2027, women have to start working towards that now and expressed hope that the female members of National Assembly will not give up the good work of pursuing the passage of the gender bills, which she describes as "a beautiful piece of legislation".

She says the problem is deep seated and women have to get to the root of it and says it is time for decisive action by women to negotiate power, we can't be waiting for them to serve us. We just have to serve ourselves. We have to just serve our interests.

For Obi of ActionAids, a lot of education is going on about the Continuous Voters Registration for people to make sure they get their PVCs. "If I see a woman on a ballot paper and no matter the party, and if you are bold enough to come out to contest, you will get my vote," Obi said.

She also stresses the need for unity among women to overcome the patriarchal struggle.

"If we can unite and come together it will result to a lot of bonding. And we are working with other organisations to make sure the needful is done. We have not given up on the gender bills, because there are conventions that Nigeria that signed into that have not been domesticated, so will continue until those gender bills are represented," Obi said.

Beside recommitting and reconsidering all the five gender bills, women are also asking the lawmakers to pass the Gender and Equal Opportunities bill currently before the Senate and immediately domesticate the African Charters Protocol on the Rights of Women in Africa, which Nigeria ratified in 2004. The National Assembly is also being asked to domesticate the UN Convention on Elimination of All Forms of Discrimination Against Women (CEDAW), which Nigeria ratified in 1985.

For Dr Abiola Akiyode-Afolabi, the Nigeria's legislature, which is male-dominated with a very poor women representation, which spreads across political and elective positions, must be changed to also favour both genders.

"Nigerian women have resolved to continue to struggle to push back on the misogynistic attitude of some of the lawmakers and the pattern of neglect toward women concerns and disregard for "womanity".

"We reject further dehumanisation of Nigerian women. The constitution should cure the defect and we will continue to protest to show our dissatisfaction.

"We call on the Senate President and the Speaker to call an urgent meeting to discuss how to readdress the wrong, if not we shall continue to occupy the National Assembly," Akiyode-Afolabi, the Coconvener of Womanifesto, said on behalf of protesting women.

A member of the All Progressives Congress, (APC), and former Deputy Speaker, Lagos State House of Assembly, Adefunmilayo Tejuosho, says nobody will give any woman free position; rather, women will continue to ask for affirmative action.

"We will continue to encourage more women to be in positions of authority. We should be able to come together as women to say, "No Women, No Vote. If we do not put women in positions of authority, women will not vote. I think this affirmative action will help to bring women on board.

"Stepping down is not only a woman's issue. I think we need to re-organise ourselves to make sure that our grassroots are intact, that the delegates that will vote are those who will vote for women. When we look at the population of women in Nigeria, we have more women than men. When we look at the population of voters, we have more women than men," Tejuosho said.

(NANFeature

SUNDAY PEOPLE

LALONG KICKSTARTS IMPLEMENTATION OF WORLD BANK PROJECTS

The Governor of Plateau State and chairman, Northern Governors' Forum, Rt Hon Simon Bako Lalong recently kickstarted and presented 1.012b naira grants of the World Bank Assisted project (AGILE) at the Victoria Gowon Multi Purpose Hall, Government House Rayfiled,



Plateau State Governor, Rt Hon Simon Bako Lalong delivering his speech



Deputy Governor, Prof. Sonni Gwanle Tyoden (right) with the Plateau State APC chairman, Hon. Rufus Bature



A cross section of Principals of secondary schools at the ceremony



Governor Simon Bako Lalong (middle) in a group photograph with a benefitting secondary school



Governor Simon Bako Lalong (middle), his Deputy, Prof. Sonni Gwanle Tyoden (right) and the Commissioner of Secondary Education, Hon. Elizabeth Wapmuk



 ${\it A\ cross\ section\ of\ Commissioners\ at\ the\ event}$



Hon. Mrs. Elizabeth Wapmuk, Commissioner for Secondary Education making some remarks



Rt Hon Simon Bako Lalong in a photograph with students of one of the schools at the ceremony

essential to human existence.

overemphasized. So when a bill is introduced to restrict people from gaining full access to it, it makes no sense at all. When the National Water Resources Bill, passage by the eight assembly under Senator Bukola Saraki, it resurfaced again during the Ahmad Lawan despite the public cattle herders to the detriment of outcry and outrage it generated. With barely ten months to the end of this administration, the same bill has found its way back for the third time and is set for second reading at the House of Representatives.

The bill which was first presented by President Muhammadu Buhari in 2017 basically, seeks to transfer the control of water resources from the states and local governments to the federal government. What this portends is that all water resources in the country such as rivers, lakes, streams and even underground water will be under the full control of the federal government.

Nigerians had expressed concern at some sections of the bill which they felt will breach their right to water, with the most disturbing part being Section 120 which makes it mandatory for one to obtain a driller's permit before sinking a borehole.

In clear terms the bill if passed into law, will clip the wings of both state and local government as well as individuals from making use of the water in their environment without a permit from the federal government. This development many believe will not augur well for the country. The result they say, will be disastrous, and may lead to serious chaos, crisis and even water wars. Recall that this same water resources bill almost tore the National Assembly apart, to the extent of pitching lawmakers from the north against those from the south.

With the initial bill titled: "A bill for an act to establish a regulatory framework for the water resources sector in Nigeria, provide for the equitable and sustainable redevelopment, management, use and conservation of Nigeria's surface water and groundwater resources and for related matter". Section 98 of the bill states that the use of water shall be subject to licensing, Section 107 says a license might be cancelled if the licensee fails to make beneficial use of the water. While Section 104 addresses emergency powers in case of shortage of water, the hill will empower the federal government to direct a person who has a supply of water in excess of his needs for domestic purposes to reduce the amount he is permitted to extract under the terms of any license or general authorisation.

Aside the contentious sections of the bill, stakeholders have continued to question the real motives behind the reintroduction of this particular bill. For one, many are asking why the President has so much

ATER they say is life interest in the said bill. From and as such very every indication, the federal government seems to have vested interest which makes Its many uses cannot be most people believe that there is a hidden agenda. The way and manner the bill keeps resurfacing lends credence to the fact that indeed, a plan is being hatched to deprive certain 2020 failed to get a concurrent people of their inherited land and resources. There are concerns that the bill seeks to give control of all waterways to certain group ninth assembly under Senator of people who are predominantly



On the controversial Water Resources Bill



others who are farmers.

At the plenary few weeks ago, some lawmakers again kicked against the bill when it was presented. The bill was this time around sponsored by Hon. Sada Soli from Katsina who is also the Chairman Committee on Water Resources. A little drama ensued as the short title of the bill was being read when Hon. Mark Gbillar from Benue raised a point of order, reminding the Speaker Femi Gbajabiamila that the bill in question generated a lot of controversy the last time it was brought up, hence should not be entertained. The lawmaker wondered why the issue was still being brought before the floor of the House since majority of lawmakers are not in support of it.

As the plenary progressed with arguments and counter arguments on whether the bill should be stepped down or not, the bill's sponsor Sada Soli allayed the fears of Nigerians by promising that some contentious issues in the initial bill will be addressed in the new bill. He went a step further by vowing to his colleagues that if the issues come up again, he will have no choice but to withdraw the bill. Even though Nigerians are yet to see the content of this new bill, one thing is certain, the bill will still

which has led to controversies over the years are not addressed.

Meanwhile, stakeholders and some individuals who have reacted to and expressed concern on the reintroduction of the bill include the Middle Belt Leaders Forum, South -South/South-East Elders Forum, Prof. Wole Soyinka and Dr. Femi Falana amongst others. Accusing fingers have been pointed at the federal government for making a clandestine move to revive the rejected Water Resources Bill which has the capability of causing disunity in the country. The Nigeria Labour Congress (NLC) has also condemned the reintroduction of the bill. In a statement credited to the NLC President Ayuba Wabba, he categorically warned against the Constitution of the Federal legislative abuse or betrayal of Nigerians if the bill gets passed without public acceptability.

On his part and in response to the controversial bill, the Minister of Water Resources Engr. Suleiman Adamu believes the contrary, insisting that the bill will manage all surface and groundwater for the benefit of all, both for domestic and non domestic uses as well as for irrigation and agricultural purposes. In his opinion, the bill will ensure that the nation's water resources are protected,

used, developed, conserved and managed in a sustainable manner for the good and benefit of all Nigerians. He is however, not happy with the misconception and controversies the bill has generated since its introduction.

Arising from a recent meeting, the Nigeria Governors Forum (NGF) through its Chairman Kayode Fayemi disclosed the forum's position which is that the bill should be reviewed to accommodate all concerned states. You will recall that at the reintroduction of the water resources bill, the governors had raised concerns that the bill did not adequately address the interests of states and is not consistent with the provisions of Republic of Nigeria. They described it as a ploy by the federal government to secure lands around the riverine states in the southern part in order to resettle foreign herdsmen, after the failed attempt at introducing the cattle colony and Rural Grazing Area (RUGA) initiatives.

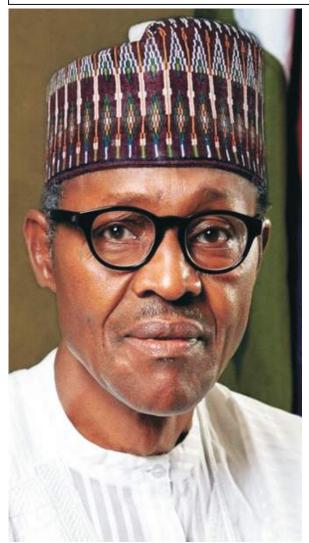
In the meantime, the National Assembly has sequel to the passage of the Copyright Act Bill by both chambers unanimously passed the bill for an act to repeal the Copyright Act, CAP

C28 LFN, 2004 and enact a new Copyright Act 2022. This followed a clause by clause consideration by the Committee of the Whole, consequent upon which the House had a third reading and eventual passage of the bill.

The bill which seeks to provide for the effective regulation, protection and administration of copyright in the digital environment in line with global best practices, has four main objectives as outlined in clause 1. They include strengthening the copyright regime in Nigeria to enhance the competitiveness of its creative industries in a digital and knowledge based global economy, effectively protecting the rights of authors to ensure just rewards and recognition for their hard work and intellectual efforts while also providing appropriate limitations and exceptions to guarantee access to creative works, yet encouraging cultural interchange and advance public welfare

Other objectives are facilitating Nigeria's compliance with obligations arising from relevant international copyright treaties and enhancing the capacity of the Nigerian Copyright Commission for effective administration and enforcement of the provisions of the Copyright Act.

SUNDAY MAGAZINE







Alarming backlog of workers' salaries

There is clear evidence that several state Governments in Nigeria are now struggling to meet up with monthly payment of workers' salaries which is in the midst of the present economic realities is adding an excruciating pain to families who rely solely on their bread winners to put bread on the table. KENNETH DARENG examines the situation and its impact on the civil servants.

CCORDING to a recent conditions. survey conducted in 36 civic-tech organization leading alarmed that states like Abia, the advocacy for transparency Adamawa, Ebonyi, Ondo, and and accountability in Nigeria's Taraba owe three years or less in public finance, listed Abia, payments. Adamawa, Ebonyi, Ondo, and Taraba as states with the worst revealed that, at least 12 states cases of owning up to 3 years out of the 36 states in the country arrears of salaries.

also revealed that, states like July2022 with some owing up to Kogi, Nassarawa, Benue, Niger, six months while some are yet to Osun, Plateau and Edo, have receive their salary for over three joined the league of states with years. huge salary arrears ranging from respectively.

workers as at when due.

have consistently failed to meet service is now dead. the requirement of governance

The survey also further are owing civil servants not less SUNDAY STANDARD sources than one month salary as at

In a chat with SUNDAY three months and above $\textbf{STANDARD}\,,$ a senior citizen and a retired civil servant in plateau Although some states not listed state, elder Moses Muhanang, have been up to date in the decried the present ordeal of the monthly payment, yet delays and Nigerian workers saying; " gaps are in most cases witnessed During our days in the civil which the BudgIT in its statement service, the government saw a following the survey result delay in payment as an expressed its disapproval over aberration not to talk of going some state Governments' refusal into arrears. Then every state to pay monthly salaries government tried to compete in accruable to their civil service early monthly wages. By the 15th of every month our salary slips It said the survey was were ready and by the following conducted to spotlight and week everyone received his identify state governments that salary. Unfortunately the civil

"Look at corruption and and employee compensation, incompetence everywhere, those thereby subjecting their workers in leadership positions have to unpaid wages of labour and crippled the system and have exposing them to harsh living succeeded in killing the morale of

And while the findings from the of situation. I wonder what the completely dead and buried. God Labour Union seems to be looking states of the Federation survey favoured some states that situation will be in the next 10 forbid." Muhanang said.

> The situation might be worse in the coming months judging from the fact that most state governments have collected so much loans from many financial institutions and have smartly tied the repayments to

Irrevocable Payment Order,[IPO], which is deducted from source by the Central Bank of Nigeria [CBN], from the monthly allocation accruable to each

state.

an average worker with this kind service would have been highly disappointed that our

working in one of the wages. our faith in God as I have all of a cannot be patient enough." sudden become a debtor.

children's school fees as well as opinion; "The situation might be my rent and these days, our worse in the coming months stable food in the house is mostly $\,$ judging from the fact that most garri or kunu because we cannot state governments have afford buying food stuff due to collected so much loans from lack of payment of salary." He many financial institutions and

month of August, we are in the accruable to each state. fourth month now and no us what is responsible. I am

the other way while government including the FCT, by BudgIT, a are not in arrears, it was however years to come by then the civil A plateau state civil servant is denying us our legitimate

government's parastatals who "Sometimes I wonder how spoke to SUNDAY STANDARD some of our leaders go to sleep under anonymity said; "I have a without examining their family of seven including my wife conscience as to how workers and five children apart from my fend for themselves at this old parents and other relatives in challenging times where the cost the village who depend on me for of living is far beyond the reach of feeding or other needs. My salary every ordinary Nigerian and in a is just N80,000 per month, and situation where one is not paid. It for the past 3 months, I have not therefor means that if one is not been paid. Just imagine the careful the temptation of going stress of going to work and the into crime may just be the only cost of transportation alone is option if not for the strong taking almost a quarter of my religious faith in me I might have earnings. We are just hanging gone astray which many others

According to Mr Ishaya Timkur "I am in default of paying my A public commentator in Jos in his have smartly tied the Another civil servant in one of repayments to Irrevocable plateau state Local Government Payment Order,[IPO], which is areas, also laments the delay and deducted from source by the lack of payment of salaries which Central Bank of Nigeria [CBN], he disclosed; " from May and the from the monthly allocation

"Now tell me if a particular state salaries. Worse still is the fact had signed such order and does that, no one is coming out to tell not have fluidity in its internal

Continued on page 31

'Media, viable platform for promoting EBF'

By JIDAUNA DARING

ARTICIPANTS at a two day workshop on promoting exclusive Breast Feeding *(EBF) have described the media as a viable platform which can help in championing the course of creating more awareness on EBF among the nursing mothers.

THE participants disclosed this during a media dialogue to promote awareness on EBF and infant nutrition in commoration of the 2022 World Breast Feeding Week Bauchi Field Office (BFO) States, organized by Bauchi Radio Corporation (BRC) in collaboration with UNICEF Bauchi Office, held at the Crest Hotel Jos, recently. The participants pointed out that there was a strong need for more education to care givers and policy makers among others on the need to



that EBF awareness was supposed to start right from the day the pregnant women start their antenatal

encourage EBF. He stressed emphasized the need for the mothers to be eating good locally made family food.

Earlier in his welcome remarks, BRC/UNICEF Desk They also discouraged officer, Umar Muhammad artificial food during EBF by Shira expressed optimism nursing mothers. They with the programme and

thanked all the participants for honoring the invitation for the two day workshopl Shira who also read out the meeting's objectives said that it was to strengthen the capacity of media partners toward child reporting, particularly nutrition using EBF approaches, to strengthen the capacity of media partners to promote safe EBF in Covid-19 era, create awareness on the role of chain actors in promoting Safe EBF and to also use media as advocacy channels for positive policies towards nutrition especially EBF. He said that UNICEF Nigeria has shifted it focus to prevention of mal-nutrition and called on the journalists not to relent in their effort, in promoting EBF practice through their various medium at all

Also in her remarks, Nutrition Specialist UNICEF, Bauchi Field Office, Philomena Irene said that the issue of breast feeding was becoming alarming amongst the five states.

- someto

Kidnap kingpin wadume bags 7 years imprisonment

Federal HighCourt, sitting in Abuja, has convicted and sentenced Taraba based kidnap kingpin, HamisuBala, popularly called Wadume, to seven years imprisonment, for unlawfully dealing in prohibited firearms and for escaping from prison custody.

The court specifically convicted the kidnapper of escaping from lawful custody and unlawfully dealing in prohibited

Justice Navako also convicted Wadume on counts two and 10 of the 13-count charge brought against him and six others by the office of the Attorney-General of the Federation.

Archbishop accepts Lalong apology

Catholic Archbishop of Jos, Plateau State, Dr. Matthew Audu, has told Governor Simon Lalong that the apology he tendered to the Church has been accepted.

The President of the Catholic Bishops Conference of Nigeria (CBCN) has already accepted your apology, and so it goes for all of us," Audu said at the opening of the 19th General Assembly of the Catholic Archdiocese of Jos, on Wednesday.

Theme of the General Assembly holding at St. Louis Parish, Jos, 'The Eucharist Our Strength Towards a Better Nigeria'. According to the cleric, since the Church encourages its members to go into politics, the intention is to work at making a difference in politics, in line with the mandate of the Church.

Matawalle okays death penalty

Governor of Zamfara State, Bello Matawalle, has signed into law a death penalty on anybody found guilty of banditry, cattle rustling, cultism, or serving as a bandits' informant.

He announced this in a broadcast to the people of the state on Tuesday. The broadcast was preceded by an expanded security council meeting that lasted for more than eight hours.

He said "On the 28th of June this year, I passed the bill on Prohibition and Punishment for Banditry, Cattle Rustling, Cultism, Kidnapping and Other Incidental Offences, 2022.

Paris club refund deduction: Malami claims fraudulent

Nigeria Governors Forum (NGF) has berated the Attorney General of the Federation (AGF), and Minster of Justice, Abubakar Malami for describing them as noisingmaking and with no basis for rejecting the proposed deductions of \$418 million from the Paris Club Refund to pay the consultants.

Malami said that state governors have no basis to complain about the \$418 million deductions from the Paris Club Refund paid to consultants they hired.

The governors also said that they rejected all the claims made by the AGF and that they are ready to take every legal means to ensure that the purported claims are litigated upon till the highest court in the land.

Blackout as electricity workers shut transmission stations

NIGERIANS were thrown into darknesson Wednesday after the electricity workers under the auspices of the National Union of Electricity Employees

(NUEE) embarked on a strike over labour dispute with the Transmission Company of Nigeria (TCN).

Workers shut down a power station in Abuja as they sang solidarity songs.

It was gathered that distribution companies (DisCos), including Ikeja Electric, Eko Electricity Distribution Company, Ibadan Electricity Distribution Company, Abuja Electricity Distribution Company, and Kaduna Electricity Distribution Company, confirmed service disruption via their social media channels.

They blamed the outage on the ongoing industrial conflict between the TCN and the electricity workers

Buhari rejects Asuu demand for six months salaries

President Muhammadu Buhari opted to invoke the no work, no pay policy against striking university lecturers on Thursday after receiving report on the negotiation with the Academic Staff Union of Universities(ASUU), from Education Minister AdamuAdamu.

The President was shocked that the lectures have reduced their demands to only payment of their six months salary arrears.

Government drew the attention of Nigerians about it's inability to resolve the dispute with ASUU, while Prof.EmmamualOsodeke, chairman of ASUU told Federal Government to forget getting his colleagues back to the class rooms to conduct the unfinished academic session, if their salary backlog of six months are not paid.

Compiled by Hosea Nyamlong

PLSG approves 133 Specialists hospital staff replacement

PLATEAU State government, has signed and approved the replacement of over one hundred and thirtythree (133) exiting staff of the Plateau Specialists Hospital Jos, after the Memo forwarded by the Management of the hospital and the Hospital Management Board which attracted strike action since February this year.

The Chief Medical Director of on a strike action sometimes in Plateau Specialists Hospital, Dr. Filimon Golwa, disclosed this while in an interview with

now if you go down memory lane, the staff had embarked

SUNDAY STANDARD in his office shortly after the suspension of a six months strike action embarked upon by staff Wednesday. The CMD, said, "right before



February and they had air marked few items concerning the requirements for the tertiary hospital. They made me understand that they were fighting for the good of the hospital and mine was to comment.

"One of the major things is the issue of man-power need which has fallen short of the expected requirement and the second thing was concerning the real status of the Specialists Hospital after it been accepted, gazetted and assented to be a Specialist Hospital, while the third component was the differentials in salaries.

"I quickly ran to the office of Head of Service and he quickly arranged for a meeting with the union members, but they could not agree so, that was why they continued with the strke. Government and the Commissioner of Health went and had dialogue several times and we tried to intervene, but they could not understand.

"So, it was just last week

that they had to put government into commitment in terms of MoU. During that MoU, the meeting agreed on everything that they are also going to look into salaries differentials. The government also approved the memo that we have earlier sent for the replacement of 133 existing staff in the system", he disclosed.

Golwa, however, assured that this development would further serve as s stimulus to greater, better and quality services because that was what they were expecting saying, "you do not expect one staff to come in the night controlling a Ward.

"This time around, at least, we will be able to have two, three and four staff that will come in night so that, we do not have those lapses on the management of the patients and I think that is a very big stimulus to all the staff for improved services in the system", he enthused.

2022 NMA/AGM: Taraba has only 86 medical doctors

ARABA State has the lowest number of medical practitioners in the country with only 86 general infrastructure. medical practitioners and 37 consultants/specialists.

This was disclosed by Dr. Wanonyi Kwala, during 2022 Annual General Meeting and Scientific Conference in Jalingo.

Kwala who delivered a keynote address titled: Post Graduate Medical Education: The benefits, challenges in Taraba State and the WayForward, noted that poor roads, insecurity, low internally generated revenue, shortage of manpower in the health sector were factors affecting post graduate medical education in the

He said the way to deal with

that was through political will, commitment and improvement of

In his address, the Chairman, Nigeria Medical Association, NMA Taraba State chapter, Dr. Nkantah Edet, said the association had to swing into action to tackle the challenges they met in the State which include: poor remuneration of medical doctors, perenial shortage of medical doctors, lack of houses for most doctors, attacks and kidnapping of doctors, lack of life insurance policies for health personnel and leadership tussle of federal health institutions by other health professionals and poor budgetary provision for health, among others.

He therefore called for access to quality healthcare

for Tarabans, a functional Taraba State Contributory Health Insurance Agency and the domestication of the National Health Insurance Authority, (NHIA) Act in the

The Guest Lecturer at the occasion. Dr. Kenneth while speaking on the sub theme, Involvement of Medical Doctors in Partisan Politics: The Challenges and the Way Forward, charged doctors on political Involvement by identifying with political parties at the grassroots and that they must not leave politics to the unlearned.

Chairman of the occasion, Dr. Philip Duwe warned doctors in the state civil service against hasty involvement in politics but that they must first resign

from service or take a leave of absence in order to get involved in politics and not to be drawn by the allure of

In line with the sub theme of the programme, he admonished medical practitioners to join politics and attempt to gain more knowledge and be strategic in their decisions.

In his remarks, the Taraba State Governor, Arc. Darius Ishaku, represented by Commissioner of Health, Dr Innocent Vakkai, listed the challenges the administration met in the health sector and the successes achieved so far. He however encouraged doctors to join politics in order to influence decisions and policies that would impact on their affairs

SUNDAY FEATURE Avoiding violent election campaigns in Nigeria

The fact remains that competition is healthy because it improves, strengthens, and increases one's chances of success. This is widely acknowledged in business and politics. In the context of Charles Robert Darwin's "survival of the fittest" which contends that competition is not only beneficial but also natural, it carries an air of scientific validity. AUSTYN OGANNAH writes.

OWEVER, as Maxwell A. Cameron, professor at the Centre for the Study of Democratic Institutions, University of British Columbia argues, the tremendous evolutionary advantage that humans have comes from our ability to cooperate, not compete, because competition, by itself, has never been the foundation of a great society.

This train of thought was what occupied my mind recently as I read the series of propaganda and outright falsehood being bandied about by mostly supporters of the presidential candidates of the major political parties: the All Progressives Congress (APC), the Peoples Democratic Party (PDP) and the Labour Party (LP).

The fact that it is the first time we are seeing the emergence of a potent third force in our presidential elections since the return to democratic rule in 1999 has meant a triplication of the usual competitive tendencies of the electioneering campaigns.

More than most countries, the competitive Nigerian election campaigns. experience has given evidence to the claim that "elections are war by other means," an extension of deaths, following the 2015 political mudslinging that cannot the quote of Prussian General Carl elections that brought the but foster virulent outbursts and Philipp Gottfried von Clausewitz (1780-1831), who believed that before then claimed the lives of 58 war is the "continuation of politics" people, at least, killed across the the other side of the divide. by other means" in his seminal work 'On War,' which became a violence between December 2014 standard textbook for the military and February 2015, according to with a popular newspaper leaders of the 19th and early 20th the National Human Rights centuries.

From the election campaigns that followed the return of power outcome in the end, because the presidential candidate with the to civilian control up until this fear of a full-scale war was very historic three-way pre-campaign real, with many families who had became the target of real threats propaganda, the country has witnessed a hotbed of political tensions, unbridled violence and a crossfire, especially after the path down the rabbit hole that is combination of misinformation vitriolic levels of hate campaigns best avoided. and disinformation campaigns to that preceded the polls. Perhaps, sway the voter's thinking one way the acceptance of the election or another in much the same way as military generals do in the war

Obasanjo stated that the election by other means through the that would determine his instrument of campaigns has successor would be a 'do-or-die started. That is why, as I witness affair' in 2007, he was expressing the crudeness of this reality.

PDP retaining power in the 2007 campaigns begin proper next general election and putting every month, I am considering it a duty machinery in government's to sound a strong note of warning. control and beyond, to see that the Our natural tendencies to be party did and it was a success. competitive must be balanced by There was violence and rigging in our collective responsibilities to certain parts of the country as the ensure that the country that we PDP muscled its way to retain call our own before the elections power at all costs.

2011 in the election cycle before been announced and a winner has the general election with Goodluck emerged. The smoke of Jonathan on the PDP ticket and misinformation and both Muhammadu Buhari and disinformation typical to the Nuhu Ribadu representing the propaganda of elections often opposition.

National Electoral Commission potential to bring the house down (INEC), under Attahiru Jega's to ashes if caution is thrown to the leadership, made efforts to winds and our need for peace and introduce reforms, at least 800 coexistence is sacrificed on the people were killed in three days of altar of victory at all costs.



post-election violence, according to the Geneva-based Human who evoked that violence began People of Biafra (IPOB), a with propaganda during the

In addition, even though Nigeria did not record a large number of incumbent to power, the weeks nation during election-related Commission.

This was considered a good avoid being caught up in the results by Jonathan spared further bloodletting.

As we approach another election When former President Olusegun season, this dangerous warring pre-campaign shenanigans begin to sow seeds of division, distrust Obasanjo was insisting on the and even hate before the

If anything, it got even worse in during and after the results have points to the existence of an Despite that the Independent unwatched fire that has the

The attribution of the supporters have taken over official and of one candidate as card-carrying nationalist separatist group aimed at the restoration of the Republic of Biafra via a breakaway from Nigeria, is the exact type of can go off the rails to result in actual violence against those on

There was enough vituperative back and forth going on online, columnist publishing an article that twisted the "Obedient" movement of the Labour Party title 'Obi-tuary" that the author the means relocating abroad to of violence and, at the very extreme, death. And, that is a

> This warning is made more paramount because the main distinction in political propaganda today is not necessarily the content, but the audience that it targets. Political propaganda may now reach more people faster and much more easily than ever, partly due to the Internet and social media, as well as a media industry that is pushed by sensationalist reporting because it is profitable.

As we have experienced recently, some governments that frequently employ propaganda Tinubu (APC) to give Peter Obi seek.

private media outlets, allowing legitimacy. Donald Trump, for instance, disseminated his propaganda via social media and the assistance of a small number of supportive media outlets, such as Fox News. However, the mainstream media did contribute by identifying and disseminating the false information. The act of spreading his messages, regardless of the circumstance, when it is done to elicit criticism.

of propaganda. In the long run,

general voting public.

Facebook that he had asked Bola for the brighter tomorrow we

(LP) a chance, while the APC leader sought treatment for his health, calling the claim "completely false and mischievous, with no iota of truth whatsoever in it." This followed another prominent call out from the eminent Professor Wole Soyinka, who distanced himself from the political leanings of the National Association of Seadogs, popularly known as the Pyrates Confraternity, which he cofounded, and members of whom were seen in a viral video making fun of Tinubu's health.

These are just two examples of a growing wave of propaganda actions that are gaining in spread, but which those who know how they can go off the rails and degenerate into a lawless freefor-all must immediately call out and stand against.

National progress is based on our ability to empathise, solve social problems and make moral decisions.

As humans, we would not have evolved language, tools, art, or Rights Watch. The pontificators members of the Indigenous them to disseminate their even war without our capacity to propaganda through these copy, cooperate, learn from and channels and give it a false air of comprehend one another, if we only competed and waged war. We must learn not to be driven to extremes.

Despite Obasanjo's declaration of the 2007 general election as a do-or-die matter for his candidate and party, neither the retired General himself nor any of the other participants in the extreme verbal political campaigns died. Rather, it was a set of unidentified Nigerians that undoubtedly were promotes their propagation even sacrificed as a result of the tension, bloodshed, and fraud Political propaganda, however, that surrounded the elections. is more than just a means of Those who evoked violence deceiving people. Instilling during the 2011 campaign cycle mistrust by leaving people unsure also are still active in politics and of the facts is a crucial component may be seen on the streets today.

We must not let ourselves this will lead to people completely become victims of this cycle. As tuning out of political we support those whose conversation since it will be too manifestos and policies resonate difficult to choose who to believe. with the type of country we want That was why the Ghanaian to belong to, it is our president's debunking of fake responsibility to practice high news attributed to him and standards of political emanating from the pre- engagements without rancour or campaign disinformation cycle in bitterness, argue policies, debate Nigeria was a warning to standards, disagree on principles everyone: the political parties, and vote on convictions without their fervent supporters and the sowing seeds of division, distrust and hate. We need to remain a President Nana Akufo-Addo country and our coexistence will took to Twitter to officially remove be hinged on how we can his name from claims on navigate the campaigns in peace

"Despite that the Independent National Electoral Commission (INEC), under Attahiru Jega's leadership, made efforts to next year continues to exist introduce reforms, at least 800 people were killed in three days of post-election violence, according to the Geneva-based Human Rights Watch. The pontificators who evoked that violence began with propaganda during the campaigns. In addition, even though Nigeria did not record a large number of deaths, following the 2015 elections that brought the incumbent to power, the weeks before then claimed the lives of 58 people, at least, killed across the nation during election-related violence between December 2014 and February 2015, according to the National Human Rights Commission"

SUNDAY FEATURE

Valueless perception of girls, women: A societal shame

The agitation for the recognition of women and girls in every facet of life seems to be a tedious lifelong journey that requires patience, hard work, commitment, confidence building and getting others involved in actualizing this dream. For this task to be accomplished, however, the young, elderly women and male would have to advocate for women on the need for a more formidable force to create the expected safe space for the voice of women to be heard and be part of decision making processes towards nation building. JENNIFER YARIMA writes.

T'S basically high time for all citizens of this country to jettison this book of lamentation so as to get others involved in changing the myth around women whose primary duty is assumed but to just support the man to blossom. The greater percentage our citizenry today is of the notion that women are scrambling for liberation and representation in decision making at all levels to compete with the men. This is one of the misconceptions which has been deeply rooted as the greatest obstacle towards achieving remarkable success on issues affecting our women folks in particular.

The relevant roles women play as viewed by some people should start and end in the home. Unfortunately, the lots of chores at the home front gives man the right footing in the society which sadly enough emanates from the efforts of the woman at the background. They should only be seen and never be heard because the society feels women have little or nothing of value to offer in the larger

The greatest significance of a woman can best be appreciated if a man has her in his life. Her presence in the family earns the head of the household undeserved respect. Over the years, the women have played supportive roles at home front by handling tougher responsibilities than most men. Every activity seems to revolve around the woman in most, if not,

No wonder she is termed an organizer, and the Holy Bible further buttress, her importance in Proverbs 18.22 which says, "He who finds a wife finds good thing and obtains favour from the Lord".

Women today, because of the little value placed on them, have unfortunately become subject to public ridicule. They are seen as second class citizens.

folk within the family circle to take disrespected wondering whether her they should be talked to in love decisions on what affects the family, presence is actually needed in the family, and the corrective measures rather, her youngest child is expected to matter affects her. This has been the well which is situated outside the tolerated over times because the anomaly compound. After fetching the water, I homes because of the attitudes has its roots from the family. If a mother does not have a voice, who then is her out to buy recharge card in one of the propagated by the elders?

Building the capacity of women to love and equal treatments among children should give room for healthy competition among them irrespective of their sex. Stereotypes should be avoided maturity of the children in the society.

be better tolerated. In their quest to find bothers about their safety.



that the woman does not sit with the male insulted her personality and made her felt upbringing should know that "Recently, my father returned home in the must never be moderate take decision on her behalf even if the evening and met me fetching water from considering their fragility. Many kept his food on the dining table and went of some parents who handle their daughter to challenge such norms, shops around the neighbourhood to call my brother whose call I missed while matter how bad they provoke us. fetching the water. Few minutes It's our duty to bring them up appreciable level must start from homes afterwards, my father called me on phone responsibly or we might lose where basic moral teachings, discipline, and ordered that I should quickly come them because of unguided back home".

The unkind word the father used to rebuke her according to this young lady lady whose name is Faith shocked her to her marrows as he called Gyosmen Ishaya a few days ago, to create safe space for the smooth her names and said he's waiting for her to be pregnant she would see how he will use at a workshop where we were Girls over the years have been subjected his hands to kill her. Provoked by the both participants and took time to all forms of torture and abuse at home utterances of her father, she challenged to share the vision of a campaign and in the wider world. Most young girls, him to take her for virginity test if he is in she is involved. Guess what, because of unfair treatments on them by doubt of her purity and she would let her young ladies have organized their parents and guardians and close mother know what ensued between themselves to demand power, associates, have been forced to leave them. He vowed that if she reports the freedom and representation for their homes in search of where they can matter to her mother, he would kill her girls and young women in a This anonymous lady said she told her succor, they find themselves in wrong father that his approach is never the ideal hands where they are used as sex objects way parents should talk to their children." or sacrificial lamb by unscrupulous He shouted all the more and said parents a nongovernmental organization elements. The better option for some is to $\frac{1}{2}$ who are not hard on their children are the $\frac{1}{2}$ k $\frac{1}{2}$ w $\frac{1}{2}$ a s get married and stay in abused marriages reason why their children have gone INTERNATIONAL. where they are beaten or deprived of wayward like one of your friends whose basic needs by their spouses since no one parents did not handle her well and she became pregnant."

young people have left their children with iron hands. Our children should be our friends no temperament.

Yours sincerely met a young who engaged me in a discussion movement known as "Girls Get Equal" (GGE). It is a global campaign which is an initiative of PLAN

Nigeria has one of the youngest populations in the world with 63 percent (123 million) of people A teenager recently narrated her bitter Every reasonable person who under 24 years old. Around 60

million or 31 percent of young people are between the ages of 0 and 9, with more boys (31 million) than girls (29 million). The primary focus of Plan International Nigeria is committed to supporting ten million girls to learn, lead, decide and thrive by 2023.

It is a known fact that girls want a world they can leave freely without fear of attack, where they are treated with dignity and respect, where they are equally seen, heard and valued. Yet for the vast majority of these girls, this is a distant dream as they live in communities and countries where harmful gender norms and practices hold them back. Every day, the hopes and aspirations of girls the world over are being crushed by violence by violence, poverty and discrimination. Girls Get Equal is not just a platform for females alone, but males who are advocate for women and the girl child are welcomed.

According to the state coordinator, Faith Ishaya, the group is a youth led movement and an avenue for youth actors to influence and lead other youth, girls and young women especially to be influencers in their communities, state and nation at large. "It encourages women to be leaders, decision makers, be bold to speak and partake in nation building initiatives".

Girls get involved campaign was officially launch in Plateau state January, 2022 with the hope of empowering girls to be financially independent, learn, strive and be part of decision making processes in their communities and to speak for themselves. Creating safe space for our girls to be leaders tomorrow is the responsibility of each one. Let's give the girl child same opportunity with the boys because you never can tell exactly where the help would come from.



20 African countries and on each occasion, I have longed to come back home. I have been to only one European country. I was indifferent. I wanted to come home. However, the love for Nigeria has not made me blind in any way. Much as I love Nigeria, I have to tell it like it is. That is tough love. True love is tough love.

Nigerians, we are in the habit of normalizing the abnormal. It starts as a habit and ends up as a lifestyle. For example, long time ago, when advanced fee fraud started, we all thought that it would be a flash in the pan but today, it has been normalized to the point where young men and women consider 419 to be a career path. Today, it is yahoo plus, where ritual murders are committed for money rituals. Young men and women are involved in these for wealth and the parents of some of these young men and women accept the wealth that their children bring home without any questions asked. If they know, they endorse it because their "poverty" has been put to an end. Others use their parents for same and countless have run mad, yet society is beginning to accommodate these types. Add to these, kidnapping of all colorations. This only happens in my country. The end justifies the means. We have come to accept these and leave with them. In essence we have come to normalize this just the way we have normalize corruption and exporting women to Italy for prostitution. That is the society we live in, where the end justifies the means.

I truly wish that this mentality would stop because the end often does not justify the means because there are always colossal damages and losses and people get hurt in the process. An average Nigerian is satisfied with his or herself notwithstanding the consequences, as long as his or her needs are met.

The end justifies the means. The more we continue to accept and practice this mentality, the more it eats into the fabric of our existence as individuals, groups, community and society. The more we are accepting it the more we and other members of society lower the thresholds of conscience and engage in it. In little things and in big things, we say to ourselves that the end justifies the means. However, there is a catch in all of these. There is and African adage that says that one should be careful when throwing stones in the market place because that stone could hit one's own family member who could be in the market place at the time. I could go on and

The matter of normalizing feaces

That is the crux of the matter. Recently, the story was told of Nigerian young ladies who travel to Dubai for prostitution. These young ladies do not only engage in sexual acts with the Arab men but they also engage in bestiality and the ingestion of human feaces. This is the fetish that some Arab men enjoy. To see young Nigerian ladies ingesting their Arab feaces. This young ladies get handsomely paid and some of the Arab men have video-taped this acts and put them on social media for the whole world to see. Some of these young ladies have also confessed to engaging in these acts. Is this normal? No. But because we come from a culture that normalizes the abnormal, because we believe that the end justifies the means, a lot of Nigerian ladies are still travelling to Dubai to ingest Arabian feaces so that they can return home with stupendous wealth.

Nigeria has normalized quick wealth, ill-gotten wealth, stolen wealth, wealth of any kind, wealth by all means as long as we achieve wealth. Some call it survival. Are we the only society that has poverty? No. What we have is a skewed value system that glorifies money and

love my country. I have been to looks upon labour with condescension and this is why we can do anything to make money not minding what the consequences will be. This is what we teach our young by word and by actions.

Nigerians have come to be seen as dubious people globally. In fact, some people refer to Nigeria as the most hated country in the world or the most corrupt country in the world. We keep trying to address this global bad image without getting down to brass tags.

Last week, I was reading the news and I read about how farmers are our agricultural exports in order to now using feaces as fertilizer protect their populace, we start because of how expensive fertilizer talking loud and saying nothing

law to punish him or grants to help him buy fertilizer? Why should I become a constant patient at the hospital because of the food I eat? What stringent measures is the government taking against farmers that use human feaces as fertilizer? Or are we going to normalize this one as well? How much is the Government spending on preventive medicine? Where are our agricultural extension workers and our health inspectors? Does the end justifies the means?

When other countries start banning



Normalizing the abnormal in agriculture



has become. Please, who does this? We are one country that has been preaching diversification of our economy through agriculture and yet our farmers cannot afford fertilizer to the point of garnishing our food with human feaces! What are we doing? I do not even want to know if these feaces are treated or not. What relationship has human feaces with

If this is the Nigeria I know, the press will report this and nothing will be done to stop this. Do we still have health inspectors? Do we still have agricultural extension workers? When we say diversification of the economy through agricultural development, we are talking about farming for exports. If we do not have fertilizer for subsistence farming, is it export farming that we are going to have fertilizer for? It is only when we can export our farm produce that agriculture can be said to be a diversification or a foreign exchange earner. So what are we

Furthermore, using feaces for agriculture is the type of thing that will soon start making other countries reject our agricultural export. As an individual, I find it extremely disgusting. I went to the market this week after a long while and all I could do was stare. My imagination would not let me buy the tomatoes when I saw the green flies on them. Right now, I am going to my friend's farm, Queen Iwang Farms in Abuja, to buy tomatoes, because I am sure that she does not use human feaces as fertilizer. I am also going to start growing my food or buying imported food, Period.

I think of catching one million diseases that one can contact through human feaces in my food. I am not sure that many people have the expertise of washing out germs from vegetables. If they do, I am not sure that they can afford the amount of salt or vinegar involved. Why should I expose myself and my family to germs because one farmer has normalize the use of human feaces for fertilizer and there is no

because they are right. This is how we consistently allow the rot of our bad image to permeate every sphere of our polity, starting with the things that seem small and inconsequential.

I did some research to find out how many diseases could be transmitted through human feaces and the forgoing is for our education. According to Very Well health, disease could be spread through the oral-fecal route. According to this article titled "How Diseases Spread Through the Fecal-Oral Route: Proper handwashing is your best defense (By Charles Daniel Updated on February 23, 2022, Medically reviewed by Jay N. Yepuri, MD, MS):

"There are many microbes that can be passed along through the fecaloral route, including two of the hepatitis viruses, hepatitis A and hepatitis E. The other hepatotropic viruses spread by direct contact with infected blood, such as from sharing used needles, bodily fluid, or through childbirth"

It goes on to add a few diseases that can be spread through the fecaloral route and these include hepatitis A. hepatitis E. cholera, adenovirus, and E. coli. These diseases occur due to the viruses, bacteria, fungi, and parasites that can spread through fecal-oral transmission. The article proposes proper hand washing. These writers are unaware that in one part of the world called Nigeria, feaces is not passively transmitted transmission. If the water is not but actively and calculatively, consciously and deliberately applied to food as fertilizer. Imagine if these writers, people who educate us on global health, know this. Imagine that Nigeria exports food to their countries. Imagine what advise they would give their government on food importation from Nigeria. With the stepping. Since they do not know who does what and who does not or if the sewage is treated or not, they will country to the other while we sit here

in Nigeria, deceiving ourselves that we are diversifying our economy through agriculture. What country is going to import food that has the potential of spreading cholera and hepatitis? What are we so proud of as a nation when we cannot provide basic fertilizer to our farmers? The same farmers we are looking up to, not only to create food security but earn foreign exchange for our country.

I love this country but sometimes I feel like running away as fast as my legs can carry me. Why do we keep doing this to our collective self? The end may justify the means for us but it is appalling for other countries. It is a sickening aberration, a taboo, a stigma. It is nauseating and disgusting. It is taking them back ward in their quest for good health care. I will eat all the GMOs in this world before I put one morsel of food in my mouth that has been fertilized with human feaces because there is no fertilizer. Are the farmers compelled to tell their buyers that what they are selling has been garnished with human feaces and they stand to spend more in the hospital or are we all expected to say as usual, "what is the big deal" and normalize the abnormal?

The Following is an excerpt from drgreene.com. Dr. Alan Greene is a practicing physician, author, national and international TEDx speaker, and global health advocate. He is a graduate of Princeton University and University of California San Francisco:

What is fecal-oral transmission?

Fecal-oral transmission occurs stool of one child (or animal) are swallowed by another child. This is especially common in group-daycare settings, where fecal organisms are commonly found on surfaces and on the hands of providers. Usually, the contamination is invisible.

With some infections, such as rotavirus, only a few viral particles are needed to cause an infection. These can spread directly through a group-care setting quite quickly, often spreading by fomites. Other infections, such as salmonella, require a larger number of organisms to establish an infection. In the absence of visible stool contamination, these infections often travel through infected food or beverages.

the water in the mouth is usually not risk is greatly increased by swallowing.

Many common infections can spread by fecal-oral transmission in at least some cases, including: western world, there is no half- Adenovirus, Campylobacter, Coxsackievirus (hand-foot-mouth disease), Enteroviruses, E. coli infection, Giardia, Hepatitis A virus, but a full ban on Nigerian Agricultural Pinworms, POLIO, Rotavirus Toxoplasmosis

transmission be prevented?

Frequent hand cleansing, including with instant hand sanitizers, is the most significant step to help prevent fecal-oral transmission. Hand cleansing is most important after toileting or diapering and before eating.

Safe and careful food-handling practices are also vital.

Teach children never to swallow water in pools or water-play areas.

In daycare settings, the fewer children in diapers or under age 3, the smaller the risk for fecal-oral transmission of infections. Diaperchanging surfaces should never be close to food-preparation areas and should be sanitized between uses. Soiled diapers need to be properly disposed of.

Using disposable towels and cups reduces the risk for infection. Cleaning or disinfecting commonly, infected surfaces (doorknobs, faucet handles, shared toys, sleep mats) can also help.

HEPATITIS

Hepatitis is an illness of the liver. It can have many causes. The alphabet soup of hepatitis can be confusing for parents. Hepatitis A, B, C, D, E and G are all different viruses. They differ in their symptoms and in the way they are spread. In the United States, hepatitis A is one of the most commonly occurring of the vaccinepreventable diseases. It is even more common in developing countries.

What is it?

Of all the viruses that can cause infectious hepatitis, hepatitis A is one of the most important. It is the most common and the easiest to catch. (Other viruses include when bacteria or viruses found in the adenoviruses, arboviruses, CMV, enteroviruses, Epstein-Barr virus, herpes simplex, HIV, parvovirus, rubella, varicella, and the hepatitis viruses themselves.) The hepatitis A virus is one of the enteroviruses (enterovirus 72).

Who gets it?

Anyone can get hepatitis A. In the United States it is most common in school-age children. Those that are most likely to get it are those who have close personal contact with someone with hepatitis A, those who swallow the virus in infected food or water, those who are part of an outbreak (such as in a day care center), or those who travel internationally.

What are the symptoms?

The classic symptoms are jaundice (yellow skin and eyes), fever, Swimming pools and water parks fatigue, nausea, and loss of appetite. can also be locations of fecal-oral It is important to note that most young children with hepatitis do not visibly contaminated and is have jaundice. In fact, most have no adequately chlorinated, just getting symptoms at all - but they can still spread the disease. Also, hepatitis A enough to cause an infection; the can cause other symptoms, such as vomiting, diarrhea, constipation, or tummy aches.

Is it contagious?

Yes. It is spread when the virus (usually in stool or on hands, food, or water contaminated by stool) gets in the mouth and is swallowed. People who are sick are most contagious for the weeks before they develop symptoms. By the time they have been jaundiced for about a week, import. This will happen from one Salmonella, Shigella, Tapeworms, they are usually no longer contagious.

not just occur randomly but they have an origin or a source; they come from somewhere. Many have thought that they cannot case.

e usually make this analogy, that just as you cannot stop but can stop them from landing something about your mental comes into your mind to remain and making a nest on it, so also you may not be able to stop thoughts from coming into your mind but you can decide which thoughts remain there. This is where the real authority is and this area of authority is the one that is most advantageous for you.

If a thought comes into your mind which is not producing peace in your heart, or joy in your life, or confidence concerning God's ability to take care of you; to preserve, protect and fight for you; know that you have the right to eject that thought. Just as you have the right to tell someone you do not want in your house to leave, you can tell those thoughts to leave vour mind also.

Thoughts do not have to remain in your mind if you do not want them there. Now some people have not understood this and it has made them powerless. They think, "oh, the thought is in my mind and there is nothing I can do about it". No, you can do something about it. You can choose not to be afraid. environment. If you cannot do there. any imagination or any something about your mental suggestion that is attempting to environment. circumstance.

time), observation (what you for anything else.

associations, your observations, traditions of men. your environment and the If you can handle the ings you expose yourself John 17:17 says, Sanctify them solely on your own choice and through thy truth: Thy Word is nothing else, then you can

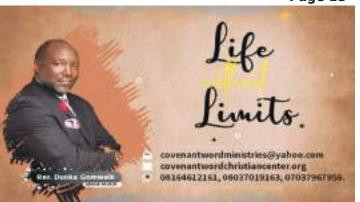
understand that it is a you control your internal combination of these things (the environment - the environment associations, the kind of of your mind and heart; where company you keep, your you live life essentially, you environment, the teachings you begin to attract the right things are exposed to and what you into your life. influences the thoughts you your mind and your heart and

OW it is important for us think. You must make sure you you can determine what to know more about our bring these four areas into eventually will be the outcome thoughts. Thoughts do agreement with the Word of of your life. This is what we call

Now, of these areas, let me The word of God, in Matthew

the inside out philosophy of life.

highlight associations and 12:34, teaches that, out of the teachings because some people abundance of the heart, the do anything about the thoughts may argue that they are unable mouth speaketh, and Proverbs they think about. This is not the to do anything about the 23:7 says, for as he thinketh in neighbourhood they live in or his heart, so is he... You can do their environment. I want you to something about your thought know that even if this is the life; you are not helpless. You birds from flying over your head case, yet you can still do can refuse a fearful thought that



Fear not, trust God (21)



You can choose to refuse to something about your physical

sell the lie to you that nothing Your mental environment is can be done about your controlled by the associations and teachings you expose Refuse any thought suggesting yourself to. Firstly, The to you that God is not able to strongest influences in your life, protect you, provide for you or your inner circle, the people you to allow that thought to become mind begin to change, faith preserve you and the lives of consider your closest friends, a permanent resident in your begins to come into your heart your loved ones in any situation must be people of faith. They mind. You may not be able to and faith is released out of your or circumstance you may find must be people you can draw from and encourage yourself Thus, thoughts are not just with. They must be people who thoughts. They have origin are not negative, people who What is the origin of thoughts? have exalted the Word of God in Thoughts are as a result of their lives. Your inner circle must association (people whose consist of people who have more Jesus, I refuse to think that His power to do whatever is company you stay in most of the respect for the Word of God than thought. My mind is my mind required and necessary to give

observe all the time) and Secondly, the teachings you teachings (the teachings you are are exposed to must be Word of God. You can choose to God is able to provide for you teachings that exalt the truth of begin to rehearse and speak abundantly. God is able to the environment you find of God the final authority. displace thoughts that you do you. He is able to defend you yourself. If you want to change Teachings that put the word of not like out of your mind. You against anything that can the kind of thoughts that God and what it says ahead of can choose to say, even though I threaten your security. If you dominate your life, you must man's experiences, the may not know how I am going to will learn to trust God's word, make sure that you bring your philosophies of men and the come out of this situation, I

associations of your life and the to, to agree with the word of teachings you expose yourself God, which is truth. Jesus, in to, two things that are based control your internal It is very important for us to environment. I tell you, when

constantly observe), that You handle the environment of

saying this - you do not have to Hallelujah!

that is not consistent with the favourable outcome.

accept any thought, any idea, environment, you can do principle of taking thought for me, defend me, I believe my Now the Bible teaches the preserve me, that he will provide captive. Let me conclude by God will take care of me.

be captive to any thought in As you think and speak God's your mind. If an unfavourable Word out loud, it creates a thought comes into your mind, different environment in your you can decide to disconnect mind and in your heart. As the from it. You can decide to refuse environment of your heart and stop its entry into your mind but mouth as you speak God's Word. you can facilitate its exit. You As you begin to speak God's can use the name of Jesus. It is Word, you literarily give Him available to you as a child of authority and authorize Him to function and to pour out His You can say in the name of blessings in your life and to use protect you. Give Him the and I refuse to think any thought you a testimony and a

Give God the opportunity to t h e d o impossible in your life today. Give God the opportunity to protect you. Give Him the opportunity to preserve you. Give Him the opportunity to manifest His provisions your life today.

believe that my God will you will see God doing amazing miracles in your life. If you will learn to trust God's word and to speak it out of your mouth and refuse thoughts of fear, you will begin to give God permission to start operating in the natural circumstances of your life.

God will start doing things that you never knew how to do. God will start bringing things to pass that your own natural expertise, resources or connections can ever bring to pass in your own

Give God the opportunity to do the impossible in your life today. Give God the opportunity to opportunity to preserve you. Give Him the opportunity to manifest His great provisions in your life today.

I bless you in the name of the Lord Jesus Christ. I bless you Thoughts are also a result of God's Word; that make the Word God's Word. This is how you preserve you, to take care of God. I declare that as you have environment you find of God, the final authority. God. I declare that as you receive grace to act upon these words, God will be a mighty defense and a mighty deliverer for you in the name of Jesus.

> "If you can handle the associations of your life and the teachings you expose yourself to, two things that are based solely on your own choice and nothing else, then you can control your internal environment. I tell you, when you control your internal environment - the environment of your mind and heart; where you live life essentially, you begin to attract the right things into your life."

ONTERNATIONAL

Palestinian rights groups' offices INDIA'S decision to allow voting rights to any Indian raided by Israeli troops

SRAELI troops have sealed the offices of several Palestinian human rights and aid organisations, after saying last year it would designate them as terrorist organisations.

Soldiers raided the offices in the occupied West Bank at dawn, taking away paperwork and welding shut front doors.

Israeli authorities allege the groups are a front for a militant faction.

The claim is rejected by the groups themselves and has been dismissed by European donor countries.

The human rights group al-Hag said soldiers entered the city of Ramallah at about 03:00 (0000 GMT) to raid its office, along with those of Addameer, the Bisan Center for Research & Development, Defence for Children International-Palestine, the Union of Agricultural Workers Committees (UAWC) and the Union of Palestinian Women's Committees (UPWC).

After confiscating various items, the troops welded a reinforced iron door to the outside of al-Haq's office to prevent re-entry and attached a copy of a military order warning those administering the organisation that it had to shut down immediately, the group added.

In October, Israel designated six Palestinian rights organisations as terrorist groups, saying they were diverting funds to an outlawed militant faction, the Popular Front for the Liberation of Palestine (PFLP), which has carried out deadly

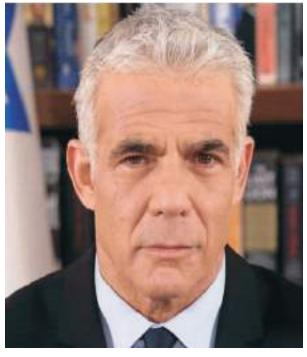
"The organisations operate under the guise of performing humanitarian activities to further the goals of the PFLP terrorist organisation, to strengthen the organisation and to recruit operatives," Israeli Defence Minister

Italy and Austria, and on the

wrecked campsites on the

French island of Corsica.

three children.



Israel offered no documentary evidence for the claim - telling the BBC at the time its evidence was classified.

The groups see the raids as an attempt to silence them as some back international attempts to prosecute Israel for possible war crimes.

'They committed war atrocity actions against us to silence us," ShawanJabarin, the general director of al-Haq, said in a video posted on Twitter. "We will continue our work. We will not stop. Working in human rights is not a job."

Nine European Union states, including France and Germany, have said they will keep funding the organisations as Israel has not proved its claims.

The UK has also expressed concern at the terrorism designations.

"The evidence which forms the basis for this decision is a

matter for the government of Israel. The UK maintains its own criteria for designation," a Foreign Office spokesperson

The BBC understands British officials in Tel Aviv have raised concerns with the Israeli government and made clear their support for rights groups in the occupied territories.

Meanwhile, a 20-year-old Palestinian man was shot city of Nablus before dawn on Thursday, Palestinian health officials said, as violence intensified in the West Bank.

a gunfight as soldiers escorted worshippers to a Joseph's Tomb.The desire to tackle corruption and chaebol influence remains, experts say. But it is mingled with fear and concerns over a looming over Samsung representing Korea on the world stage.

citizen living temporarily in Indian-administered Kashmir has again ignited anger and fears of an attempt by the Hindu nationalist government to change the demography of its only Muslim-majority reaion.

The move, announced on Wednesday by the federally controlled territory's top electoral officer, is expected to add about 2.5 million more voters on top of the 7.6 million existing voters - a whopping 30 percent increase.

It was only the beginning of series of laws and government moves that residents say aim to crush a popular movement for either an independent state or a merger with Pakistan. Kashmiris say the scrapping of Article 370 and subsequent legal moves are aimed at changing the region's demography.

In the years since, the Indian government has introduced a controversial domicile law that grants citizenship rights to every Indian living in the region for more than 15 years. New laws making every Indian citizen eligible to buy land in the region were also passed.

Kumar on Wednesday said there is no need for an Indian citizen to have a domicile certificate or to be a permanent resident to get enlisted as a voter in Indianadministered Kashmir.

"Any employee, a student, a dead by Israeli troops in the labourer, or anyone else ordinarily residing in Jammu and Kashmir can become a voter now," he said.

According to the 2011 He was reportedly hit during census, of the 12.5 million total population in Indianadministered Kashmir, Jewish shrine known as Muslims comprise 68.31 percent and Hindus 28.43

Uproar in Kashmir for voting rights to non-locals

percent. More than seven million of these residents live in the valley, 97 percent of them Muslims.

Kashmiri politicians and India's opposition parties have condemned the government's new election

Mehbooba Mufti, the former chief minister of Indianadministered Kashmir, described the move as the "last nail in the coffin of electoral democracy" in the

"They (government) want to fraudulently bring 2.5 million voters and install some fascist rulers. They want to make demographic changes," Mufti said.

The 63-year-old politician said the ruling Bharatiya Janata Party (BJP) government wanted to implement a "Nazi Germany or Israel policy" in Kashmir.

"Hitler inflicted extreme sufferings on Jews but he could not erase the Jews and the same is with Israel. No matter how much they suppress the Palestinians, they cannot erase them or

their resolve. The BJP's evil designs would not succeed," Mufti said.

Mufti's coalition government with the BJP fell in 2018. Since then, Indian-administered Kashmir is without an elected government and is being ruled directly by New Delhi through a handpicked administrator.

Omar Abdullah, another former chief minister of the region, accused the BJP of importing voters to win seats.

"Is the BJP so insecure about support from genuine voters of (Jammu and Kashmir) that it needs to import temporary voters to win seats? None of these things will help the BJP when the people of J&K are given a chance to exercise their franchise," he tweeted.

Some experts described the government's decision to add outsiders to the voting list in the region as the BJP's "final solution in the Kashmir dispute".

India's defence minister Rajnath Singh had said in July 2019 – days before Article 370 was scrapped – that "the final resolution of Kashmir" was on the cards and "no power on Earth can stop it".



Until August 5, 2019, voting rights in Indian Kashmir were restricted to its permanent residents

Sierra Leone protests caught police unawares

SIERRA Leone's President Julius Maada Bio says recession - and residual pride the nature of last week's protests against his government caught the

police force by surprise. The protests resulted in 25 deaths including five police with the police force. But we

officers.

know the nature of the "We have had challenges protests definitely took them by surprise," he said.

and Italy

and further north in Liguria were damaged by the storms. Tuscan regional leader Eugenio Giani posted a video of a ferris wheel spinning out

of control in high winds at

Seaside resorts in Tuscany

Piombino. But in southern Italy, the heatwave continued, with temperatures of up to 40C

recorded in Sicily. Mediterranean Sea in Algeria, unravel the truth. <u>at least 38 people have died in</u> forest fires.

seen weeks of exceptionally hot and dry weather.

Extreme weather events, including both heatwaves and storms, have become more intense and more frequent in recent years because of human-induced climate change.

The world has already warmed by about 1.1C since the industrial era began and temperatures will keep rising unless governments around the world make steep cuts to emissions.

to come out, but we did not have an identifiable group or person leading them," he added. President Bio again blamed

"We all knew they wanted

- President

the opposition for trying to topple his government, an accusation the opposition All People's Congress party has denied. He said a forensic and

independent investigation And across the was being conducted to

"It's a forensic investigation. There are Many parts of Europe have footprints, there are people who incited, who called on the people to go out to kill. There were people inciting the military and telling them to come to State House," he

President Bio also defended a reshuffle in the military leadership following the protests, and denied threats of a military takeover.

"Heads of security institutions can be removed for different reasons. It's my right when I think its right."

Children among dead in France, Austria OWERFUL storms have The storms follow weeks of roof of a beach hut. battered areas of central heatwave and drought across

and southern Europe, killing much of the continent. at least 12 people including In Corsica, winds gusting up to 224 km/h (140mph) The deaths, most from uprooted trees and damaged falling trees, were reported in mobile homes.

Authorities there said a 13vear-old girl was killed by a Heavy rain and winds falling tree on a campsite.

A 46-year-old man died in a island, while in Venice, Italy, similar incident and a woman masonry was blown off the in her 70s was killed when her belltower of St Mark's Basilica. car was hit by the detached

Holidaymakers pack what is left of their destroyed tents, items at the Sagone camping site in Corsica

Two other people, a fisherman, 62, and a female kayaker, 60, died out at sea.

Interior Minister GéraldDarmanin, who arrived in Corsica on Thursday, said 20 people had been injured four of them seriously.

evacuated from several campsites on Thursday evening and sheltered in public buildings, ahead of more expected damage. But result of a falling tree. authorities said on Friday morning that the night had passed without any major

Extreme storms have become more frequent recently because of climate change.

Witnesses to the storms said they had been completely unexpected and no warning was given.

"We have never seen such huge storms as this, you would think it was a tropical storm," restaurant owner Cedric Boell told Reuters news

On the French mainland,

some southern areas were hit by power cuts and streets were flooded in the country's second city, Marseille.

Heavy rain and mudslides have devastated parts of Carinthia, Austria

In Austria two girls aged four and eight were killed by a Almost 13,000 people were falling tree near a lake in Carinthia. Later, three women were

> reported to have died in Lower Austria province, also as a Officials said 13 people had

> been injured, including five children. Hannes Primus, mayor of

the Wolfsberg district where

the two girls were killed, said the area has been left looking like a battlefield". Meanwhile in Italy, a man and a woman were killed by

falling trees in separate incidents in the region of Tuscany. High winds swept through

Venice, blowing café umbrellas across St Mark's Square and dislodging brickwork from the cathedral belltower.

ONTERNATIONAL

China inducing rainfall to combat severe drought

CHINESE authorities are attempting to induce rainfall in parts of central and southwest China amid a severe drought and recordbreaking heatwave.

HE Yangtze River - Asia's longest waterway - is now at record low levels. In some stretches, there has been less than half the usual rainfall.

Hydropower reservoirs are currently down by as much as half, officials say.

At the same time, a surge in demand for air conditioning has put power companies under extreme pressure.

The two-month-long heatwave is the longest on record in China, the National Climate Centre said.

Provinces around the droughtstricken Yangtze river have turned to cloud seeding operations to combat the lack of rain, with Hubei and a number of other provinces launching rockets carrying chemicals into the sky, according to local media.

But a lack of cloud cover has stalled efforts in some areas seeking to do the same.

Meanwhile, temperatures across Sichuan and neighbouring provinces have exceeded 40C (104 F).

As a result, government offices in Sichuan were asked to keep air conditioning levels at no lower than 26C (79 F), according to the Sichuan Daily quoted by Reuters news agency. Workers have also been asked to use staircases rather than lifts where possible.

Millions of residents have also been hit with black outs in the province.

In the city of Dazhou, home to some 5.4 million people, blackouts are lasting up to three hours, local media report.

have been forced to cut production or halt work as part of emergency measures to redirect power supplies to households.

Hydropower reservoirs - of which there are many in the region - are currently down by as much as half, officials added.

Europe is experiencing record temperatures and this extreme heat is going to become more and more common around the world.

Heatwaves have become more frequent, more intense, and last longer because of human-induced climate change.

Without action to reduce greenhouse gas emissions, temperatures will continue to rise.

While world governments have made promises to cut emissions and tackle climate change, they are also taking more immediate actions to deal with rising temperatures.

Here are some of the ways places around the world are responding and preparing for extreme heat...



They say factories in the province Authorities in Hubei carry out cloud seeding operations in Hubei province on 16 August

the slopes with large blankets that reflect sunlight.

every year since 2009.

Glaciologists - scientists who study glaciers - say the blankets reduce ice melting by between 50 and 70 per

They are made of a heavy-duty fleece material which insulates the ice and reflects back sunlight.

However, because these huge blankets are made from synthetic material, the practice has been criticised by some people because when they decompose, plastic can pollute waterways and the local environment.

Painting a roof white can reflect sunlight and reduce the temperature inside.

In Ahmedabad City in western

Each year, the authorities in India, where summer temperatures Switzerland and the European Alps can reach as high as 50C, more than try to prevent the glaciers on the 3,000 rooftops were painted with mountains from melting, by covering white lime and a special reflective

A 2019 study from Oxford The white UV-resistant blankets University looked at heatwaves in the have been put in position by locals city of Birmingham and found cool roofs across the city could reduce peak temperatures by up to 3C during a heatwave.

Many cities in the US have applied the same science to their pavements by painting them white in an attempt to cool them down.

But some experts have warned painting roofs white could have the opposite effect in winter where a reflective roof might mean the need for more heating.

Cities can often be a lot hotter than the countryside.

There's a reason for this. Built-up urban areas with tall buildings which are close together make more heat which is then trapped to created a localised warming - an effect named the 'Urban Heat Island'.

One way to deal with this, and tackle climate change, is to plant trees. Finding a tree to stand under in the

heat is a welcome relief but they help cool the environment as well. Trees, in particular ones with broad,

light-reflecting leaves and large canopies, can lower the temperature of buildings and pavements with their

They can also release a water vapour, known as 'evapotranspiration'.

When the sun's rays hit the tree, it causes water to evaporate from the leaves. This cools them down and reduces the amount of energy left to warm the air. Pretty cool!

Instead of a white roof, how about a green one?

Toronto was the first city in North America to pass a green roof law. From 2019, new buildings of a certain size must have roofs covered in plants.

Paris in France recently bought in the same law for commercial buildings.

Paris is also finding other ways to make the city greener. Anyone can apply for a permit to start a garden over the summer and the Ministry anywhere at all in the city, so residents can plant on pavements and small warned that safe operations would areas of public land.

In Singapore, meanwhile, planted In July, Shanghai's temperature balconies, shaded sky gardens and hit a sweltering 40.9C, equalling vertical green walls are all used to its hottest day since recor reduce temperatures and combat in 1873, hitting this mark the first

When it's hot, many of us just want to reports. cool down in a paddling pool, a shower or the sea - any sort of water really.

Well that's the same with cities. Open water can decrease the air temperature by evaporation and absorption of heat.

And water that is moving does this better than water that is standing still. Places that covered up their rivers,

now planning to uncover them.

And, there are more direct ways around the world make steep cuts water can be used to cool people - in to emissions. Chongqing, China the city has used

water misters at bus stops.

These spray clouds of water that cool the air as well as waiting passengers!

Parts of China are set to experience searing temperatures over the next ten days as a heatwave takes hold.

In some provinces, authorities are predicting levels to rise to at least 40C and the national government has warned that forest fires could occur.

Mercury levels will start spiking on Saturday - "Big Heat" day in the traditional Chinese calendar.

In Zhejiang, in the south-east, some cities are issuing red alerts, the highest warning.

The province normally experiences temperatures in the high 20s in July but this year local authorities are warning of 40C in the next 24 hours.

To deal with the hot spells many in China turn to air conditioning in their homes, offices and factories however it could cause trouble for the national power grid.

Demand could reach a new high of Emergency Management has face "severe tests".

time in 2017, Reuters news agency

The city had to issue its third extreme heat warning of the summer

Heatwaves have become more frequent globally, more intense, and last longer because of humaninduced climate change.

The world has already warmed by about 1.1C since the industrial like Paris and Seoul in South Korea, are era began and temperatures will keep rising unless governments

Source: BBC News

"A 2019 study from Oxford University looked at heatwaves in the city of Birmingham and found cool roofs across the city could reduce temperatures by up to 3C during a heatwave. Many cities in the US have applied the same science to their pavements by painting them white in an attempt to cool them down. But some experts have warned painting roofs white could have the opposite effect in winter where a reflective roof might mean the need for more heating. Cities can often be a lot hotter than the countryside."









Mandy Moore: Unlocking her path



ANDY Moore is ready for new roads. For the famed artist who rose to popularity in the late '90s at 15 years old with the bubblegum hit "Candy," music has long been the key that unlocks the best sides of her life. Moore, who has enjoyed a parallel career in acting throughout her professional days, crescen-doing in her role on the immensely beloved television show This Is Us, has benefited from the confluence of her two careers and found ways to appreciate them individually.

Now, though, Moore is set to embark on the newest chapter. With her time taping This Is Us

now behind her, she is set to hit the road and tour this summer on the back of her latest LP, In Real Life, which dropped on May 13. For someone who has been in the public eye over varying stages in her career, to be on the highway and supported by her family (and accomplished musician husband, Taylor Goldsmith) is the cherry on the sundae of the past few decades.

"I'm ending this really big chapter of my life with This Is Us," Moore says of the show which aired its final season this year. "That is very bittersweet, and I don't know what I'm going to do next in terms of acting. In the meantime, I'm going to go on the road, and I get to be with my family, my husband. I'm open and excited."

While her fellow cast members are looking for their next television show or film, Moore wants to find the stage again. It was her first love, and now she will thrive on it, renewed.

Moore didn't grow up in a musical household, but her parents—her airline pilot dad and stay-at-home mom—supported her remarkable drive. As a kid, Moore loved musical theater. She would hunt through newspapers in Orlando, Florida, where she looked for gigs. She'd call a local hotline that listed them, too. She took music and drama classes in high school. She was all in.

"I just felt compelled," she says. "There was no replacing that adrenaline rush and feeling of being on stage and challenging yourself in that way. It was electric."

Back then, Moore had no hang-ups when it came to being in the studio or on stage. She was young and ready. And while she looks back on those days with a bit of embarrassment regarding some song or fashion choices, she knows it was what helped get her foot in the door and embark on a lifelong career. Since then, she says, she's gotten wiser.

"It's strange," says Moore. "It almost feels

Continued on page 26



Nigerian actresses with highest net worth

These talented celebrities have many followers on social media. In addition, some of these Nigerian female actors have increased their net worth through business endeavours and endorsement deals. Here is a list of these actresses' with their net worth.

Genevieve Nnaji - \$10 million

Who is the richest female actress in Nigeria in 2021? Genevieve Nnaji tops the list of the richest actress with a net worth of \$10 million. Nnaji is a talented actress who has starred in many movies. Besides acting, she is also a producer. In 2019, she produced Lionheart, the first Netflix original film produced in Nigeria. The talented actress is



also the owner of the St Genevieve clothing line. She has sponsorship deals with Etisalat, Amstel, Malta, and Jumia, among others.

Ibinabo Fiberesima - \$8 million



Ibinabo Fiberesima, one of the wealthiest Nollywood actresses, was born in Port Harcourt on January 13, 1970. Fiberesima debuted as an actress in the film Most Wanted in 1998. Read also Most beautiful Hausa actresses in Kannywood She was the winner of the Miss Wonderland pageant in 1999 and the first runner-up in the Miss NUGA competition at the University of Calabar. In 2014, the actress

married her college sweetheart, Uche Benjamin Ugbuka. Her net worth is \$8 million as of 2021.

Funke Akindele - \$7.6 million

Funke Akindele is one of the most influential Nollywood stars, having a large fan base on Instagram. Akindele's performance has earned her both national and continental recognition. With a net worth of \$7.6 million, she is one of the top three richest Nigerian celebrities.



Omotola Jalade Ekeinde - \$7.2 million



Omotola Jalade is one of Nigeria's most influential actresses. The majority of her fans refer to her as Omosexy. Since joining Nollywood in 1995, she has starred in over 250 films. In addition to acting, the Nigerian actress is a well-known musician and activist. Time Magazine named her one of the top 100 influential persons in the world in 2013.

Her net worth is estimated to be \$7.2 million.

Rita Dominic - \$6 million

The Nollywood actress was born in Mbaise, Imo State, on July 12, 1975. Rita Dominic has received numerous notable cinema awards, including the Africa Movie Academy Award. In addition, she is a co-founder of The Audrey Silva Company (TASC). Rita's net worth is estimated to be \$6 million.



Continued on page 26



Relationship

Starting a new life after divorce

ORRIED about what life will be like after your divorce? After staying awake night after night, thinking, contemplating and sometimes even getting panic attacks, you have finally made the decision to file for a divorce. Still, you can't help but be worried about what your new life after divorce will be like.

However, getting cold feet at the thought of not being able to be with the man or woman you wed, is natural. After all, you committed to a life together and not a relationship with an expiry date. Thinking about a new life after divorce can be terrifying.

Yes, there are reasons you should stay and work on your marriage. But, there are also benefits to pulling the trigger and moving forward with divorce.

Make Yourself a Priority

After having spent time with someone you love and making him or her the center of your world, it is time to change the rules. Start by giving yourself the attention, care and love you deserve. top worrying about what their new life after divorce will be like and start reexamining your life.

Start doing the things you once enjoyed doing but couldn't because of your obligations after marriage.

Also, make it a habit to pamper yourself. Go for retail or beauty therapy, a spa treatment or a long drive, whatever makes you happy. Haven't gone to a movie alone or eaten at a restaurant by yourself? Well, do it now.

It's important to start enjoying your company and start living life your way, with no



conditions. Prioritize yourself. **Learn to Let Go**

"The truth is, unless you let go, unless you forgive yourself, unless you forgive the situation, unless you realize that the situation is over, you cannot move forward."

Holding on will only hurt you more. However, it is absolutely fine to give yourself some time to let go.

But, keep reminding yourself that your marriage is over and for a reason.

Therefore, let this process be natural and if you occasionally remember the good memories you had with your ex, don't be hard on yourself, it's normal. Nevertheless, if you feel the need for help letting go getting



in touch with Worsley Centre for Psychotherapy and Counselling that provides high quality therapeutic and professional psycho-therapeutic services is someone you should reach out to.

Reconnect with Old Friends

It's normal to have friends in common with your spouse.

However, after divorce, like a lot of things, friends get divided too.

They tend to choose one of the two and rarely stay in touch with both partners. So, losing friends in a situation like this is normal, and it has nothing to do with you as a person. It is a choice they make so worrying about it will only lead to pain.

But, what you can do is connect with old friends that you lost touch with.

It might seem like a task but a simple message or a call can reconnect you with your old buddies.

And don't forget, you need to build your social circle so it is worth the effort.

Learn to Manage Your Own

Finances

Understanding finances and investments may not be your responsibility when you were married, but, after the split, it is.

So, start managing your financial life and make a list of your income, expenditure, expenses and assets and liabilities.

This will help you keep tabs on your incoming versus outgoing flow of money and thus plan your monthly budget.

However, if you are not working, then look at going back to your career or find a career that interests you.

This will not only give you financial stability but will also keep you engaged.

Take A Break and Travel

Going through a separation isn't easy and getting used to your new life after divorce can be fairly tough. To come out of this emotional mayhem take a short break and travel.

It could be to a place you always wished to visit but couldn't till now or even a nearby resort.

You can plan a trip with close friends or look at tour groups for single people and book yourself for an adventure.

A trip by yourself or alone with your children might sound scary but it is a great way to gain retrospection your life and realize that you are stronger than you expected.

Always remember you survived a situation you thought you couldn't and are now even considering traveling with a group of strangers or alone.

Give Romance a Second Chance with Online Dating

If you have recently been divorced, then the thought of dating may seem bizarre.

But, it there is no harm in using online dating sites to connect with others and possibly find a new relationship.

However, remember two important things about dating after divorce:

Do compare others to your ex.

Be cautious and don't invest to much time and energy into someone until you know them well.

If you thought your new life after divorce would be tough, then try these 6 easy to do things to kickstart it. And don't forget that it's all about you, so make some rules and break some rules, but give love the second chance it deserves with open arms.

Ann Heathcote



Health

Get rid of irritability through natural remedies

"IRRITABILITY." Not quite the towering, world-ending fury of full-on rage, irritability in perimenopause and menopause is still a very real, very important problem.

What causes the feeling of irritation?

Fluctuations in estrogen levels may directly cause irritability. Menopause can cause moodswings because estrogen affects production of serotonin, norepinephrine, and dopamine, our feel-good hormones, so when estrogen levels decline, so do the happy hormones.

Hormonal changes also indirectly cause irritability by impacting sleep with menopause nightsweats or hot flashes, taking a toll on our sex lives, causing us to have more headaches, and generally setting us up to feel less than our happy, vibrant selves some days.

What can we do to feel less irritated?*

While the source of our irritations may be at least partially out of our control (teens will be teens and hormones will be hormones), we can take steps to manage our reactions to triggers better.

One: Nature provides a lot of herbal remedies for irritation, chamomile, peppermint, hops, St. John's Wort, and lavender all can help us handle stress more calmly. Valerian root, has sedative qualities, so it not

only calms but may help you sleep.

Two: We suggest replacing caffeine, which can make

you jittery and prone to irritation, with matcha tea. It is definitely one of the foods to avoid during menopause.

Three: Adding the essential oil clary sage to your managing-menopause tool kit. It decreases the stress hormone.

Four: Vitamin D is a natural mood-lifter, not least because one good way to get it is to step out into the sunshine. It helps bones and brains, too, so make sure you're getting enough. Vitamin D can be hard to get in winter, so fortified foods, salmon, and sardines are good complements.

Five: Acupuncture relieves feelings of stress for many, and since it can also minimize pain and aid in sleep, it can attack irritability from several directions.

Six: Focusing on breath and body in yoga helps many women gain control of their

irritation. Some poses are said to be particularly powerful for channeling anger out of the body and spirit.

Seven: Sugar in particular can destabilize mood, so cutting waaaaaay back on sweets can be a huge boost to your natural chill. Also, stay hydrated. It's easier to deal with life's little annoyances when we're not constipated and we're free from dehydration headaches.

BONUS: Experience more pleasure, pleasure can be hard to attain when we live in a culture that rewards over-productivity. If you are living a life that is leaving you depleted and burned out, you will certainly be irritated. When a woman is stressed, her body begins to produce the stress hormone cortisol. If a woman has too much cortisol in her bloodstream,

she is guaranteed to experience irritability, depression, and anxiety. Which all leads to inflammation in the body and then to disease."

One answer? Orgasm:
"When a woman experiences pleasure through orgasm, it stimulates those 8,000 nerve endings completely dedicated to pleasure and creativity." Orgasms are great, but anything that brings you pleasure will work.

Other pleasurable activities can be sitting by the water, or dancing wildly after a shower to your favorite music. These pleasurable activities flood the body with nitric oxide which boosts endorphins, which in turn will minimize irritability and inflammation.

S o u r c e : Medicalnews.com.



Reality Bites with Palang Kasmi peekembo@yahoo.com 08036417305, 08095322786

Interesting facts about lefties you should know

N the past, most Nigerian cultures saw it as a taboo to be left-handed.

As such left-handed people were beaten and forced to use their right hand to write, eat, or do things. Many left-handed people in the Nigerian society faced a lot of chastisement but today, with a lot of awareness and sensitisation, the story is different and they are allowed to strive and flourish without attributing it to a negative ill.

International Left-Handers Day is celebrated on August 13th every year. Amitabh Bachchan, Bill Gates, Rajnikanth, Sachin Tendulkar, and Ratan Tata are all lefthanders. The day was established by Dean R. Campbell in 1976 to bring awareness to the challenges lefties face on a daily basis. Almost 10-12 per cent of the population are left-handers.

August 13 marks a special day for all left-handers as it is a day observed to raise awareness of the struggles left-handed people face when attempting to live in a right-handed world.

Many international celebrities are left handed. Interestingly, celebrated Tennis player Rafael Nadal is actually right-handed but learned to play with the left hand for an advantage in the game! Other great personalities like Angelina Jolie, David Bowie, Mother Theresa, Celine Dion, Julius Ceaser, Annie Lennox, Judy Garland, Spike Lee, Aristotle, Helen Keller, Charlie Chaplin, Julia Roberts, Jimi Hendrix, Bill Gates, Lady Gaga, Keanu Reeves, Prince William, the Queen Mother, Queen Elizabeth II, Prince Charles, Prince George, US former President Barrack Obama, Paul McCartney, Leonardo da Vinci, World great Astronaut Neil Amstrong, actor Morgan Freeman. Nigerian celebrities like.

Desmond Elliot, Funke Akindele-Bello, Segun Arinze, among many others are lefthanded.

- According bestlifeonline.com, here are some interesting facts about left-handers you should know:
- 1. Almost 10-12 per cent of the population consists of lefthanders.
- 2. A study published in the academic book "Cerebral Dominance: The Biological Foundations" revealed that lefthanded people had an 11-fold higher risk of allergies than right-handed people.
- 3. According to a 2007 study -"Effect of Handedness on Intelligence Level of Students," lefties are more likely to have higher IQs than rightists.
- 4. 23% more men are lefthanded than women, according to the 2008 study "Sex differences in left-handedness: a meta-analysis of 144 studies."
- 5. The Illinois Research Consortium's 2008 data





revealed that left- and righthanded people approach to task and memory performance in different ways, concluding that left-handers are more likely to be better at multitasking.

6. Tennis players, swimmers,



and boxers are all sports in which lefties excel particularly well (almost 40% of the top tennis players at the moment are lefties).

In essence, lefties are best at individual sports, or sports that are not team-based. This is due to the fact that right-handed players are more accustomed to playing against other righthanded players than lefthanded players.

7. Also, did you know, that of the most recent US Presidents, five out of nine were lefthanded? Although the list doesn't include the current US President Joe Biden it does have the likes of Barack Obama, Bill Clinton, George H. W. Bush, Ronald Reagan, and Gerald Ford.

8. Speaking about Royalty, the Future monarch of England Princes Charles is also lefthanded. His son, The Duke of Cambridge William is also lefthanded. King George VI, who was also left-handed, was made to learn how to use his right hand by his father.

The history and significance of left-handers day is attributed to Dean R. Campbell. He established International Lefthanders Day in 1976 to raise awareness of the challenges lefties face on a daily basis. He founded the 'Left-Handers International Inc.' and ever since the day is celebrated every year on August 8, including in Nigeria and other parts of the world to create awareness.



Living

Ways to find out who betrayed you

O matter how much you love being alone, there's always a time when you need to confide in someone. But first, can this someone be trusted?

Maybe you've found someone to talk to already, and then again, maybe you're still looking and keeping your problems to yourself. Either way, talking to someone about these problems is the right thing to do.

But confiding in the wrong person can make your situation even worse than it was before.

If you are talking to people about your problems, you may find that your information is spreading around. Someone you've confided in has told other people about your issues.

It seems you've confided in the wrong person. But who can it be? Maybe you've told a handful of good friends. They were supposed to be your best friends, but someone may not be as true to you as you first thought.

There are ways you can find out.

They talk about others

If you're confiding in someone who talks negatively about others, then there's a good chance that what you've said to them will also become the topic of another conversation. Soon, what you've told them will be shared with someone else.

Remember this simple statement: "If they talk to you about others, they will talk to others about you." This is one of the biggest red flags to let you know you are confiding in the wrong person.

Steals the topic

You could be talking to the wrong person about your problems if they change the topic. What I mean by changing the topic is not that they talk about other things. They try to revert the attention from your hurts to something that happened to them.

While some people don't mean to be rude when they do this, others just aren't good friends.

They're not good listeners

For instance, if you're telling the story about your misfortune, and they say something like,"Yes, that's terrible. It reminds me of this time



something similar happened to me."Then they proceed to talk about themselves. Yeah, confiding in this type of person won't make you feel any better. You certainly won't find a solution here.

They are not loyal

Many things happen to us that we don't wish the whole world to know. So, we must have a friend who's loyal and able to keep our secrets. This is especially true when it comes to relationship problems. We usually don't want the whole town knowing about our breakup or divorce. And we know that we're confiding in the wrong person if they're telling everybody about our heartbreaks. They're just not loyal at all.

Not supportive of how you feel Good friends support you when you go through hard times. They also support you when you have good news, but not the news you want spreading around to everyone. If you're confiding in the wrong person, you'll notice that instead of taking your side, they'll want to examine all the reasons you could be wrong. Yes, you could be wrong, it's true. But when you need support, you need someone on your side for a little while, and a true friend and confidant will do this. Beware of those who love to play devil's advocate, they can also be instigators as well.

They aren't empathetic

When you talk to people about something good or bad that's happened, do they even seem interested in what you're saying? If there isn't a smile or laugh for your good news, or sadness in their face for your bad news, then there is no

to to to the that they'll syou do be need e on nd a ll do ye to also

empathy for you.

You cannot confide in someone who lacks empathy. They're probably toxic people, to begin with, and will eventually cause you emotional harm if you keep talking to them. When you confide in someone who really cares, there will be many emotions shared between the two of you.

Body language doesn't match words

Confiding in the wrong person will teach you something interesting. Their body language will convey the opposite of what they're saying to you. They may be saying positive things in response to your hurt, but they may also be having trouble keeping eye contact with you. They may say they support you, but they cannot sit still in their seat as if they're anxious to leave. You will notice these things more and more as you attempt to talk to them. But beware, don't talk to them too much because they're probably the same person who will not keep your secrets



If you find yourself confiding in someone who's either related to or friends with the person who has hurt you, then you're obviously confiding in the wrong person.

First, 90% of the time, relatives will never side with you against their own family, and friends of the enemy will listen to you sometimes just to get information to hurt you even more. Finding real friends.

If you must confide in anyone, it's best to talk with a tried-and-true best friend – maybe this is someone from childhood that you've kept in touch with all these years. Or it could be a friend who's proven their loyalty in other ways showing that they can be trusted.

But always be careful who you tell your troubles to because some people only listen to start drama. I sincerely hope you have a few friends you can trust when times get hard, and even when you have great news, but news that's a bit private. If you have real friends like this, then you have the support you need.



BUSIMESS WORLD

Financial inclusion and digital financial services in Nigeria

According to Enhancing Financial Innovation and Access (EFInA), 52.5 percent of Nigeria's adult population was excluded from financial services in 2008. Two years later, financial exclusion further declined to 46.3 percent. On the back of this development and with the ambitious mandate of reducing the financial exclusion rate to 20 percent by 2020, the National Financial Inclusion Strategy (NFIS) was launched in 2012. TAYO FABUSIWA writes.

INANCIAL inclusion is not merely a fancy term but a globally recognised catalyst for economic growth and development. The World Bank defines financial inclusion as individuals and businesses having access to useful and affordable financial products and services such as payments, savings, credit and insurance, delivered responsibly and sustainably.

This could equally result in wealth creation, reduction in unemployment and poverty, as well as an improved standard of living. In fact, on the strength of the definition above, the NFIS housed other specific targets - to boost inclusion in payments to 70 percent, savings to 60 percent, credit to 40 percent, insurance to 40 percent and pension to 40 percent, all by 2020.

While financial inclusion has steadily improved over the last decade, the country fell short of the NFIS targets for 2020. That year, only 50.5 percent were Pantami formally served, with 35.9 has gained 64 percent financial excluded (EFInA). On the targets 95 percent in 2024. specific targets, payments hit Among other factors such as

so far. According to the Central facilitated the drive for DFS.



percent still financially inclusion in 2022 and now

45 percent, savings at 32 government programmes and percent, credit and insurance policies, the gradual rise in the at a staggering 3 percent and 2 financial inclusion rate has been percent, respectively, while significantly impacted by the pension only went as far as 7 proliferated deployment of digital financial services (DFS) system.

Bank of Nigeria (CBN), Nigeria Either way, digital platforms

continue to provide innovative subscriber base of 130.3 million avenues for distributing and in Nigeria, MTN and Airtel accessing financial services recently launched their while liberalising traditional respective Payment Service transaction processes. Nigeria is Banks (PSBs), which would home to the majority of the have them offer SIM-based fintech unicorns on the mobile banking services like continent, most of which deposits and withdrawals, operate in the payments transfers, bill payments and

Though these targets were in the country; though it may the payments and savings by the CBN. It comes as no surprise that 9Mobile are also PSB-licenced not met, there is no denying the also be argued, vice versa, that segments have been the most More so, PSBs are required to progress that has been made financial inclusion targets have improved on the country's have a 25 percent rural financial inclusion index.

credit. Subsidiaries of Glo and

presence to ensure they focus

excluded populations. It is also

popularity as Quick Response

(QR) Code usage and Near Field

Further, with a combined on the unbanked and financially

"The CBN is now looking more closely at enforcing digital noteworthy that the various financial literacy. In one of its most recent steps at driving and processing, mobile money financial inclusion, it released the Exposure Draft on the Digital operations, payment solution Financial Services Awareness Guidelines (Draft DFS Guidelines) services, agent banking and so in July 2022. The Draft DFS Guidelines sets minimum consumer on) available to banks and other knowledge and practice standards that financial services financial institutions (OFIs) unbanked and underbanked. providers are to adopt when providing DFS. Among other things, have also contributed to the DFS providers are required to - promote campaigns to under Agent banking - which served populations regarding DFS available to them; ease access involves the provision of to product information to allow consumers make informed financial services within financial decisions; provide product information in English and communities on behalf of banks understand and can trust. As the local languages; disseminate educational materials to - alone contributed about 19 government continues to roll out prospective and existing customers through basic channels like inclusion gains, compared to some initiatives, it must ensure it sets about 19 percent to the 2020 financial inclusion gains, compared to initiatives, it must ensure it inclusion gains, compared to inclusion gains, compared to initiatives, it must ensure it inclusion gains, compared to initiatives, it must ensure it inclusion gains, compared to inclusion gains, compared to initiatives, it must ensure it inclusion gains, compared to inclusion SMS, USSD and at agent locations in addition to web and social the 3 percent it contributed in media platforms; and provide reliable customer support services. 2018 (EFINA). Contactless

as non-compliance attracts sanctions."

The apex bank intends to implement these standards to the letter payments are growing in

Communication (NFC) technology continue to be adopted by financial service providers.

The CBN is now looking more closely at enforcing digital financial literacy. In one of its most recent steps at driving financial inclusion, it released the Exposure Draft on the Digital Financial Services Awareness Guidelines (Draft DFS Guidelines) in July 2022. The Draft DFS Guidelines sets minimum consumer knowledge and practice standards that financial services providers are to adopt when providing DFS. Among other things, DFS providers are required to promote campaigns to underserved populations regarding DFS available to them; ease access to product information to allow consumers make informed financial decisions; provide product information in English and local languages; disseminate educational materials to prospective and existing customers through basic channels like SMS, USSD and at agent locations in addition to web and social media platforms; and provide reliable customer support services. The apex bank intends to implement these standards to the letter as noncompliance attracts sanctions.

From the foregoing, DFS has and will continue to deepen financial inclusion in Nigeria perhaps even at an exponential rate. However, in light of the country's 2.5 percent annual population growth rate, along with existing inclusion gaps and inequalities particularly regarding gender and geographic location, regulators must find more sustainable ways for low-cost financial services to expand to the

Also, the crusade to promote financial literacy and consumer protection has to be further intensified, as people will only use systems they veritably environment for digital financial products and services to thrive, though within a regulated ecosystem.

Source: BusinessDay.

BUSIMESS WORLD

Nigerians to use USSD code for eNaira transaction - Emefiele The Central Bank of Nigeria (CBN) The Central Bank of Nigeria (CBN)

HE Central Bank of Nigeria (CBN) Nigeria Governor, Godwin Emefiele has announced that Nigerians will from next week use USSD code for eNaira transactions.

The apex boss revealed the new feature on eNaira at the Grand Finale of the 2022 eNaira Hackathon in Abuja on Thursday, believing that the move would help boost eNaira acceptability among Nigerians. USSD is a code

programmed into your SIM card or cell phone to make it easier to perform

certain actions.

Speaking on USSD benefits, Emefiele says, "Nigerians, both banked and unbanked, will be able to open an eNaira wallet and conduct transactions by simply dialing *997 from their

phones. "Shortly after this, both merchants and consumers with bank accounts can use the NIBSS Instant Payment (NIP) to transfer and



Emefiele

infrastructure

Additionally, he "promise into the digital economy."

to increase the level of receive eNaira to any bank Financial Inclusion in the country because just like "This will further deepen the Naira, the eNaira is the integration of the expected to be accessible eNaira with the existing to all Nigerians and would national payment provide more possibilities to bring in the unbanked

Advocacy Team, Nigerian Power Consumers Forum, in a statement on Thursday , in Abuja said that TCN made this known in a forum

with the group.
Bako said that the technology was for real time grid operations and management to National Control Centre (NCC) in Osogbo, Osun State.

According to him, the technology will improve real-time operations of the national grid, pending the deployment of a long-term network automation system.

He quoted the Managing Director of TCN, Mr. Sule Abdulaziz, as describing the

feat as a quantum leap.
Abdulaziz said that this was coming at a time when the Minister of Power, M Abubakar Aliyu, has tasked agencies on innovative ays to improve electricity

ways to Improve electricity supply to Nigerians. "Thanks to President Muhammadu Buhari and the Minister of Power that the Nigerian power sector is steadily receiving historic attention with a quantum of redefine the sector for the

TCN to deploy new technology to improve power



"We have gone far with the procurement of new Supervisory Control and Data Acquisition (SCADA)/Energy Management System (EMS)schemes but we felt as

(EMS)schemes but we felt as a responsible company that are waiting for the new SCADA, we can deploy a stop-gap technology.

"Which we have understudied in other countries to be very efficient in boosting real-time electricity grid monitoring," he said. he said.

Abdulaziz said that TCN was building two new National Control Centres in Abuja and Osogbo.

He said that he control centres would further improve the robustness of

the Nigerian electricity grid. "We believe that as more of the investments and our transmission expansion projects materialize, Nigerians will experience

more improved electricity

supply.
"This preparation is coming at a time when Nigerian power operators are gearing up to take part in electricity export as soon as the Regional Electricity Market (REM) of the West African Power Pool (WAPP) is launched," he said. Abdulaziz, who is also the Chairman, Executive Board of

WAPP, said Nigeria, though TCN, had been exporting electricity to Niger, Benin and Togo under a country-to-country arrangement.

He said that the regional market would further enable GenCos to export power to more West African countries which will be evacuated by TCN transmission infrastructure.

The General Manager, NCC, Balarabe Abdullahi, said that with the stop gap solution, TCN can now access some stations and substations that were not captured in the last SCADA World Bank Project of

2004 on real time.

Mr Micheal Okoh, Convener of the Nigerian Power Consumers Forum (NPCF), said only such critical power transmission grid investments, backed by a matching strength at the DisCos' end can bring succor to power consumers.

Okoh in analyzing the feat, said the stop-gap solution has been existing in some countries like Benin Republic, and that it was better than late for Nigeria.
"This has been long

overdue, because if the grid or system operator does not have comprehensive operational data of the entire power grid, it is difficult to manage the fast-growing system.

The existing inadequate retreat, the Senate Committee SCADA System cannot chairman on Science, Technology provide adequate grid and Innovation Sen. Lillian Uche visibility and we know that the Ekwunife said that her committee SCADA system is not yet

> Okóh also called on the DisCos and other actors in the Nigerian Electricity Supply Industry (NESI) to take similar actions that have collective impacts on the

> national grid. According to him, what consumers need is adequate power supply and they will pay the right tariff.
> "We also call on the DisCos

Technology and Innovation Hon. to match this technology, so Beni Lar said that more legislative that faults can easily be efforts will be made to enhance cleared and service delivery optimized".

eNaira records 200,000 users, N4bn transactions value

THE Central Bank of Nigeria (CBN)'s digital currency, eNaira, has recorded 200,000 volumes and four billion Naira value of transactions since its inauguration in 2021.

Mr Godwin Emefiele, the CBN Governor said this on Thursday, in Abuja at the grand finale of the "eNaira Hackathon".

The News Agency of Nigeria (NAN) reports that the hackathon is a CBN's collaborative initiative with the African Fintec Foundry (AFF).
it is aimed at bringing

together teams of talented entrepreneurs, developers, designers, solution developers, problem-solvers and 'code magicians' from Africa to develop innovative solutions for improved adoption of the eNaira.

The competition was part of efforts by the CBN to drive financial inclusion, facilitate macroeconomic growth and integrate the Nigerian economy into the world-leading economies through innovation and cutting-edge emerging technologies.

NAN also recalls that the eNaira was inaugurated on Oct. 25, 2021 by President Muhammadu Buhari, making Nigeria the first African country to launch a Central Bank Digital Central Bank Digital Currency (CBDC).

Emefiele said since its inauguration, eNaira had reached 840,000 downloads, with about 270,000 active wallets comprising more than 252,000 consumer wallets and 17,000 merchant wallets.

According to him, the digital currency will enhance financial inclusion, support poverty reduction, enable direct welfare disbursement to citizens, support a resilient payments ecosystem and improve

availability and usability of central bank money. "The eNaira will also facilitate diaspora remittances, reduce the cost of processing cash, and also reduce cost and improve

however, said that the eNaira was the same Naira with far more possibilities.
"The eNaira will make a

significant positive difference to Nigeria and Nigerians. It was also developed to provide Nigerians with a cheap, safe and trusted means of payment.
"It is unlike the offline nayments channels like

payments channels like agent networks, USSD, wearables, cards and near field communication technology.

"The eNaira would give access to financial conjuges to

access to financial services to underserved and unbanked segments of the population," he said.

said that innovative products and services built on the eNaira would enhance Nigerians' participation in the digital economy and promote further development of a burgeoning Fintech ecosystem.

"To achieve these set out objectives, the project adopted a phased- approach with the first phase focusing on banked users, while the policy objective of the second phase borders around

financial inclusion.
"In addition, the eNaira
platform possesses an innovation layer for products and services to be built with the aim of enhancing Nigerians' participation in the

digital economy," he said. According to Emefiele, the second phase of the project has begun and is intended to drive financial inclusion by onboarding unbanked and underserved users

leveraging offline channels. He said that the CBN was now ready to accommodate unbanked Nigerians in the

eNaira platform "Greater success is envisioned for the project with phase two expected to deliver more gains with a target of about eight million active users based on estimations using the

efficiency of cross-border payment," he said.

The apex bank governor, apex bank governor, we promised to

increase the level of financial inclusion in the Country because just like the Naira, the eNaira is expected to be

possibilities to bring in the their phones," he said.

unbanked into the digital

I am pleased to inform you that by next week, Nigerians, both banked and unbanked, will be able to open an eNaira wallet and accessible to all Nigerians conduct transactions by "It will provide more simply dialling 1997 from conduct transactions by

'We will put more efforts to achieve mandate'

HE Minister of Science, THE Minister of Science, Technology and Innovation Dr. (Sen). Adeleke Olorunnimbe Mamora has said that the will no doubt address the Ministry will put in more efforts in reflecting on its recent achievements and adopt emerging trends in the application of Science, Technology and Innovation (STI) to achieve the Ministry's set mandates.

He added that more efforts will be made in tackling common challenges encountered in the implementation of STI policies in Nigeria.

Dr. Adeleke made this known at the Ministry's one day MINISTERIAL RETREAT held today in Abuja.

According to the Minister, the repositioning and strengthening

From Dorcas Pankyes, Abuja

problem of innovation as the missing in its statutory responsibility and growth of the national economy.

He further stated that the recent achievements recorded were by thorough and purposeful leadership of the Ministry and immeasurable support by President Buhari.

In his words, "These achievements were made possible without any doubt, as a result of purposeful and quality leadership styles provided by President Muhammadu Buhari. The President demonstrated this through changing the the efforts of the Ministry in STI narratives of hitherto



Mamora

inadequate funding of the Ministry to improved budgetary provisions which has resulted in improved Research and Development (R&D) outputs across the Ministry and its

Agencies of recent times.' Speaking at event, the Minister of state for science, Technology and Innovation, Chief. Henry Ikechukwu Ikoh said that the nation's leadership cannot fail the citizens anymore adding that the country expects more positive impact from the ministry in view of dwindling revenue generation and increasing importation which is weakening the value of Naira.

Chief Ikoh further stated that the country is endowed with human and material resources and if properly harnessed will boost socio-economic wellbeing of the people and Nigeria in general.

In her goodwill address at the has contributed their quota ready. towards the development of STI through passage of bills that will boost and sustain the cause of

The Chairman, House committee on Science Research Institute, Hon. Olaide Akinremi, called on relevant stakeholders in the STI ecosystem to ensure R&D outputs are commercialized for the benefit of the nation.

The Chairman, House Committee on Science, development of STI in Nigeria.

ENTREPRENEUR WATER

New entrepreneurs and power of social media

The social network, which has the online community as one of its subdivisions, has become a crucial part of our daily lives as technology advances. With the dawn of online networking, people getting in touch with each other has been made easy. You can connect in seconds with a large number of people - friends, families, and strangers - individually or as a group. AYODEJI ADEGBOYEGA writes.



CCORDING to Forbes, as $% \left(1\right) =\left(1\right) +\left(1\right) =\left(1\right) +\left(1\right) +\left(1\right) =\left(1\right) +\left(1\right) +\left($ numbers alone prove that social boss came to his aid at that time. media is here to stay, if not to flourish further."

much penetration.

significantly contributing to with whom he makes the deal. Nigeria's economic growth. In "The main challenge I have right of the country's total GDP. This has Hassan said. resulted in the creation of nearly

Nigerians as some prefer it to other anything from the work." modes of transaction. It is arguably Asked why he still rents online vendors have a means of delivering the goods to the buyer at little or no extra cost.

Premium Times interviewed some entrepreneurs breaking borders on equipment rental outlet of his own the social media.

When Taiwo Hassan graduated University, Ile-Ife in 2014, he was through referrals. bent on creating his own job so he enrolled in an event planning class.

of January this year, there said he had to register with the were 4.02 billion internet Corporate Affairs Commission in users around the globe – that is 53 order to get an edge over others in per cent of the world's total the business. When he started two population. Active social media years ago, his main challenge as a users make up 3.2 billion, or 42 newbie was customers asking for percent of the population. "These his previous works. But he said his

He said he attracts customers on Instagram by paying a few social Significantly, in the marketing media influencers who help him to world, social media cannot be gain followers who later became his disregarded especially as it gives customers. Also, he gives his followers what he calls the "referral According to recent research by package." This package, he the Global System of Mobile explained, attracts a percentage of Communication Association the profit from a deal to any (GSMA), the mobile market is follower who refers him to the client

2017, it contributed \$21 billion to now is how clients price the services the GDP, representing 5.5 per cent that they want to be rendered,"

"You have to take cognizance of 500,000 direct and indirect jobs. the fact that you will pay for Transacting business online is no equipment rentals, so if you are not longer a new thing to online active careful you will end up not getting

more comfortable, as many of the equipment, he said, "It is not economically wise to keep buying them as new ones keep coming out."

But he is looking into opening an to generate additional cash flow.

Hassan said he gets his customers from the Obafemi Awolowo more on Instagram and also

"The social media has helped all businesses a great deal. Lately, it The graduate of Political Science has narrowed down some sorts of

extra movement into just pictures and chats," said Kema Abuede of @cakepriest.

A cake maker who has been in the business for 14 years, Kema stressed how the social media has helped make business easy for him in recent times as his clients no longer have to travel from other cities to see his work and what he is capable of doing.

"All they need to do is get your page ID, check your previous works, discuss and make payment and they, in turn, deliver."

This, he said, saves time and helps people to keep their works online for a lifetime as against the archaic tradition of snapping and going about with hard copies.

The Mass Communication graduate of Auchi Polytechnic is also a teacher. He said the social media helps him publicise not just his work but his training, unlike in the past when he had to wait for a gathering, such as an exhibition, to share his fliers to publicise his training. "All you need to do now is post it on Instagram, Facebook or twitter. Your followers see it, broadcast it and it goes viral," he said.

Kema said he registered since 2014 and by 2019, he hopes to be taking his chain of businesses to a different level. "I am taking different studies in movie making, and I have my instruments already. Hopefully soon, I will start by next year."

Asked if he would consider an offer of a white-collar job, and how good he was doing with his business, he said, "To a great extent, it has been good. You know in the country we are now if you can feed your family and you are okay to a large extent, it is a big deal."

Eighteen years old Precious Adelagun o f @preciousbugatti_wears started her clothing business online two years ago because she was just not used to "depending on people for money."

"I just want to be independent," she said.

That was the reason she decided to start selling wears, "mostly The Polytechnic, Ibadan said so far, her customers are more of people she met online and the business has really helped her in paying for her education.

how profitable the business has

Aisha Afolabi and Ada Ezeh are students of the National Open University in Lagos and run @ kaisha_skincareand @adahairline respectively. They said the social media has been a blessing for them as it allows them to operate their respective businesses without demanding much from them.

Aisha said the business is helping her fund her education and also gave birth to a new business of skin care, which she sees as "the

trending business presently."

"My hair business was doing well but later on, a lot of people started selling it, so I had to look for another biz that will move traffic for

She explained that the process is not stressful for her as all she needs to get the cream prepared are there in Lagos. She has her customers and she had a medium of delivering to them without stress, so her schooling is not disturbed and she is making enough for herself.

Ada Ezeh, who is married, said she started her hair business ladies' wear." The ND 2 student of recently and the worth now is more than triple her startup capital.

She said her only challenge initially was getting authentic followers who were willing to buy.

According to Ada, the first few "By next year, I will be launching months of the business was my eyelash line. Everyone has been challenging as her goods were just paid, the photographer, the model in the house "staring at me." But and also my supplier," she replied now, she is making sales and also coyly when this reporter asked her able to look after her toddler at

Mrs Ellah Umeh runs @veronicasdaughter, a fabric page on Instagram. She started selling her fabrics from the trunk of her car until she opened business pages both on Facebook and Instagram. Now she delivers to customers nationwide.

The doctoral student of the University of Port Harcourt said "I sell more online, all I need to do is snap a very good picture of the fabric and advertise on my business pages. Customers call and ask for price and for delivery too."

Source: PremiumTimes.



Mandy Moore: Unlocking her path

Continued from page 18



like it happened to a different person."

Moore, who began her freshman year of high school only to leave on Christmas break to record her debut album and later tour with NSYNC and the Backstreet Boys, has worked hard to grow out of the teeny-bopper label. And she's become a force. She released her album Silver Landings in 2020. It was her first shaped up much differently than theirs. since the late 2000s. But, of course, it dropped some days before the world shut able to maintain her path. And that's made all down due to the COVID-19 pandemic. In the $\,$ the difference. time since, she has continued to write—often accomplished band Dawes—and those early she excels—especially on the tracks "In Real memory. It's the key to everything."

Life" and "Heartlands"—there was some trepidation about releasing more music.

"Fear of failure," she says. "Fear of do I really love this as much as I used to? Am I any good at this? Do I know what I'm doing? Do people care? It was a million things wrapped up in one."

But it was her role on This Is Us that sparked her reentry. Her character, Rebecca Pearson, sings throughout the show and that got her back in the studio. That, combined with her supportive husband, lit the flame. She's thrilled to share the connection with Goldsmith, calling it "such a gift." In fact, he and several of his bandmates are set to hit the road with the 38-year-old Moore on her summer tour. She hasn't hit the road for some 15 years, and she's excited to get her feet wet and remember what it's like going from venue to venue.

"For me," she says, "the whole idea of making this record and the last record was the opportunity to go on the road with it. To perform live. That's the part I love, that's the part in my other day job that I don't get to experience so much."

As an actor, Moore is rarely "herself" in the work—instead, she played a character on a show that has hundreds of people working to bring it to life. But on stage, she is herself in full. She gets to be Mandy

completely, she says. And her foray on the road will help her process the very emotional ending of the impactful show. For Moore, who came of professional age amidst big pop stars like Britney Spears, Jessica Simpson, and Christina Aguilera—people, she says, she never knew all that well—her career has Thanks to that different journey, she's been

"I love that music unlocks and gives you with her husband, Taylor Goldsmith of the permission," Moore says. "To give you unfettered access into every color and every songs have become her latest LP. But while emotion and every experience and every



Nigerian actresses with highest net worth

Continued from page 18

Enter

Chioma Chukwuka - \$5.7 million



Chioma Chukwuka is another actress who enjoys portraying an "innocent" lady in romance films. She was born in Lagos, Nigeria, on March 12, 1980. On My Wedding Day, Wives on Strike, Heart of Gold, and The Rain of Hope are a few of the films she has played a role in. Chukwuka has a net worth of \$5.7 million.

Mercy Johnson - \$5 million

Mercy Johnson has worked in the Nigerian film industry for almost a decade. She has established herself as one of the most admired stars in the industry as a result of her talent and hard work. Hollandia Evap Milk and Pennek Nigeria Limited are among the brands she has endorsed. Her net worth is \$5 million, making her the one of richest female star in Nollywood.



Uche Jombo - \$4 million



Uche Jombo is an actress, screenwriter, film producer, and director who has had a lot of success. Her first film, Visa to Hell, was released in 1999, and it was her first foray into the film industry. Uche has written and co-authored several Nollywood films, including Girls in the Hood, Games Men Play, and The Celebrity. She has also been

nominated and won several awards like Female Viewers Choice during the 2015 Golden Icons Academy Movie Awards. Jombo's net worth is around \$4 million.

Ini Edo - \$3.9 million

Ini Edo was born in the city of Uyo in the state of Akwa Ibom. She began her acting career in 2000 and has since appeared in over 200 films. Read also How much is Chinedu Ikedieze's net worth in 2019? Ini Edo is also a brand ambassador for Beauty Secrets of April, a skincare line. She has also won awards such as the Nafca Award and Golden



Icons Academy Movie. With a net worth of almost \$3.9 million, Ini is one of Nigeria's most well-paid and sought-after actresses.

Oge Okoye - \$3 million



Ini Edo was born in the city of Uyo in the state of Akwa Ibom. She began her acting career in 2000 and has since appeared in over 200 films. Read also How much is Chinedu Ikedieze's net worth in 2019? Ini Edo is also a brand ambassador for Beauty Secrets of April, a skincare line. She has also won awards such as the Nafca Award and Golden

Icons Academy Movie. With a net worth of almost \$3.9 million, Ini is one of Nigeria's most well-paid and sought-after actresses.

Source: Legit

Taraba NMA elects new EXCO

From VICTOR GAL. Jalingo

HE Nigerian Medical Association, Taraba State Chapter, has elected, Dr Bako Ali Istifanus as the State Chairman at the 2022 Annual General Meeting and Scientific Conference held in Jalingo.

The newly elected chairman who is the Medical Director of the Taraba State University Medical Clinic, promised to ensure the provision of efficient and qualitative health care delivery to the people of the State.

While applauding the out going exco for their stewardship and ability to end their tenure successfully and very strong, he appreciated members for the vote of confidence placed on **Darius** him and the new SOC to pilot the affairs of the association.

He promised to ensure that improve. the dream for Universal Health coverage for Tarabans not good at all and and quality service delivery. saw the light of the day.

government to functionally must be functional to help and actively domesticate the citizens. Taraba State Contributory Health Insurance Agency Insurance Authority, (NHIA) Bako were; Dr. Kara, Adamu be idle but keep themselves (TSCHIA) tenets in Act should be studied and Hamidu – Vice Chairman, Dr. was a moment to appreciate thesState.

various Health organizations Health Coverage, (UHC) and Dr. Hunuato Isaiah-(UNICEF, WHO, TACA etc) are the development of the Treasurer, Dr. Edeh Michaelgiant strides which will be private health sector cannot Financial Secretary, Dr. guarded and sustained, with be overemphasized.

There is a need to Roll-tiere Officer stated.

strategic plan with the aim consolidating on its external collaboration, promoting the profession and upgrading the financial base of the association.

Clinic and/or NMA Guest bandits in four local The commissioner, patrols along the routes the challenges of the girl education, and the project House in our plans is government areas of the expressed attainable through state. contributions, good will donations and assistance Local Government and routes of Toro, Alkaleri, According to Nuhu Zaki, beneficiaries to use this Engr Alivu Hamman in his from friends of NMA who also Chieftaincy Affairs, Alhaji Tafawa Balewa, and Ningi as Bauchi State shares opportunity to make their remarks said his team had have the desire that our state Abdulrazaq Nuhu Zaki, local government areas boundaries with Taraba, families proud, register gone round the 3 senatorial should get the best in health made care delivery.

time to deliver! This is the place to commit. And ves. there are still many obstacles. But it is up to us to overcome them. And it is doable. Together we can," he added.

Earlier in his remarks, the 🌇 outgoing Chairman, Dr. Uwemedimo Edet Nkantah, called on the state government to improve funding of the health sector for better service delivery.

According to him, the healthcare indices in the state were not good, adding that for the people of Taraba State to get access to quality healthcare services,



government needs to act fast

"The recent National Health domesticated by the Taraba Dou Baren Sambo- the services rendered to the "The collaborations and state government. The Secretary, Dr. Uba Gabriel

healthcare funding must Governance in all our health some who started the same institutions to guarantee day were no more wished them the best of retirement "The healthcare indices are quality health administration from the civil service.

Chief of Staff office of the

"It is attainable through for the good of the citizens, commence the training of and Senior Special Assistant ublic-Private —Partnership Again, the Taraba State internal commence of and Senior Special Assistant office of the Deputy Governor, "It is attainable through for the good of the Galactic Commence the Galactic Office of the Deputy Solding Public-Private —Partnership Again, the Taraba State interns especially house Mr Nuhu Dagan commended (PPP), advocacy and by Contributory Health officers in the Taraba State the outgone Permanent Secretary and the Director of Specialist Hospital, Jalingo Secretary and the Director of among others," he said.

Others elected alongside Dr Auditors.

By DUMAH RANDONG

PLATEAU State Deputy Governor, Professor Sonni Tyoden has urged Civil Servants in the state to always office and to also thank God for was overwhelmed for the prepare for their retirement

while in active service.

Tyoden gave the charge at the farewell ceremony in honor relationship as cordial, they advised them to sustain it as the court gone Permanent and their exit should the exit shoul of the out gone Permanent Secretary Office of the Deputy Governor, Mr Emmanuel Gogwim Kayi and the Director at the Government, House,

seen as a transition to another face in life after years of service noting that it was only those who did not plan for it that have cause to fear.

Tyoden further reminded them that there was time for joined the civil service, they knew that one day they will leave and adviced them to start thinking of something to do no matter how small it was.

principal officers was quite Emmanuel Kayi Gogwim who remarkable as enjoyed working with them and urged them to see their successful exit as a great privilege as

"Efforts should be made to Deputy Governor, Silas Vem Finance and Supply for their hardwork.

They both advised them not

Tyoden urges civil servants on retirement preparation

While describing the working has been worthwhile.

of Finance and Supply, Dr the Director of Administration him and the family for their Mathew Dabut Nanjwan Friday and Acting Permanent support as well as the Deputy and Acting Permanent support as well as the Deputy Secretatary office of the Chief of Staff, Silas Vem and Rayfield, Jos.
Retirement according to the Poputy Governor, Mrs Julie other Directors he has worked Yama and the Staff Officer, with and pleaded for Deputy Governor should be Ishaku Nyam said the event forgiveness in case he stepped was to appreciate the two on somebody's toes in the Principal Officers for the course of performing his work. services rendered to the office

On his part, the Dorector of of the Deputy Governor and Finance and Supply, Dr the state civil service in Mathew Dabut Nanjwan particular.

every thing, the day they to always give priority to the the support given them to welfare of civil servants in the succeed. state to enable them prepare He described their service as for their retirement.

successful end of their show of love, said for the past seven years of his service, it

He considered it a privilege working with the Deputy Governor as his teacher in the not be the end of everything. University 30 years ago and In their separate remarks, used occasion to thanked the

On his part, the Dorector of expressed gratitude to the They called on government Deputy Governor and staff for

tart thinking of something to lono matter how small it was. He said working with the two rincipal officers was quite for their retirement.

for their retirement.

Responding separately, the pleading for mercy if they outgone Permanent Secretary, have offended anyone in the commence of the Deputy Governor, course of doing their work.



partnerships with NGO's and importance of Universal Ahmed-Assistant Secretary, Wapmuk tasks schools on proper grants utilization

By PALANG KASMI

health indices of the people of institutionalize our home-Taraba State, Istifanus grown 12-Pillar Clinical Atizwen Daniel Bitrus as Elizabeth Wapmuk has

Schools Improvement Grant, adolescent pregnancy and various public secondary other challenges to school operations by security with his Taraba, and Plateau schools across the State will education and the aim is to State have rescued 69 who stormed bandits' dens at forging a workable naira to carry out critical of secondary school and interventions that address encourage girl child

both junior and secondary

Wapmuk appealed to the Consultant of Agile Project, successful states in the assessment tour. utilization of the He said the state would Nigeria on the map of very project and commended the serious and committed government for being group chief executive officer of nations so that others can proactive and the next

Corporation Limited, (NNPC issues regarding the and Senior Secondary Schools (ANCOPSS) Ltd).

Ownership of the new NNPC Schools for the Schools Chairman Plateau State, Mr. Schools for the Schools Chairman Plateau State, Mr. The council, chaired by the Limited, its assets and Vice President, Yemi Osinbajo, liabilities.

The council, chaired by the Limited, its assets and Vice President, Yemi Osinbajo, liabilities.

Improvement Grants while James Dimlong said the The Vice President disclosed over N183 million will be steps taken by Governor

has disbursed the World was carried out with a strong Bank School Improvement focus on areas with low Grant, and Conditional Cash secondary transition rates Transfer to adolescent girls of for girls from the poorest between 10 and 20 years in households.

"The project is part of FG's schools in 9 Local long term education agenda Government. to curtail high rate of our of She said "Under the school girls, early marriage, to curtail high rate of our of Coordinator.

intervention, and also put benefit immensely from the

Sovereign investment on all the issues raised.

Authority (NSIA) for year 2021.

In a statement by Osinbajo's spokesman, Laolu Akande, the Uche Orji.

Will the Federal Government entire state for the in the state by addressing conditional Cash Transfer.

Conditional Cash Transfer. many pressing challenges the explained that the that have to do with selection of benefitting Local infrastructure and capacity Governments and schools building.

He promised a five-year Bauchi security frees 69 bandits' abductees

From ABBAS GUNGURA, Bauchi

"Getting a befitting NMA persons abducted by inthe forests.

journalists in Bauchi, where He disclosed that the state Kano and Kaduna States.

government's readiness to across their boundaries to stay and complete their government areas", said the The State Commissioner of intensify patrol on bandits frustrate their movements. this known to infiltrated by the bandits.

"Let's get it done! This is the he said the abductees were Governor, Senator Bala

rescued in combined Mohammed had discussed collaboration to intensify state followed by the bandits child in order to enable them area is across the 17 Local

Gombe, Plateau, Jigawa, Plateau in the map of zones of the state on

NEC sets sub-committee on NNPC From JIDAUNA YANUNG,



The National Economic Council (NEC) has set up a Sub-committee to consider governments concerns over the ownership of the Nigeria After this presentation, State Adeh said, over N828 million Nigeria Confederation of Secondary National Petroleum Governors raised a number of will be given to 309 Junior Principals of Secondary

presidential Villa Abuja, also that a sub-committee of the accessed by 18,036 students Lalong to pursue this funding endorsed the financial Council would be set up to liase in 618 schools across the will revolutionise education performance of the Nigeria's with the Federal Government entire state for the in the state by addressing

NLC debunks reports that EXECUTIVE Chairman of Karu Local Government **NASG** owes salaries

From MOHANNED ABDULLAHI. Keffi

HE Nasarawa State chapter of the Nigeria Labour Congress (NLC) has stated that the state government does not owe the state civil servants any salary contrary to reports that the government owes workers six months salaries. The State Chairman of the NLC, Comrade Yusuf Iya made the clarifications during a news confrerence with reporters in Lafia, the State capital saying that Governor Abdullahi Sule's administration is up to date in the payment of workers as no worker is owed any kobo as far as salaries are concerned. He stated that their attention has been drawn to a report credited to one organization called Budg IT that Nasarawa State is among the eight states in the country that are



in arrears of its worker's salaries between six months and above.

'We the leadership of the NLC in Nasarawa State who are the representatives of the workers, hereby debunk, condemn and describe the report as false, malicious, concocted and baseless," the

NLC further stated.

He stated that since the appreciated him as the first assumption of Engineer Executive Chairman to AbdullahiSule led personally come to their administration in the state, the State government and Local Government workers as the local government to well as the retirees are all up to date in the payment of their monthly entitlements.

company on a courtesy visit. He promised to work with achieve success. Spam promised to support

the Government through tree

Council Hon James Thomas,

has earlier today visited

PANDAGRIC NOVUM LTD, in

Panda Development Area of

Karu Local Government, and

sought partnership

collaboration to train youth

He said "we appreciated

your investment in our

domain, which as a result

many youths were employed

on this note we request for

your technical support to

train our teeming youth on

agricultural production to be

Chief Executive Officer of

the Company, Mr. Bruce

Spam while acknowledging

the presence and visit of the

Executive Chairman

self reliant".

on agricultural production.

Karu chairman partners agric company to train youth

From DORCAS PANKYES, Abuja

planting and all other support for people to feel their impact in the area.

PANDAGRIC NOVUM LTD is

an Integrated Agriculture and Agric Processing Company, specializing in the Production and Distribution of High Quality, High Performance Poultry



Thomas

Imposes curfew From MOHAMMED ABDULLAHI, Keffi

OLLOWING a security threat in some parts of Karu Local Government area, the authority of the council have imposed a curfew from 10: pm to 6:00 am every day.

Chairman of the council. James Bawa Thomas, made the pronouncement during the expanded peace and security meeting held at the council Secretariat pm to 6: am. on Monday.

Presiding over the involved the representatives of the Nigerian Army, the Police, DSS, Civil Defence Corp, Road safety, the Nigeria

Correctional Service, Religious and Traditional Rulers among others, the Chairman explains that the security meeting became imperative considering the security threat in some parts of Karu and its environs.

He further stated that the curfew will take effect on Thursday this week from 10:

James Thomas disclosed that even though Karu is expanded Peace and enjoying relative peace but security meeting which they cannot fold their hands without taking proactive measures to take a holistic approach to the situation to avert any peace and security breach.

Education commissioner bags integrity stewadship award

HE Kogi State THE Koyı Stand Commissioner for Education, Science and Technology, Hon. Wemi Jones, FCIB, has been honoured with 'Certificate of Integrity Stewardship Award with title ''Service Ambassador" by the Centre for Save and Serve Humanity Organisation (CSSHO).

Presenting the award to the Commissioner on Wednesday in Lokoja, the Executive Director of CSSHO, Mrs Anthonia Aihinoria, eulogised the commissioner for thinking right, acting ethics and serving as advocate of good governance.

Aninoria said that the Commissioner had distinguished himself among his colleagues as a silent and great achiever, whose track of indelible achievements had made them proud as an organization.

She explained that from their independent assessment exercise

From AMEDU JOSEPH, Lokoja

conducted on State MDAs in North Central Nigeria, Kogi State Ministry of Education, Science and Technology, under the stewardship of Wemi Jones, came out very outstanding after the exercise.

"We also gathered with great delight in terms of your performance such as: display of ethical leadership, and developmental policy performance, public accessibility, servicom compliance, commitment to State transformational agenda, attitude against corruption, and obedient to the rule of law.

"You are hereby declared "an outstanding leader in service" Aihinoria said.

She however said that the award was expected to spur the Commissioner to do more for his people, and add his voice to the ongoing clarion call to reform Nigeria

in the years ahead.

Commissioner appreciated regulatory bodies, under the the organisation for table leadership of Gov. considering him and the Yahaya Bello. Ministry worthy of the award, The Commissioner further saying it was a call for more said that the process of dedication and hard work.

His Excellency, Governor secondary schools in the Yahaya Bello, for givng him state were ongoing with due the privilege to serve his process followed, to ensure people at the state, and for that qualified teachers were making education sector his engaged. topmost priority.

Jones stressed that the achievements would be recorded achievements in recorded in the state education sector would not education sector, saying the have been possible without Governor was determined the full support of the and committed to making Governor, as well as the Kogi the best in education in commitment and dedication the Northern States. of the staff and management of the ministry.

He emphasised that the Governor had made education his number one focus thereby increasing the annual budgetary allocation to 30% beyond the 26% UNESCO bench mark for education, hence the tremendous achievements being recorded in the sector.

Jone stressed that the State Government was focusing more attention on Science. Technology, Engineering and Mathematics (STEM) through the establishment of GYB Model Science Secondary Schools across the three senatorial districts of the state, as well as said to have announced establishment of Confluence their arrival to house of University of Science and the commissioner in Technology (CUSTECH), Nasarawa Eggon by firing Osara.

Kogi State Government under the leadership of Governor Yahaya Bello had enacted Koqi State Education Law, which the previous Administrations were not able to achieve.

institutions in the state have had all their programmes In his response, the accredited by their various

recruiting competent The Commissioner thanked professional teachers for

He assured that greater

Commissioner for information kidnapped in Nasarawa

From MOHAMMED ABDULLAHI, Keffi

NKNOWN gunmen have stormed Nasarawa Eggon and kidnapped the Nasarawa State Commissioner for Information Yakubu Lawal.

The bandits were said to have stormed the house of the commissioner in the wee hours of the night forced him out of his house and took him away to their hide out.

The kidnappers were several shots to disperse The commissioner said that the people around him and all other people that were willing to bring help.

Meanwhile, the state's police command were confirmed the incidence and re-stated it's He added that all the tertiary determinations to ensure



that it rescues him unhurt. commissioner.

He therefore appealed to The State's Police Public all the residents of Relation Officer Mr. Nasarawa Eggon to support Rahman Nansel stated the Police and all other that on hearing that, the security agencies to support Police Command them with all the relevant immediately mobilized its information to enable them forces to track down the succeed in providing kidnappers and rescue the adequate security to the people.



Bello

FG launches MICS-NICS, promises financial support

From DORCAS PANKYES, Abuja

HE Vice-President, Prof. Yemi Osinbajo has officially launched Nigeria's 2021 Multiple Indicator Cluster Survey and National Immunization Coverage Survey report, aimed at providing reliable and internationally comparable data to monitor the situation of children and women in Nigeria.

The Multiple Indicator Cluster Survey is a household survey developed by UNICEF to assist countries in filling data gaps for monitoring human development indicators in general and the situation of children and women, in particular. It has evolved over the years to respond to changing data needs, expanding from 28 indicators in the first round in 1999 to 200 in its current sixth. This was made know to press recenty Abuja.

The Vice president who was represented by the Minister of Finance, Budget and National Planning, Dr. Zainab Shamsuna Ahmed assured MICS-NICS of government support financially, and the implementation of the Survey report in order to achieve the Sustainable Development Goals (SDGs).

The Finance Minister Recommended the good work carried out by the National Bureau of Statistics, (NBS) implemented MICS which provides data on child mortality, health, nutrition, education, child and social protection, women's health care and empowerment, water, sanitation and hygiene. While NICS assesses vaccination coverage provided through the health systems.

Also speaking in an address, the Statistician-General of the Federation and Chief Executive Officer, National Bureau of Statistics, Prince Adeyemi Adeniran stated that the survey which has over 200 indicators, recorded the highest response rate in the MICS series, with and impressive response rate of 99 percentage.

The 2021 Nigeria MICS-NICS report provides evidence-based data for all key stakeholders to prioritise quality services for children and women with higher efficiency and effectiveness, said Statistician-General of the Federation/CEO National Bureau of Statistics Prince Adeyemi Adeniran. The information collated will inform policies aimed at social vulnerable population, help identify disparities, and allow for international comparability

It also had some notable improvement to the survey, making it the most comprehensive MICS Survey ever to be conducted in Nigeria. This is the first round to be conducted since the advent of covid-19 in Nigeria. With the severe effect of the pandemic on the health status of the citizens, the results of the survey will shed more light on how the pandemic has



Osinbaio

affected households.

Prince Adeniran added that these improvements were in the form of an addition of an entirely new questionnaire to the survey, as well as the inclusion of the new modules to existing questionnaires. A completely new questionnaire which focuses on Children aged 5 to 17 was introduced under this round.

He added that questionnaire deals with issues such as foundational learning, Child functioning, and parental involvement. However, these New modules include; Energy Social Transfers, and Food Security, which were added to the Household Questionnaire. "The picture is a mixed one. While there has been some good progress, and we should celebrate that - we still have a long way to go to towards ensuring the well-being of children in Nigeria.,a dding that the findings of this survey will help guide the federal and state governments as they plan their budgets providing evidence for where more support and funds need to be wisely allocated and utilized."

Statistician-General of the Federation said, they build back better from the impact of the COVID-19 pandemic, the MICS-NICS survey provides evidence to shape interventions and focus resources in a way that helps children and their families reach their full potential," While New modules on Victimisation and Financial Inclusion were added to the Men and Women Questionnaires. Looking critical at the nature of these New additions, It is evident that these are topical issues and areas in which more of the Senate and House of information is required by Government and policymakers, to enable them to monitor relevant policies and programmes, and intervene where necessary. He said.

Therefore, using the data to monitor progress towards our collective commitments to children and families, and inform future action is critical if we must leave no one behind.

Peter Hawkins, UNICEF Representative in Nigeria, who

represented UN Resident and Humanitarian Coordinator a.i in Nigeria Mr. Matthias Schmale said, Data is critical for effective budgeting and decision making – and the data from these surveys together paint a picture of the situation for children and families in Nigeria.

Hawkins, stressed that the indicators produced for the first time include social transfer, household energy use, child functioning and foundational learning skills. The survey measures the government's progress towards national commitments and the Sustainable Development Goals.

reveal that Nigeria has made economy and enjoined them progress in some sectors. Child mortality decreased from 1 in 8 children dying before their fifth birthday (MICS 2016) to 1 in 10 children (MICS 2021). There has also been significant progress in exclusive breastfeeding and birth registration rates - the exclusive breastfeeding rate increased from 24 per cent to 34 per cent, while nearly 60 per cent of Nigerian children are now registered at birth with civil authorities, 2016. cent to 30 per cent since 2016.

From DORCAS PANKYES, Abuja

MINISTER of Science, Technology and Innovation, Dr. Adeleke Olorunnimbe Mamora has called on Nigerians to embrace and support deployment of Clean Energy Innovations as a solution to climate change mitigation and adaptation in the country.

Dr. Adeleke made the call during the inauguration of the Project Steering Committee of the Nigeria, UNIDO /GEF on promoting Clean Energy Technologies for sustainable Start-UPS and Small and Medium Scale Enterprises Development in Nigeria in his office, recenty in Abuja.

The Minister said that Clean Energy Technology is a project that will provide the national platform for partnership with the Global Cleantech Innovation Programme (GCIP) being piloted by United Nations Industrial Development Organization (UNIDO) and the Rural Electrification Agency (REA) as well as Co-Creation Hub for providing niche technical services within the project.

According to the Minister, the Ministry is currently conducting technology needs assessment for climate in key sectors of the country's economy in line with the global transition of the world technology towards the use of clean energy.

To this end, Dr. Adeleke emphasized that production and value addition to the country's immense natural resources is critical to fast tracking the socio-economic development of the country.

He pointed out that the Steering Committee members are selected from the pool of experts in the Public and He said, the MICS results Private Sectors of the

Minister charges Nigerians on clean energy innovations



Mamora

development of the nation through this laudable project.

The Minister enumerated the membership of the steering committee to include Federal Ministry of Science, Technology and Innovation, Federal Ministry of Environment, Federal Ministry of Industry, Trade and Investment, Small and Medium Enterprises Development Agency of Nigeria (SMEDAN) Bank of Industry, Rural Electrification Agency, amongst others.

Earlier, the Managing Director/CEO Rural Electrification Agency (REP).

to make meaningful Fng. Ahmad Salihijo said that contributions to the their mandates are to support, promote and provide electricity to the rural areas in Africa.

> In his acceptance speech, the Chairman of the steering committee Dr. Peter Ekweozor commended the efforts of the Ministry and United Nations Industrial Development Organization (UNIDO) partner. Added that despite all obstacles the inauguration of the committee members has become a reality.

> He assured the Federal Government that the committee will work assiduously to achieve the full implementation of the

IBB urges Nigerians to be patient over

From MATHEW JWANTU, Minna

ORMER Nigerian Military President General Ibrahim Badamasi Babangida has called on Nigerians to be patient over challenges facing the country, saying insecurity will soon be history.

Speaking with members of the Correspondent Chapel at compared to 47 per cent in his Uphill Mansion, I BB who said tough time don't last, assured that the insecurity will

insecurity

"But I appealed to those perpetrating the dastardly act of insecurity to stop"

bullet was not made with any and impact of their actions in particular tribe or region on it no distant time. be it Yoruba, Hausa, Fulani etc I will never forget what my

father told me when I was growing up that no matter what happens to you if you are able to be patient it will come it will happen and it will past

He called on Nigerians to be hopeful, determined, faithful

and prayerful for the end of the current insecurity challenges facing the nation. adding that those behind it He emphasized that the will realize the consequences

> IBB who commended journalists for their role of reportage said, if they continue the good work they will be able to change the psyche of many Nigerians, and the whole narrative of

both Paris and Ankara by

Gyang leads Senate, Reps to Paris, Turkey

From DORCAS PANKYES,

Abuja

CENATOR I. D. Gyang, Deputy Chairman has 5 countries within its Senate Committee on Defence has led a joint team Representatives on a oneweek oversight of Defence Missions in Paris, France and Ankara, Turkey

The quest for Nigeria to find lasting solution to the challenges of insecurity requires engagement with countries that are strategic to the security of the nation, thus necessitating Defence Missions

The Paris Defence Section covers 11 countries in Europe while that of Ankara,

area of responsibility. The team was briefed in



the Defence Attaches on activities of the missions and efforts at expanding mutually benefitting opportunities between Nigeria and the host countries which have, to a large extent, attained selfsufficiency in their defense needs and capabilities and

The team was also received on courtesy call by Nigerian Ambassadors to France and Turkey, their Excellencies Kayode Laro and Ismail Yusuf Abba respectively.

Nigeria can leverage on

same to win the war

against terrorism.

Bankers donate surgical equipment for VVF repairs

From ANENE AIKE, Sokoto

IRST Bank of Nigeria (FBN) workers under the aegis of Employee Giving and Volunteering Scheme has donated surgical equipment for free Vesico Vaginal Fistula (VVF) repairs in Sokoto State.

The support was part of the Start Performing Acts of Random Kindness (SPARK) initiative by the workers.

Adamu Gambo, Group Head, Northwest II Group of FBN said the 2022 SPARK amplification event targeted Fistula patients at Maryam Abacha Women and Children Hospital, Sokoto.

Gambo said that the initiative involved staff donating money and creating time to execute noble engagements in the society.

"The initiative focuses on creating and reinforcing attitudes which goes beyond meeting people's material needs to show compassion, civility and charity," he added.

He explained that First Bank places premium on corporate responsibility and sustainability as it remains committed to impacting positively on its host communities.

"We are proud of being the future," he stated. woven into the fabric of the society.

"This is a wholesome approach that involves meeting the needs of our stakeholders both presently and in the future.

responsibility approach vulnerable in the society as structurally delivers value they suffer stigmatisation and along the core pillars of



A cross section of the bankers

education, health and welfare," he said.

Gambo said his team identified Maryam Abacha Women and Children Hospital due to its consistency in rendering VVF services to victims.

"We admire your strength, tenacity, resilience and infectious disposition to improve the quality of individuals' lives.

"We urge the hospital's management to view the equipment as a token of love and kindness while we hope to render more assistance in

The Chief Medical Director of the hospital, Dr Bello Lawal commended the staff for the donation pledging that the equipment would be judiciously utilised.

"The victims of VVF are "Our corporate classified among the most

ostracisation by their families and communities," he said.

The CMD however noted that VVF was preventable and curable while its victims are re-integrated into the society after adequate treatment and psychological care.

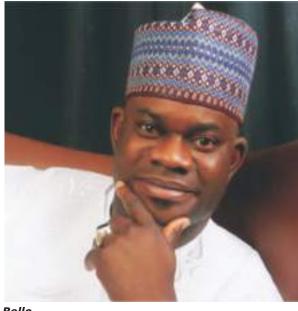
From AMEDU JOSEPH, Lokoja

WO kidnappers have lost their lives during a gun duel with security operatives in Idah Local Government Area of Kogi State.

Our Correspondent gathered that the incident which happened on Tuesday also saw two other kidnappers escape with different degrees of bullet o u n d s According to reports, the kidnappers have perpetuated havoc within the area of their operations and security operatives had been on their

Confirming the information on Wednesday, the Chairman of Idah Local Government, Hon. Abuh Odoma stated that with the support received from the state governor, they have continued to secure victories over some of these miscreants.

He expressed that they were committed to ensuring that as declared by the state governor in their several meetings, every nook and cranny of Kogi Two kidnappers killed, others escaped with bullet wounds



Security Adviser, Commodore within the rural communities.

State was guaranteed safe and Jerry Omodara stressed the need for continued vigilance In his reaction, the State by citizens, particularly those

warns against land encroachment **FUL VC**

HE Management of Federal University, Lokoja, FUL, has issued a stern warning to those encroaching into the land of the University at the Permanent Site, Felele to desist forthwith or be made to face the consequences of their actions.

The warning followed an on-the-spot assessment of the institution's Permanent Site land at Felele where the management and security agents discovered various unwholesome activities of land grabbers in the area.

inspection visit, the Vice-Chancellor of the University, Professor Olayemi Akinwumi decried the level at which some unpatriotic citizens have devalued education by attempting to sell portions of land meant for the

From AMEDU JOSEPH

Lokoja

He said that the university would no longer fold its succeed in their nefarious ventures.

Institution to individuals.

The Vice-Chancellor pointed out that the team, during the tour discovered that some new buildings were already at different levels of completion while other parcels of land were allocated to unidentified individuals who are yet to commence work.

The VC, therefore, warned "owners" of such projects not to make any further efforts at completing them, saying all legal actions would be enforced to reclaim the landed property belonging to the Institution. In his words: "It has come to the notice of the Management of the Federal University Lokoja that some unscrupulous elements were making merchandise of the University's landed property at the Felele Campus. The University Management and some security agencies were conducting an oversight function around the University landed property at the Permanent Site in Felele and came to a shocking discovery that some individuals have been selling off portions of the land to their cronies. During Lar stressed that under the inspection, we saw his leadership, they would beacons with names and phone numbers, some

buildings and new structures springing up rapidly everywhere in the University land to our utmost surprise.

"The University management was appalled by the level of unpatriotic activities of people who should be partners-inprogress with the Institution, and therefore has instituted concrete moves immediately to inform all relevant stakeholders, while security hands and watch them agents have been stationed to arrest and prosecute any trespasser.

"We want to sound this note of warning to discourage anyone wishing to further get involved in this criminal activity to as a matter of urgency desist from it, while those who have made payments in acquiring the land are advised to request for a refund of their money.

"It should be noted that encroaching into the landed property of the Federal University Lokoja and selling any portion of it to the highest bidders was tantamount to stealing and

an outright confrontation on the University which will no longer be tolerated. Any further attempt on this will be met with severe penalties by relevant authorities of the government. To be forewarned is to be forearmed! "Again, we still want to appeal to traditional rulers in the host communities to speak to their subjects who are involved and notorious in such illegal and criminal activities to discontinue forthwith. However, we want to commend and appreciate some of the communities that have refused to join the bandwagon and distanced themselves from this evil

"Lastly, farmers are equally warned to stop unauthorized activities on the University land with immediate effect. But those who already have their crops on the land are given ample time to harvest their farm produce during the next harvest season.

NUJ PPC pays courtesy call on State Council

By HOSEA NYAMLONG

HAIRMAN of the ✓Nigeria Union Of Journalists (NUJ), Plateau State Council, Mr. Paul Jatau has assured collaboration with the newly elected EXCO of the Plateau Publishing Corporation (PPC), NUJ Chapel for positive development.

Jatau disclosed this during a courtesy visit of the EXCO, NUJ Chapel at the state Council Secretariat recently. He said the visit was timely.

The state chairman Lar commended the EXCO for better the union. them to put in their best so office. as to pilot the affairs of the



being the first to pay such Jatau prayed for God's visit to the council's guidance and wished the secretariat and urged EXCO a successful tenure of

Speaking earlier, the union by initiating new chairman of the NUJ PPC ideas and programmes Chapel, Mr. Israel Nanjul that would move the union Lar, appreciated the council's chairman for the He said that his doors are audience given to them and always open for new pledged the union's loyal innovations, ideas and support to the leadership of criticisms that would the state council and the National body of the Union.

He said that it is the desire of the new EXCO to work in synergy with the state council to strengthen further areas of partnerships that would enhance the success of the union and the welfare of it's members.

ensure that the needful was done to uphold the roofed uncompleted tenets of the profession for



Prof. Akinwumi

SUNDAY MAGAZINE



Alarming backlog of workers' salaries

Continued from page 10

revenue collection, what magic can such a state perform to pay salaries and also meet up with provision store owner In Jos payments for up to six months. other commitments of frawned at the Government for governance?

take the risk of giving any fresh or less a civil service loan at this time, knowing fully environment where if workers well that most of these Governors are not paid as at when due, the are finishing their terms in office spiral effect gets to us as this year or next. Secondly, most business people. We suffer the of these funds have already been pain too because we don't even expended on political projects see customers to buy our such as primary elections, goods." conventions and of course preparations towards the 2023 states that are paying half salary. general elections.

during all election circles so shall percentage methods while some it be with this one. Unless the are still in the habit of engaging Governors can leverage on the casual staff in order to cut down fact that the APC led Federal expenses on their recurrent Government in its quest to get expenditures. the votes of workers in the Although son noted.

moment suggest that civil quo. servants may just have to wait a

likely to happen any time soon. pensioners in the last six months. hospital have not been paid in the ugly trend as one caused by lack

As at today, there are still some States like Nassarawa and Kogi "So, as it has always been had adopted payment on

various states might go for a bail Governors inherited an over out as in order to remedy the bloated civil service with a heavy situation at hand in those salary debt burden including that of owing states." Timkur further salary arrears, they tried to avoid public back lash and the trap of However, the precarious going for the retrenchment situation in some states at the option by maintaining the status

For example, Abia state which little longer while trying to find is ranked among states with answers to addressing the issue many months of arrears, owes its of bag log of arrears and state tertiary institution workers subsequent monthly payments not less than six months salary, which by all indications is not while Ebonyi has not paid its

Nigerian civil servants are unfortunately no strangers to delays and gaps in monthly salary payments despite belonging to the executive implementing arm of government, they have been left without payments in many instances with many states guilty of this nonpayment where civil servants are always at wits end at the end of the month.

allowances were excluded.

unfortunately no strangers to implementation. delays and gaps in monthly salary the end of the month."

Analysts have described the future.

Concerned with the In Taraba, state secretariat staff past four months. Quoting of adequate planning and development, Mr. Tobi Best, a complained of irregular BudgIT sources. In Abia, the state financial discipline which has Government has not paid salaries resulted in faulty policy While in Ondo state, lecturers at in the last ten months which implementation by the leadership not paying the state workers the state tertiary institutions and SUNDAY STANDARD gathered across board which has caused "Mind you, no bank is going to their dues. Noting, "this is more midwives in the state-owned was last paid in 2021 with only the the delay in payment of civil basic salary while other servants in Nigeria, a syndrome that has remained a recurring Speaking about the current decimal for many years now. realities of affected workers, BudgIT observed that, the Iniobong Usen, BudgIT Head of situation is made worse as these research and Policy Advisory, days the delays are evident at the noted that civil servants' national and sub- national levels remuneration whether at the which has been confirmed to state or federal level- as at when constitute a breach of the basic due is a necessary part of the contractual provisions that exist employer/ employee relationship. between an employer and the "This affects the smooth working employee rights at all levels. And of the government and this is not $\mbox{ despite }$ the $\mbox{ hue }$ and $\mbox{ cry }$ from only because the survival and pressure groups, there are livelihood of civil servants depend indications that several states are on timely salary payment, but still struggling with the salary also because the Governments' issue right from the refusal to pay smacks of the implementation of the minimum disregard for the legal obligation wage which moved from N18,000 to N30,000 which some states "Nigerian civil servants are are said to be left behind in its

And as the Nigerian Labour payments despite belonging to Congress [NLC] submits its the executive implementing arm request to the federal of government, they have been Government for a 50 percent left without payments in many upward salary review, it remains instances with many states guilty to be seen how those states of this nonpayment where civil currently owing salaries would servants are always at wits end at brace up with the challenges of the present with that of the

METRO-FOCUS

International standard is my dream'

By EZEKIEL DONTINNA

T has become quite interesting these days that we now have young people with practical skills. Most of them are becoming interested in putting their talents into constructive uses. This surge is adding their numbers to the manufacturing industry, earlier ignored industrial space that should have kept our youth out of the streets. Many are now prepared to learn one skill or the other because of the current realities that white collar jobs are very scarce and this has rendered our productive population helpless.

Over the years, this has not in small measure affected our productive space and would have complemented our theoretical academic pursuit that we so much hang unto with no employment opportunities for our youth. But, today, you see most of them attending classes in the morning and later retire to learning one skill or the other after school hours.

Interestingly, the Federal Government under the leadership of President Muhammad Buhari, saw the need for the diversification of our economy through the introduction of skills acquisition progammes in schools and other organisations. And this is truly yielding positive fruits in most communities across the country.

Those most commonly seen rushing to respective skills acquisition centres are those within the age bracket of twelve and seventeen. Most of them are learning shoes making, tailoring, carpentry, smart phone repairs, mechanic work and other so that they will be able to fall back on it while waiting for admission or if unable to get any available white collar jobs.

However, for Mr. Gabriel Wapanida Manaseh, an indigent of Adamawa State resident in Jos, the Plateau State capital and a graduate of Methodist Theology, it was a dream come true for him having been a trainer and an employer of labour in his capacity for the past 8 years through shoes making.

He said, "I have heard on several occasions that skills acquisition is another complementary factor to formal education and that, learning skills is an added advantage. So, I started learning shoes making in 2009 to 2010 from a friend of mine, Mr. Peter Cletus. In fact, I have learned different aspects of it (both males and females shoes)

"Today, I am the Chief Executive Officer of Kharis Footwears in Jos, Nigeria and I make sales of 20 to 30 shoes in a week with N15,000 to N30,000 always realized. I have students who go to school but still retire to the workshop to learn shoes making. Among the 14 students, three are through with their secondary school and are awaiting University admission, but the rest are still in secondary schools.

"The level of patronage is high. In fact, we sometimes are not able to meet up with people's demand because everybody wears shoes. You know, the high and mighty, the middle and the lower classes wear shoes. It is just that we do not have the necessary machines to upgrade our productions. Had it been we had these machines to move faster, we would have gone far by now", Manaseh highlighted.



These are shoes made by Mr. Gabrial Wapanida Manaseh



Some of the challenges he listed, include finances and government policies because shoes making these days has been very expensive because of the rise in exchange rate of a dollar in the world market, making the prices of materials to always be on the increase. "the rising and falling of dollars affect shoes making because most of the materials we use are not manufactured here in Nigeria, but imported.

'So, any time the dollar rises, the prices of materials rise too and we have found it very difficult to convince our customers about the new prices of materials and that we need to upgrade in the prices of shoes. Of recent, we had to do some adjustments in our prices because of the change in dollar. We used to sell the least shoes for N1,800 and N1,900 but right now, we sell one for N3,500 and the patronage is still high", he disclosed.

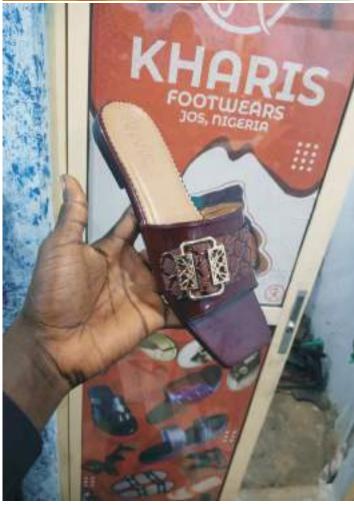
The Khiris CEO, called on government and spirited individuals to support them by giving them a level playing ground

to compete with other countries of the world. Because the same shoes produced by these countries lack new designs we have in Nigeria, hence the need for government to stop these brands coming from outside for them to boost the economy of the country.

"Access to funding is another challenge. I know sometime government announced that there was loan scheme through micro finance banks, but when applied for it, there was nothing to show at the end of the day. So, if government can make these loans accessible to us, we can invest in the business and the payment will not be a problem because some of us have existing businesses.

"Like in my case, I have been into this business for over eight vears now. So, if I have this loan, it will boost this business by buying machines that can cut, sew and flatten the shoes and it will go very far placing Nigeria in the international shoes market. I will also employ more hands which will





get our youths out of streets.

It really shows that it is high time we took this seriously as a nation and provide soft loans for those with exceptional talents. This will not in small measure sell our products and will not only be sold internationally because you need

to see what these gifted young people are doing. A little encouragement morally and financially will go a long way. Judge for yourself some of the products made by Mr. Gabriel Wapanida Manaseh. You can reach here in the country but him through this phone line: (08061391858)

SUNDAY PEOPLE

LALONG ATTENDS VALEDICTORY OF LATE JUSTICE LADI MADAKI

Plateau State Governor, Rt Hon Simon Bako Lalong, represented by the SGS, Prof. Danladi Abok Atu during the week attended the valedictory Court session in honour of late Justice Ladi Agyer Madaki at the High Court Jos



Governor Lalong, through Prof. Danladi Abok Atu, SGS delivering his condolence message



Justice David Mann, Chief Judge (right) flanked by other Justices presiding over the valedictory Court session.



A cross section of family members of late Justice Ladi Agyer Madaki at the event



A cross section of memers of the law profession listening to procession



A cross section of Justices and members of Bar during the event



Barr. Jonathan Mawiyau, Adviser to Governor Lalong on Legal Matters speaking at the valedictory session



Barr. Rautha Dakok delivering her condolences to the deceased family



High Court Justices at the valedictory session in honour late Justice Ladi Agyer Madaki



On child safety

ERSONS below the age of 18 years are categorized as children according to Unite Nation Convention on the Rights of the Child

Child safety

Drivers and cyclists are urged to be careful in built-up areas such as schools, churches, mosques, markets, snack shops, ice cream stalls, parks or fruit trees because children are usually found in such places. When driving, if you see a ball rolling across the road, expect a child to coming chasing after it; slow down and be ready to stop.

Safe way to travel with children in vehicle:

Provide a safety seat (child restraints) fitted into a car for the child's use

Ensure that the child is correctly placed in the seat. This reduces the likelihood of injury or death in the event of a crash

Children sitting in a vehicle:

Children less than 12 years or persons less than 4 to 5 feet should not sit in the front seat. This guarantees their safety.

Children less than 12 months old must ride in a rear facing car seat fixed at the back seat of the vehicle.

Children from ages 1 to 7 should sit facing the front of the car in a child's seat strapped properly to the back seat.

Avoid carrying a child in your lap as it may be crushed between your body and dashboard in the event of a crash.

Do not allow children to play with the handle of the doors or locks. Use child lock where available.

Do not leave children to sit in the luggage area of hatchback station wagons or vans.

Do not leave the hatchback open when a child is sitting at the back seat.

Do not allow children to stick any part of their body out of the vehicle.

Do no transport children under 16 at

the back of a pick-up van.

Do not carry a child on your lap while drivina.

Do not kill the child; kill the speed. # Use a car seat

What to do when walking with A Child:

Walk on the walkway/extreme left facing oncoming vehicles

Hold the child on the left while positioning yourself in between the child and the traffic

REMEMBER: Pedestrians have right of way immediately they step on zebra crossing

Guides for Children of School Age Using the Road:

When crossing the road, use pedestrian bridge or zebra crossing where available

Walk facing oncoming traffic

Use the walkway where provided Do not play on the road

While riding bicycle, use the bicycle paths where available or ride towards the kerb facing oncoming traffic where there is no bicycle path

Wear bright-coloured clothing when walking at night.

Did you know?

Did you know that it is not safe to lap a child in a vehicle?

Did you know that it is unsafe for children under 17 years to sit on the front passenger seat?

Did you know that the safest way to carry a child is to use a child seat that is suitable for its weight and size?

Did you know that at a speed of about 48.3 km/h, an unrestrained child would be thrown forward with a force 30 to 60 times its body weight?

Did you know that such a child would be thrown about in the vehicle injuring themselves and others?

Did you know that such a child could be ejected from the car through one of the windows?



MEMS

NASS to honor staff

ORUM of Independent Media Practitioners of Nigeria (FIMN) has Assembly, Abuja.

National Coordinator of the the forum and has a bastion of knowledge. Forum, Mr. Abraham impacted on the National who has impacted Ogwaje said the awards is Assembly in general. to celebrate the impact of Mr. Nyam on the lives of so made available to newsmen also to encourage him into many people across the in Abuja described the more actions" he country.

FROM JIDAUNA YANUNG, Indigene Forum in the Abuja

a staff of the National National Assembly sand of time. (PIFNASS) contributed a A statement signed by the lot to the development of leads "Mr. Austine Nyam is

secretary of Plateau emphasized.

National Assembly as a Nyam, who is the quintessential leader concluded arrangements to secretary of Plateau whose contributions would honour Mr. Austine Nyama Indigenes Forum in the remain indelible in the

> The statement further positively on the lives of Ogwaje in the statement Nigerians. This award is

Science ministry to collaborate with AMSU on set mandate

HE Minister of Science, Technology and Innovation Dr. (Sen). Adeleke Olorunnimbe Mamora has said that the ministry will put in more efforts in reflecting on its recent achievements and adopt emerging trends in the application of Science, Technology and Innovation (STI) to achieve the Ministry's set mandates.

He added that more efforts will be made in tackling common challenges encountered in the implementation of STI policies in Nigeria.

Dr. Adeleke made this known at the Ministry's one day ministerial retreat held today in Abuja.

According to the Minister, the repositioning and strengthening efforts of the Ministry in STI will no doubt address the problem of innovation in its statutory responsibility and growth of national economy.

He further stated that recent achievements

From DORCAS PANKYES, Abuja

and immeasurable support by President Buhari.

In his words, "These achievements were made possible without any doubt, as a result of purposeful and quality leadership style provided by President Muhammadu Buhari. The President demonstrated this through changing the narratives of hitherto inadequate funding of the ministry to improved budgetary provisions which has resulted in improved Research and Development (R&D) outputs across the ministry and its agencies of recent times."

Speaking at event, the Minister of State for Science, Technology and Innovation, Chief Henry Ikechukwu Ikoh said that the nation's leadership cannot fail the citizens anymore adding that the country expects more positive impact from the ministry in view of its recorded were by the dwindling revenue generation thorough and purposeful and increasing importation leadership of them ministry which is weakening the value

Chief Ikoh further stated that the country was endowed with human and material resources and if properly harnessed would boost socio-economic wellbeing of the people and Nigeria in general.

In her goodwill address at the retreat, the Senate Committee Chairman on Science, Technology and Innovation, Sen. Lillian Uche Ekwunife said that her committee had contributed their quota towards the development of STI through passage of bills that will boost and sustain the cause of STI in Nigeria.

The Chairman, House Committee on Science Research Institute, Hon. Olaide Akinremi, called on relevant stakeholders in the STI ecosystem to ensure R&D outputs are commercialized for the benefit of the nation.

The Chairman, House Committee on Science, Technology and Innovation Hon. Beni Lar said that more legislative efforts would be made to enhance development of STI in Nigeria.

NAWOJ raises concern on violence

against women

HE Nigeria Association of Women Journalists (NAWOJ) has noted with concern, the alarming spikes in the cases of physical and domestic violence against women by their spouses.

It is particularly worrisome to note that in the month of August 2022 alone, there were three documented cases of wife battery that inflicted serious physical injuries, mental torture, dehumanised sanctity and dignity of victims by their husbands in the country.

These cases include that of a Local Government Transition Committee chairman of Nnewi his wife that turned his victim. North of Anambra State, who is being accused of committing violence against his wife that led to her untimely death. Thankfully, the culprit has been suspended from office by the Anambra State Governor and apprehended by the police.

Also of serious concern is an alleged case of a man along with his side female lover who macheted his wife in Rivers State but, now cooling off in Police net at Elele in Rivers State and the most recent being the case of a female

From DORCAS PANKYES, Abuja

journalist, a mothers of three working with the Adamawa Broadcasting Corporation (ABC) Yola, Nafessah Vandi, who was beaten to a point of stupor by her estranged husband, who inflicted various degree of injuries including dislocation of one of her hands.

The painful irony reveals that the wife beater, one Ibrahim Aliyu, a dismissed staff of PHCN has not been living up to his responsibility of fending for his family as he totally abdicated such to his

This dehumanising development must not be condoled and tolerated by any sane and civilised society.

It is disheartening to note that in spite of the ongoing sensitization campaign on sexual and gender based violence aside the domestication of the VAPP laws in many states of Nigeria, some brute men are still in the habit of beating their wives and threating them as slaves and partners by inflicting injuries on them.

These cases shall not be

allowed to slide away. It is against this backdrop that the Nigeria Association of Women Journalists, called on the Inspector General of Police (IGP) and the Commissioner of Police in Adamawa State, to fish out the perpetrator of this heinous and barbaric act against a female Journalist, Nafessa and bring him to

"According to the association Ibrahim Aliyu must be made to face the full wrath of the law to serve as deterrent to his like minds from ever contemplating such an unacceptable and criminal

The fundamental rights and dignity of women must be upheld and respected by all at all times.

No spouse deserves to be prutalised and denumanis in the guise of provocation of any form or reason.

NAWOJ equally calls on Faith based organisations, human rights activists as well as relevant Governmental Organisations, (NGOs) to rise to the occasion and speak out against such societal ills in the country.

It should be noted that an injury to one is injury to all.

There can never be justification for violence against a spouse or any human being".

COCIN LCC Nassarawa Gwong loses former elder

By HOSEA NYAMLONG

Associate Pastor, Church of Christ in Nations, (COCIN) LCC Church Nassarawa Gwong, Jos Rev. Musa Hassan has urged believers in Christ to live a transparent lifestyles, here on earth. Hassan stated this during

the funeral service of Late Elder Bulus Dalyop at the Church auditorium on Friday, adding that it has become unfortunate that believers are carried away by their sinful life, forgetting that there is death.

In his sermon, titled "Death is Certain, Be Prepared", he took his Bible reading from the book of Hebrew chapter 9 verses 27 through 28. Hassan admonished

believers to live a life that would bring glory to God Almighty, if they want to meet with God on the last day saying, "Believers must always be ready, for death would not announced its coming.

According to him, "the only way to live a transparent life in this world is by accepting Christ as one's personal Lord and Saviour and be committed to the things of

Hassan maintained that transparent life is better than false life and advised



Late Dalyop

believers to stay off sinful life, ethnicity, nepotism and tribalism etc, which would hinder them from life that depicts Christ likeness.

Late Dalyop, until his demised, was a staff of University of Jos, Head of Department of Medical Instructional Technology Unit,(MITU).

Left to mourn him are his aged parents, Da Catechiest and Ngo Dalyop, Wife Mrs. Mary Buluś Dalyop,

Guluwa expresses joy over XECUTIVE Chairman of Bokkos Local Dariye release Government Council, Hon. Joseph Guluwa joined millions of well wishers to welcome Chief Joshua



Guluwa specifically Guluwa

to

commended the Executive and making consultations his fountain of knowledge Governor of Plateau State to see that Chief Dariye and experience to add to and Chairman , Northern regained his freedom.

Governors Forum, Rt. Hon. "As His Excellency, Senator, Bokkos LGA, Plateau State Barrister Simon Bako Chief Joshua Dariye and Nigeria at Large. Lalong for his efforts and reunites with his family and *"Only to those who have all Traditional and Religious well wishers, it is our been in prison does leaders in the state who earnest desire that he will freedom have such great stood in the gap praying not be tired dipping from meaning"

Hassan commences engagement

with citizens on Jos Main Market project

the development of

Lawmaker engages constituents on plans to rebuild Jos Main Market

MEMBER representing Jos stakeholders in company of North - West the Executive Chairman of los Constituency in the Plateau North Local Government among financial institutions State House of Assembly, Hon. Esther Simi Dusu has met with some organizations and Community Development associations over the state Government's plan to rebuild the Jos Main Market in collaboration with Jaiz Bank.

lawmaker parleyed with the leadership of the Christian Association of Nigeria, Jama'atul Nasril Islam JNI, Plateau Youth Council , Jos North Chapter, Berom Educational and Cultural Organization, BECO, Jos North, Afizere Youth Movement, Civil Society and Development Associations to aggregate the opinion of her constituents on government's intention to resuscitate the project.

While addressing

- We st the Executive Chairman of Jos provided the best terms Council, Shehu Bala Usman, Dusu noted that as people's representative, it is incumbent to intimate her constituents by giving them the Rescue Administration's position on the terms and conditions as enshrined in the Memorandum Towards has this end, the of Understanding yet to be signed between the state government and Jaiz Bank.

appealed to stakeholders to freely ventilate their thoughts on the matter which she said will in turn be presented to the House of Assembly for onward submission to Governor Simon Lalong.

The Executive Chairman of Jos North Local Government Council Shehu Bala Usman in his submission, explained the economic benefits of the contract.

children, many brothers, sisters and relatives. final interment was

held at the family compound, chairman quarters, opposite B/Ladi Club Barkin Ladi Local Government Area.

Usman noted that Jaiz Bank

He noted that the market if

rebuilt, will be overseen by the

Jos Main Market Authority

stressing the Bank will only

recoup her money through the

On the issue of Forty years

duration for the bank to get

back its funds, the Chairman

took time to explain that the

duration was a deliberate plan

to give the common man in

the rural area an opportunity

to own and control a shop

where the rent will be spread

The Jos North Council boss

appealed to citizens to

understand the position of

government which was aimed

at reviving the economic

Stakeholders at the meeting

welcomed the initiative of

government to rebuild the Jos

Main Market but where quick

to observe that it must

embark on thorough

consultations with citizens for

fortunes of the state thereby

boosting its revenue base.

and paid without stress.

that bided for the project.

authority of the market.

EMBER Representing Jos North North in the Plateau State House of Assembly Ibrahim Baba Hassan has commenced engagement with kev stakeholders in Jos North Local Government Area to fashion out ways for understanding the economic benefits of rebuilding the Jos Main Market to be financed by

Dariye home, on his release from the Kuje

Correctional Center, Abuja.

appreciated the efforts of

all those that facilitated

Chief Dariye's Presidential

pardon which was

approved and ratified by

the Council of State headed by President

Muhammadu Buhari.Hon.

The Chairman

Jaiz Bank. Baba Hassan explained that, though Jaiz Bank is owned by an Islamic body, the bank has no religious or sentiment embedded whatsoever in its

operation. He explained that among the financial institutions approached, Jaiz Bank provided **Shehu** the best option interest on its funding of over Nine Billion as against over Eighteen Billion Naira quoted by other institutions.

continuation of the directives Assembly to engage and enlighten relevant stakeholders in their respective local government areas, which was held at Jos North council Chairman's office.

Governor Simon Lalong had during an enlarged Town Hall of the State House of Assembly understand the content of the to engage their various



benefits of rebuilding the Jos Understanding (MOU) with Jaiz Main Market in collaboration with Jaiz Bank.

Member Representing Jos The engagement was, a North North in the Plateau State House of Assembly, Ibrahim fto all members of the House of Baba Hassan invited key representatives of various groups which included some Community leaders, Development Associations, the Youths, as well as representatives of each tribe in the Area.

He noted that the meeting meeting with stakeholders in shall continue with different the state advised all members groups to enable citizens

with no constituents on the economic planned Memorandum of Bank.

> The Jos North representative noted that the market when built will be allocated to interested groups through the 17 Local Governments

> Hon Baba Hassan, who acknowledged the outcry of citizens said that the planned Memorandum Of Understanding will be clear and explicit in it's terms and conditions, stating that Governor Simon Lalong meant well for Plateau and has no plans to mortgage the future of the state as it is being speculated in some quarters.

> Contributing, Chairman of los North Local Government Shehu Bala Usman called on Stakeholders to step down the engagement to the grassroots promised to listening ear to all stakeholders who would contribute their quota towards the rebuilding of the market.

In their separate contributions, stakeholders appreciated the steps taken by the government towards rebuilding the Jos Main Market but queried lack of earlier engagements that would have prevented negative responses to the good initiative.

They promised to take the messages down to their people.

Jos North union joyful over DPM as national treaurer RIPARTITE Union of Jos North North Chapter and that of the appreciated the stakeholders of Jos

RIPARTITE Union of Jos North North Chapter and did of the appropriate State of State Nigeria for the choice of the Director of the Personnel Management of the Jos North, Samuel Laksing as its National Treasurer.

While congratulating Samuel Laksing for emerging victorious at the National Convention of the Association of Heads of Local Governments of Nigeria, the Nigeria Union of Local Government Employees NULGE Chairman Jos North Local Government Council Comrade Kish Kida noted that With the emergerce of Laksing as National Treasurer of the body, it will give hope to the third tier of government workers in the country.

Local Government Employees Jos

prayed God to see them through in National Treasurer of the body. their tenure."

to enable him succeed in his quest of rebranding the Local Government Administration in Nigeria.

Other stakeholders who spoke described Mr Samuel Laksing as a seasoned administrator with sterling leadership prowess whose position as National Treasurer of the Parent body of Head of Local Government Administration of Nigeria would help in reviving the Local government system in the country.

Reacting over the development, The Chairman Nigeria Union of the Director of Personnel Management Mr Samuel Laksing

expressed gratitude to the Association of Heads of Local Government Administration of glory to the Local Government National convention and emerged as

He pledged to contribute his quota They assured him of their especially in the area of having one unflinching support and cooperation scheme of service for local government workers in the country.

The DPM maintained that as National Treasurer, he will rally round his colleagues to galvanize the local government system in the country to make more effective and viable.

He noted that his administration will prioritize welfare and well-being of Jos North Local Government Council as panacea to boost staff moral to be more productive in the discharge of their civic responsibilities.

He praised the gallantry and resilience of staff and promise them better days ahead.



Dusu

TRIBUTE

Elder Dalyop: Our hearts are broken

Last week was not a pleasant one for some of us. It was undeniably not delightful one at all after it became obvious that one of our respected Elders and great worker in the vineyard of our Lord Jesus Christ, Elder Bulus Dalyop Vou of the Church of Christ in Nations, (COCIN) LCC Nassarawa Gwong, Jos transited to glory to be with our creator. BULUS GAMBO writes.

HOUGH I left COCIN LCC Nassarawa Gwong Jos, in Jos North Local Government Area for Bassa, another council area of Plateau State for over two years now, this former church of mine christened "Victory Sanctuary", will forever be a part of me. Firstly, apart from the fact that the church indeed rejuvenated my faith in Christ, I still have many bosom friends and spiritual mentors back there who have continued to encourage me to confront issues of life with tremendous dignity and respect. I cannot also forget to mention my in-law and one time Elder of the church, Mrs. Jennifer Yarima and one of the Associate Pastors of the church and Divisional Police Officer of Nassarawa Gwong Jos, Rev. SP. Musa Hassan who with me as the three musketeers have been desirously working out our salvation as we anticipate the coming of our Lord in no distant time.

While Christ tarries however, the three of us have continued to work together more closely navigating the corruptible paths of life and its evident discouraging system for greatness and victory in all and every circumstances. However, while yours sincerely has been on the side of the congregation and not until later before I left the church was ordinated a Patron of the Boys' Brigade, both Mrs. Yarima and Rev. Hassan had the rare privilege of working with the deceased more were both Patrons with the deceased find eternal rest with the Lord. and also worked during the 40th and 50th absorb.

being. A couple of days back, Mrs. church for my present place of abode. Yarima called me and informed me that courage to confirm to me that, Elder Dalyop was no more on planet earth.

So jerked, I asked many other questions, almost forgetting that our God does His things at His appointed time but for a reason, questions such as, "How comes? Was he sick? What happened occurred?

health challenges in most recent times which never overwhelmed him until recently but I know that he will greatly be missed by all in the church and even beyond," Was all she would utter. Not wanting to physiologically torture her any further considering their closeness, I sorted to comforting her and praying



Late Elder Dalyop

fruitful chapter of an interesting and called 'My Oga' by Yarima herself. All this while, I never knew that Elder discourse. After my first encounter, we

worse news I had not heard for a while. mentor was so shocking, the man really heaven their home. After a deep breath, she found the positively lived a good life, helped many

closely. With all pleasure however, we to God for the soul of the departed to to stand firm in Christ and never to lose hope in Him. Elder Dalyop was a sincere Ask anyone in the church and the personality and always ready to listen anniversary celebrations of COCIN response would be that the Late Elder to any issue anyone wanted him to Nassarawa Gwong with all pleasure. For Bulus Dalyop lived a Christ like life to address and for advice. He was a very Yarima who worked more closely with the end. At first, though we were some humble leader who never placed the deceased Elder Dalyop in the church distances apart, I never knew that the himself above others. Yarima learnt a council for about six years as his deceased knew me by name not until a lot from him in the council in terms of assistant secretary, the pains were stunt after he called me by my full church administration and leadership outrageously incomprehensible to names the first time we opened a quality. He was a man cherished by all

Speaking during a sermon, Rev Musa Bulus Dalyop was battling with ailment continued to have cherished moments Hassan advised Christians to always be Headquarters leading Pastor, Rev and was off and on with his physical together before I eventually left the prepared for death which can come at any point in time. He noted that this In her tribute, Mrs. Jennifer Yarima perilous times are not moments for we have lost a great man in the church. Who regarded the deceased as one of Christians to continue to toy with their Understandably, after she disclosed her mentors notes with great sadness. Christian life but move closer to God so most of the ministers served in the this; I immediately awaited for the and pain that though the exit of her as to receive his blessings and make church when he was the council's

Speaking while conducting the funeral

rites, leading Pastor of the church, Rev. Cletus Gwam spoke of the gentility of the deceased noting that he was a man of peace and a leader who was willing to listen to all. He prayed God to comfort the entire family and the congregation and his work place considering his contribution to better the lives of many in our society.

Elder Bulus Dalyop, born on the 6th of April 1958 at Ku-bwin (Fass) in Gassa, Ropp District of Barkin Ladi Local Government Area into the humble family of Catchiest Da Dalyop Vou(Retired) and Ngo Kombo Dalyop Vou of Gassa, attained LSB Primary School Gassa now Model Primary School Gassa between 1967-1972 where he obtained his First Leaving Certificate. He was thereafter admitted into Gyel Commercial College Bukuru now Zang Commercial School, Bukuru between 1973- 1977 after which he obtained his General Certificate of Education, (GCE).

The late Dalyop then proceeded to the University of Maiduguri, Borno State to study Medical Science Laboratory Technology from 1971-1981. The deceased also attended other short term courses including Tele-medicine at Indrasprastha Apollo Hospital India in 2013 and had his COCIN Theological Education by Extension (TEE) respectively.

The late Elder who was until his demise the Head of Medical Instruction Technology Unit, (MITU) dedicated his life to Christ and was baptized by Rev. David Tyos at COCIN LCC Nassarawa Gwong on the 19th December 1998 and was a devoted communicant member who served the Lord in various capacities in the church.

The church service was attended by many individuals including former President of COCIN, Rev Prof. Dachollom Datiri, Chairman of RCC/PCC, Jos, Rev. Gyang Bot, COCIN Sylvester Dachomo, Rev Michael Ogabari, Rev Moses Chagumi, Rev Bitrus Bagos, Rev. Mangai, Rev. Domnan Nanfa, and Rev. Pwajok Bok as secretary.

All this while, I never knew that Elder Bulus Dalyop was battling with ailment and was off and on with his physical being. A couple of days back, Mrs. Yarima called me and informed me that we have lost a great man in the church. Understandably, after she disclosed this; I immediately awaited for the worse news I had not heard for a while. After a deep breath, she found the courage to confirm to me that, Elder Dalyop was no more on planet earth. So jerked, I asked many other questions, almost *Our Elder has been facing some 🍑 forgetting that our God does His things at His appointed time but for a reason, questions such as, "How comes? Was he sick? What happened occurred? "Our Elder has been facing some health challenges in most recent times which never overwhelmed him until recently but I know that he will greatly be missed by all in the church and even beyond," Was all she would utter. Not wanting to physiologically torture her any further considering their closeness, I sorted to comforting her and praying to God for the soul of the departed to find eternal rest with the Lord.

SUNDAY SPORTS

Why is menstruation still a taboo subject?

VEN more so within the lacksquare context of sport. As a ■ professional athlete, performing is our number one task. But what if our own bodies are working against us on that particular day?

Dina Asher-Smith talked about it after pulling out of the European Championships 100m with cramps on Tuesday, and I know first-hand how much periods can affect performance.

Before Oslo earlier this season, I'd only ever dropped out of two competitions. The dreaded DNF. And on both occasions, periods were the perpetrator.

The only way to describe it is that my legs feel like they have been replaced with concrete blocks. And that a screwdriver is carving out the Taj Mahal around my ovaries.

Some months, it's manageable. Other months, it's unbearable. There's no telling which Eilish you're going to get on the day. To try and run, or at least perform to the best of my ability, is an almost impossible task.

And after a bad result, I get eaten alive on social media by armchair critics, giving their theories as to why I'm the failure...

'I felt like Shamu the whale'

As a youngster, I used to suffer excruciating cramps every month to the point where my body would go into a fever and start vomiting.

Flashing from hot-to-cold, I would have a full day in bed feeling like death, before waking up the following morning as if nothing had happened.

I went to the doctors and they prescribed the pill. It made me feel rotten. I was crying almost every day and snapping at the smallest of arguments.

Considering I was rarely emotional, it felt like a large swing in personality and I didn't like the way I felt, or the person the hormones were manipulating me to be. I quickly stopped the medication.

For the next decade, I got on with it as best I could. As I got older, the vomiting stopped and my symptoms eased. Life was manageable but as I transitioned into elite athletics, the struggle became more evident as it translated into performances.

In 2019, while at a meet in California, I posted on Instagram about how my periods had caused me to DNF. I couldn't believe the overwhelmingly positive response from other women. Many felt they were alone with this issue. And as it wasn't something Olympic athletes spoke about, most assumed it didn't affect us.

I remember the race so vividly because I had paid a lot of money to attend - international flights, accommodation and a race entry. It all added up to a pretty sum. But it would all be



Considering almost half the population menstruate every month, it seems odd to me that it's still such a taboo subject in 2022.

worth it to get a shot at qualifying for the upcoming World Championships.

My period was a little delayed because of the long-haul travel (another factor female athletes need to consider). So of course, it decided to announce its timely arrival while I was warming up for the race.

I took a load of Ibuprofen to settle my stomach cramps and shuffled over to the start line. I felt like Shamu the whale and dropped out after just five laps of a 25-lap race. I remember thinking, 'what a waste of money and really beating myself up.

These qualifying races in the United States are notoriously late in the evening. Too late for any restaurants to be open. But we trekked a couple of miles to the nearest drive-through McDonalds. We literally said a prayer as we arrived but reality came knocking when they wouldn't serve us without a car.

I sat in the car park, at stupid o'clock in the morning, and cried. Cried because we didn't have a car, and because they wouldn't serve us a Big Mac.

Luckily, on our way home we found a 24-hr grocery store. I bought a family-size cake and it it's hugely frustrating having to \$8.99 it cost me.

'Should I just call the Olympics reality. and ask them to reschedule?'

large majority of women struggle with their menstrual cycles every month, and yet no hamstring. It was a lesson I cycle is often the first thing to one seems to have the answers. learned the hard way, but I hope disappear. At least by taking a Even now, the research in the younger generation can learn period, as much as I hate it, it regards to sport, especially, is

bench? Curled up into a wee ball, schedule another race. go home and sleep.

women's teams in sports such as have. hockey and football are now cycles within their training programmes.

where power is king, I imagine discussion.

was worth every cent of the adapt your schedule. Every, spoken to have stopped taking Single. Month. But that's the the hormonal pill after several

It still fascinates me that a mistake of training too hard track their natural cycle. during a certain phase of my cycle and ended up tearing my or under-fuelling, the menstrual from it.

I presume it would be frustrating it is for periods to energy balance. addressed in far more detail if it coincide with a major affected men - especially our top competition, a man replied on important messages I want to male athletes. Can you imagine Twitter. His solution was to not get across to younger athletes. how many Premier League bother competing when it's my footballers would be left on the time of the month and to just was open up the conversation -

just waiting for the full-time As if I could simply call up the professional athletes but also whistle to be blown so they can Olympic Games and ask them to online, to a larger community of move my event to the following women. Sharing experiences, Periods can also be an added week to fit my cycle. The mind listening to others and taking injury risk. Muscle and tendon boggles sometimes... but it also advice. injuries are far greater and it's just shows me the complete lack the reason why many of of awareness that some people error in finding what works for

accommodating their athletes' embarrassing topic. Coaches, subject than ever before. physiotherapists, teachers,

A few professional athletes I've years. They want to feel more in A few years ago, I made the control of their bodies and to

If an individual is over-training gives some reassurance that the In 2019, when I brought up how body is healthy and in a good

That is one of the most

One of the best things I ever did not only between other

There is still a lot of trial and each individual, but I personally This shouldn't be an feel much more educated on the

I still don't have all the answers parents, partners and friends - I need, but I'll continue to keep I know some sprinters, such as they all play a role in making this that conversation open for the Dina, completely avoid gym an open dialogue. We need to next generation of young female work because of it. In an event feel comfortable having this athletes, in the hope that one day we do.

SUNDAY SPORTS

Super Eagles star out for rest of season

ARDIFF City have confirmed that Super **∮**Eagles defender Jamilu Collins has suffered an injury that will keep him out of action for the rest of the season.

Newsnow said that, it is a devastating blow for Collins, who has been excellent for Cardiff since moving to Wales in the summer.

The fullback quit German 2.Bundesliga side Paderborn to join Cardiff City on a free transfer and had been brilliant in his first three Championship appearances.

Collins picked up the manof-the-match award on his debut in the 1-0 home win over Norwich City on July 30.

The 28-year-old was equally impressive in Cardiff's 2-1 defeat at Reading and the subsequent 1-0 triumph over Birmingham City.

The Nigerian forward scored a historic first on his full Premier League debut and on The Reds' return to the top flight after more than two decades It took Nottingham Forest 23 years to get back to the top flight and their promotion had an element of fate to it. Despite being in the lower rungs of the Championship table in...

However, Collins only lasted nine minutes in the matchday four clash at West Bromwich Albion on Wednesday night.

The left-back injured his knee while attempting to dismiss Darnell Furlong and had to be helped out of the

And Cardiff City boss Steve Morison has confirmed that Collins is out until next year.

international ruptured his ACL Games scheduled for and will require surgery.

"We won't see him again until next season," Morison said of the Nigeria international. "It's gutting for the lad. Really gutting. We are all here for him. We are going to make the next year the best it can possibly be for him.

"It's the worst-case scenario. We will try and get him back for pre-season next year. One thing we do know is we will have one hell of a leftback next season."

Morison has been impressed with Collins' performances and attitudes on and off the pitch since he switched from Germany.

The tactician even described the former Rijeka ace as the best left-back in the Championship

And the Cardiff City coach does not doubt that Collins will receive the necessary support to get him back on his

Morison said, "On a pluspoint for him, his family has just moved over and he has his family with him now. The lads will get behind him; he will be around. I'm sure you'll see his smiling face around the place. We have something else to fight for now.

"He is a great kid; he comes every day. He loved working



every day with us and we and deliver, starting with the is infectious. As soon as he has afternoon. his operation and he's a bit around the lads "

options at left-back with over game on Sunday. 40 league games left to play in campaign.

It would be hard to replace Collins.

Republic of Ireland Under-21 each other." defender Joel Bagan to step up

loved working with him. He is Severnside derby clash with someone you want around. He Bristol City on Sunday

"There is a big possibility that more mobile, he will be Joel might fill in at left-back!" Morison said. "JC [Collins] has With Collins out, Morison is been outstanding. He has to already considering his be ready and step up in a huge

the 2022-2023 Championship here and say we were going to Lagos, agreed to hold the The manager confessed that season. JC was an unknown in Benin City on September quantity in the Championship, 30, 2022, there are but we knew it would be good indications that the polls may But he is banking on to see them go toe to toe with not hold over what some

AGLES B Head Coach, Salisu Yusuf has stated unequivocally that the mission of the team is not to avenge the defeat of Nigeria by Ghana on the road to the FIFA World Cup Qatar 2022. The coach who took the Eagles B to a silver finish in 2018 in Morocco, said his current team is more concerned about qualifying for Algeria 2023 rather than aim for a 'revenge.'

"I won't say we are seeking to get revenge against Ghana because of what happened with the last game on the road to the Qatar World Cup. We want to win and qualify for the final stage of the competition in Algeria next year. That is basically what we are pursuing.

"However, if we beat them to the ticket, which we definitely hope to achieve, then whatever description anyone gives it should be a matter of choice," the coach said after a session at the training pitch of the MKO Abiola National

Nigeria, Ghana CHAN clash has nothing to do with revenge

Stadium in Abuja.

Newsnowsaid that, the Eagles B have intensified their workouts at the venue on a daily basis. The team played two friendly games against vouth teams on Thursday as matches billed for 28th August in Cape Coast and 3rd

September in Abuja.

Remo Stars goalkeeper KayodeBankole joined the team late on Tuesday to keep the number of players still in camp at 34. Bankole was part of their build-up for the called in as a substitute for injured Victor Sochima of Rivers United.

– Yusuf



Players Union threatens to scuttle elections over Statute

ALTHOUGH members of the Nigeria Football Federation (NFF) General "I think it's wrong for us to sit Assembly, on Thursday in rely on Joel for the whole Federation's elective congress describe as the insincere posture of the NFF's current

Newsnow revealed that. one of the issues the players are kicking against is the programme for the elections, which has not addressed their demand for a change in the order of the polls. The Guardian recalls that

some stakeholders agreed to withdraw a suit they filed at a Bayelsa High Court to pave way for new elections on the understanding that some 'anomalies' in the Statute would be addressed before the polls.

Harrison Jalla, who is the head of a task force set up by the Professional Footballers Association of Nigeria (PFAN) to articulate its position on the elections, accused the conveners of the general assembly of tactically disallowing players representatives "from participating in the meeting and so, were not a part of the decisions taking."

He affirmed that players are an integral part of the current five constituent members of the congress, adding that 'they are waiting and watching patiently, like vultures' as events unfold.

Jalla added: "They can return to the trenches if the issue of not holding new Local Government Football Council and State Football Association

elections before the general elections is not dealt with first, to produce a brand-new electorate that will elect a brand-new leadership."

Meanwhile, Chairman of the NFF Electoral Committee 2022, Aikhunegbe Anthony Malik, has declared that his team is ready to accomplish the task at hand with utmost integrity and credibility, saying transparency and diligence will be their watchwords.

Speaking yesterday, a day after the Congress constituted his committee and the NFF Election Appeals Committee, Malik assured that the business of giving Nigeria a new NFF Executive Committee would be done without fear or favour, and within the 42 -day time span. At its 77th yearly General Assembly on Thursday, the NFF Congress set aside the provisions of the NFF Statutes 2010 and the NFF Electoral Code 2009 that provide for a

conduct of elections. This enabled Congress to set up both the Electoral Committee and the Election Appeals Committee with a mandate for the conduct of elections on September 30, 2022, in Benin City.

certain duration between the

time of the constitution of the

Electoral Committee and the

2022 Judiciary Games: CJN unveils trophy in Kogi

HE acting Chief Justice of the Federation (CJN), Olukayode Ariwoola, The English manager has unveiled the trophy for revealed that the Nigeria the 28th Judiciary Staffers

NAN reports that, the News Agency of Nigeria (NAN) reports that the National Sports Association for Judiciary (NASAJ) would hold from Aug. 17 to 27 in



in with a smile on his face R-L: MrEmekaNdili, National President of NASAJ and the Kogi State Chief Judge, Justice Josiah Majebi, unveiling

Lokoja.

Ariwoola, who was represented by the state Acting Chief Judge, Josiah Majebi, unveiled the trophy at the premises of the State High Court, on Wednesday in Lokoja, The CJN described the

trophy as a 'trophy of unity'

designed to foster unity

among the judiciary staffers across the federation. The CJN commended Gov. Yahaya Bello for hosting the competition and for the security and hospitality

enjoyed by the participants. He encouraged the organisers and participants to play by the rules and regulations of the game, so as to achieve the desired

The President of NASAJ, EmekaNdilli, said the competition was founded in 1994 while Kogi hosted in 2016 and now in 2022 within the space of six vears.

Ndili expressed gratitude to the good people of the state for their hospitality and the Governor for accepting to host the games within a few years interval.

On his part, the state's Commissioner for Sports, Idris Musa, appreciated NASAJ for considering the state for hosting the games in 2016 and 2022.

He assured participants of good hospitality from the good people of Kogi, adding that the state was safe.



SUNDAY SPORTS

Lalong assures support for sports development

OVERNOR Simon Lalong of Plateau State says his administration will continue to support sporting activities which plays a critical role in the unity and national development.

The governor stated this when the President, Nigeria Tennis Federation, Efedayo Akindoju paid a visit at Government House, Rayfield, Jos, Wednesday.

Lalong who spoke through his Deputy, Professor Sonni Tyoden, appreciated the organizers of the tennis tournament and for the choice of the state to host the event.

While commending the Nigeria Tennis Federation for their efforts, governor Lalong pointed out that this will not only identify talents, but take them off the streets.

He said as a sports friendly government, his administration has done it's best to provide the enabling environment for sporting activities to thrive in state.

On the request by the NTF, Lalong promised to assist actualiseit's dream.

Earlier, President, Nigeria Tennis Federation, EredayoAkindoju had explained that the tennis



Lalong

tournament was aimed at identifying talents with over 120 participants. According to Akindoju who

was represented by the government to assist with a National Coach, Rotimi Akinloye said event was organised for the North Central states comprising Plateau, Nasarawa, Benue, Kogi, Kwara and the Federal Capital Territory, Abuja.

The tournament provided

both the coaches and players the opportunity to maximize their potentials and appealed to the Plateau state piece of land for the building of Tennis Academy in the

Akindoju who described tennis as a multi billionnailra business said if properly harness, the state would play a leading role in the country.

D'TIGERS camp opened yesterday in Abidjan as the team starts preparation for window four of the 2023 FIBA World Cup qualifiers.

A statement Signed NBBF Media Department Thursday in Abuja said the team's head coach, Mike Brown, disclosed this became necessary to address the slow starts in the first two windows when the team lost to Cape Verde.

Disclosing this to the Nigeria Basketball Federation media department on Wednesday, Brown said knowing the task ahead in its quest to qualify for the world cup, the team needs to get more training under their belt before they face host- Cote d'Ivoire on Friday, 26 at the 3,500 capacity Palais des Sports Treichville.

D'Tigers open camp ahead of qualifiers

From DORCAS PANKYES, Abuja

"We are trying to get there three or four practices under to perform at a little higher said. level in game one. In the last first game".

there a little earlier, getting Philippines.

earlier to see whether we can our belt, it will show a little bit have a few more practices to of difference when it comes to see whether we can get ready playing the games", Brown

Currently fourth on the window, things were put table, D'Tigers will play its together at the last second and opener against host- Cote we went there right before the d'Ivoire on Friday, 26 before facing Guinea a day after. On He is optimistic that early Sunday, 28 August, the team preparation will make a will square up against Angola. difference when his players The 2023 world cup takes step on the court for their first place from 25 August to 10 September in Japan, "Hopefully, with us getting Indonesia, and the

`Why Nigerian sports women are leaving men behind'

IGERIA won 12 gold medals at the Commonwealth Games in 2022.

Women won every single one of them.

The World Athletics Championships yielded two medals, one gold, and one bronze.

Female athletes won both. Two Nations Cup tournaments and two World Cup qualifiers have taken place this year.



While Tobi Amusan is Nigeria's first-ever world champion and record holder, all 12 gold medals at the Commonwealth Games were also won by women.

Discovering young players key for sports

By ANDRE D. BISYIT

ATCHING players young Caronina p.e.,
is very important in every game as they will grow and be better in it.

This was the assertion of Mr Nuhu Ayuba, the Chairman, Plateau State Tennis Association, during the opening ceremony of the Tennis championship, organized by the Nigerian Tennis Federation, North Central zone, for the ages of 12, 14, 16 and under, held at the Plateau Club Tennis Court recently.

The championship which has six states out of seven in participation and with over eighty players.

Ayuba further disclosed that such championship is expected to hold in all the six geopolitical zone of the country, with the aims of discovering talents especially at the grassroots.

"The aims and objective of this tournament is to step down to the grassroots in order to fish out talents that

will one day represent the country and also to stimulate the interest of the game in our children".

" In our last meeting we decided that we must step down to the various zones and this is the first one and other zones will come later and if possible to the states and local governments levels", he said.

The chairman maintained that the motive behind the championship is to correct the notion of concentrating on the older players.

What motivated us to step down is as a result of over using the aged players and in Tennis if you didn't start in the early age you can't break through to International arena. So we must groom them to understand the rudiments of the game ", he

Earlier, Simon Moven, Director of Sports, Plateau State Sports Council, commended the association for organizing the championship which he said

that will be beneficial to the players in the future.

He urged the participants to country proud ", he use the advantage of the concluded. event to brightened their future.

take this opportunity for granted as it will brightened coaches the federation have other continents. you will one day make the

- Ayuba

Also, Rotimi Akinloye, who is the Director Technical of the The participants should not Federation emphasized that they are doing well in the continent, but more need to your future. With good be done to complete with

The men did not advance to the semi-finals and thus did not get a World Cup ticket; the women advanced to the semifinals and with it, a World Cup

man's world, but in Nigerian sports, it is a woman's world.

Why are women outperforming their male counterparts so dramatically? A woman is the first Nigerian

record holder. Shouldn't the goal be a

female president in 2023? That's just a side note!

In 2022, four major international senior sports It was once said that it is a tournaments have taken place. The CAF Nations Cup in January, the Women's Nations Cup in July, the World Athletics Championships in July, and the Commonwealth Games in Birmingham, which concluded world champion and world on Monday, August 8.

2023 World Athletics: Amusan, others get wild card entry

OBILOBAAMUSAN'S amazing performance in Oregon continues to bring her good tidings as she has been awarded a wild card entry for the 2023 World Athletics in Budapest, Hungary, BSNsports.com.ng

The US-based athlete was the cynosure of all eyes in Oregon as she broke the World record in the final of Women 100 meters hurdles.

According to the statements from the World Athletics, Amusa alongside another World champion will have a wild card entry to participate in 2023, Winner of Diamond Leagues and Road Race will also get free entry.

'Defending world champions will be offered a wild card entry, as will the winners of the 2022 Diamond League, World Race Walking Tour and World Combined Events Tour, plus the leading hammer performers on the Continental Tour; all subject to selection by the athlete's national federation.

Area champions in selected disciplines and subject to certain conditions, top-five finishers at Platinum Label qualification period and winners of Gold Label marathons held in 2023 shall also be considered as having achieved the entry standard," the statements

The Hungarian capital, which hosted the World Indoor Championships in 1989 and 2004, will now welcome athletes for the World Athletics Championships taking place between 19-27 August 2023.



Amusan



Some Tennis players during the championship

Sunday Standard
SUNDAY, AUGUST 21, 2022

We're ready for the task at



Dare

NFF Electoral Committee 2022, Senior Advocate of Nigeria Aikhunegbe Anthony Malik has declared that himself and his team are ready to accomplish the task at hand with utmost integrity and credibility, saying transparency and diligence will be their watchwords.

Speaking on Friday (a day after the Congress of Nigeria Football constituted the NFF Electoral Committee and NFF Election Appeals Committee at its Annual General Assembly in Lagos), the Senior Advocate assured that the business of giving Nigeria a new NFF Executive Committee will be done without fear or favour, and within the 42 -day timespan.

A native of Edo State, Senior Advocate Malik was born and brought up in Ibadan, where he had his primary and secondary education, and attended the University of Ibadan and the Obafemi Awolowo University, Ile-Ife. He has a master's degree in law and certificates in international criminal justice ripe. and administration as well as public prosecution.

the Attorney-General of the Federation and Minister of to Avadas Football Club and Justice, Malik was the best Academy in Morocco, noted graduating student in library, that he would study the archival and information archival and information archival and information studies at the University of Ibadan in 1993.

At its 77th Annual General 2010 and the NFF Flectoral Code 2009 that provide for a

and the Election Appeals Committee with a mandate for the conduct of elections on 30th September 2022 in Benin City.

Meanwhile, former Gombe United FC Chairman, Alhaji Shuaibu Gara Gombe has disclosed why he is yet to declare interest to contest for the Nigeria Football report.

The election into the NFF September 30, 2022

the position of president, the Women Nations Cup. former Senior Special Adviser The coach will only to Kano State Governor said he escape being axed if the is buying his time and will take NFF Technical and

he Chairman of the certain duration between the short audio in response to time of constitution of the stories and news from Electoral Committee and the different sources and different conduct of elections. This stakeholders regarding enabled the Congress to set up whether or not I will be both the Electoral Committee contesting the upcoming

Association (Federation) particularly the office the president.

"I feel highly honoured and privileged for the calls, responses, messages both privately and openly including from people that I don't even know, encouraging me to come into the race to contest the elections. No doubt, our football administration needs a total overhaul."However, currently I am weighing the options, even though I do not want to go into a competition where the rules are not known to me. As you are all aware, the guidelines for the elections are not yet out, so I don't see the rush in declaring interest now.

"Though, there are stakeholders who hold the school of thought that there is nothing wrong in declaring while waiting for the rules. In as much as I agree with that school of thought, at the same time, I will like to appeal and thank all for the sustained interest in urging me to contest. I will make my position known shortly. And I will make it very clear in a short while.

"In the meantime, I thank you so much for all the messages. I was really overwhelmed. I never expected it. I didn't know that people have been following all that I have been saying and

solve the problems. We need all interest to contest. They personally called and informed me. By the time I am ready, I will do the same. Thank you and God bless Nigeria football

The Nigeria Football Federation on Thursday set up Electoral and Appeals Committees for the election slated to hold in Benin City, Edo State on September 30, 2022.

In another development, the Federal Government has set up a 12-man Committee to work towards the successful Production and Second Launch of the Sports Book of Record. with a view to documenting athletes' achievements for posterity.

The Honourable Minister of Youth and Sports Development, Mr Sunday Dare while inaugurating the Committee today in his office in Abuja, called on them to work assiduously towards ensuring the production and launch of a one-stop shop document for the country's sportsmen and women as well as their achievements, both past and present.

This he said, is to ensure that the sacrifices and patriotic zeal of the athletes are written in gold and documented accordingly.

Ministry's Permanent the Record Book.

Secretary, Alhaji Ismaila "But I don't want to believe Abubakar, Dare charged the that I am the only one that can Committee to be proactive and approach the assignment with of us to unite and appreciate all utmost responsibility and others who have shown patriotism, also urging them to bring their wealth of experience to bear in ensuring a successful production and launching of the Record Book.

According to him, the Sports Book of Record is a Compendium chronicling the achievements of Nigeria's sportsmen and women over the years. "It is expected to serve as a reference research material for the athletes and younger generation", he said.

Dare highlighted the Committee's terms of reference among others to include, putting in place all necessary logistics for a successful launching; identifying prominent Nigerian sports stakeholders and organisations that will sponsor the Book and suggesting names of sportsmen and women to receive meritorious awards at the launch.

Responding, the Chairman of the Committee and Director, Planning, Research and Statistics, (PRS) of the Federal Ministry of Youth and Sports Development, Ms Victoria Agbo, thanked the leadership of the Ministry for the opportunity granted to them to serve in this capacity and pledged the Committee's commitment to the successful Represented by the production and launching of

FIFA Women's World Cup: Randy Waldrum faces sack

he Nigeria Football Federation (NFF) may Federation, NFF Presidential replace Super Falcons e l e c t i o n coach, Randy Waldrum Bestchoicesports.com.ng can following the team nottoo-good performance at Executive Committee Board as the just-concluded African well as President of the Women Nations Cup in federation will hold on Morocco. The United States tactician led the And while several other nine-time African individuals including ex champions to a fourth Internationals have declared champions to a fourth their intentions to contest for finish at the 2022 African

the right and appropriate decision when the situation is

| Development Sub| Committee after | Speaking in a 4.12 minutes evaluation are convinced voice note he shared on social that his technical abilities A former special assistant to media on Friday, Alhaji Gara can take Nigeria far at the Gombe who is the consultant FIFA Women World Cup

electoral situation and thanked released after NFF 77th team to the 12th Women recommendations on the the FIFA World Cup finals stakeholders who have Annual General Assembly Africa Cup of Nations in way forward for the Senior in Australia and New continued to mount pressure in Lagos on Thursday and Morocco, Ms. Aisha Women National Team, Zealand next year. on him to declare for the made available to BSN Falode, the Executive Super Falcons, including NFF Congress set aside the provisions of the NFF Statutes 2010 and the NFF Electoral 2010 and the NFF



would like to transmit this presentation by the Head Development Sub- capability of the coaching Morocco and lost three

The Falcons finished Committee to hold a crew to lead the team to a matches in six games.

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